

Activity 3

Maternal and Child Health (MCH)- Community Medicine- First Semester 2022-2023

Violence Against Women (VAW)



- **Watch the video provided to answer the following question:**
 1. **What does R,E,S,P,E,C,T stands for in the RESPECT women framework?**
 - R: Relationship skills strengthened**
 - E: Empowerment of women**
 - S: Services ensured**
 - P: Poverty reduced**
 - E: Environments made safe**
 - C: Child and adolescent abuse prevented**
 - T: Transformed attitudes, beliefs, and norms**
- **Use the reading provided to answer the following questions:**
 1. **What is the definition of IPV?**

Intimate partner violence is one of the most common forms of violence against women and includes physical, sexual, and emotional abuse and controlling behaviours by an intimate partner.
 2. **Why don't women leave violent partners?**
 1. fear of retaliation;
 2. lack of alternative means of economic support;
 3. concern for their children;
 4. lack of support from family and friends;
 5. stigma or fear of losing custody of children associated with divorce;and

6. love and the hope that the partner will change.

3. Explain relationship factors for IPV?

Factors associated with the risk of both victimization of women and perpetration by men include :

1. conflict or dissatisfaction in the relationship;
2. male dominance in the family;
3. economic stress;
4. man having multiple partners and
5. disparity in educational attainment, i.e. where a woman has a higher level of education than her male partner

4. What is the effect of IPV on children?

Many studies have found an association between IPV against women and negative social and health consequences for children, including anxiety, depression, poor school performance and negative health outcomes .A large body of evidence indicates that exposure to IPV against the mother is one of the most common factors associated with male perpetration and female experience of IPV later in life. A number of studies have found an association between IPV and child abuse within the same household In addition, studies from some low-income countries, including Nicaragua and Bangladesh have found that children whose mothers were abused are less likely to be immunized;

1. have higher rates of diarrhoeal disease; and/or
2. are at greater risk of dying before the age of five.

5. Mention three steps related to reforming legal frameworks to deal with IPV?

1. strengthening and expanding laws defining rape and sexual assault within marriage;
2. sensitizing and training police and judges about partner violence; and
3. improving the application of existing laws.

Activity 4

Maternal and Child Health (MCH)/ Maternal Morbidities (postpartum depression)(PPD)

Read the paper entitled “Postpartum depression” and answer the following questions.

1. What are the common symptoms of the postpartum blues?

Common symptoms include

1. mood swings, 2. mild elation, 3. irritability, 4. tearfulness, 5. fatigue, and 6. confusion

2. What is the definition of postpartum depression (PPD)?

PPD is defined strictly in the psychiatric nomenclature as a major depressive disorder (MDD) with a specifier of postpartum onset within 1 month after childbirth.

3. Why is it challenging to diagnose PPD?

The diagnosis of PPD is challenging because of changes in sleep patterns, changes in appetite, and excessive fatigue being routine for women after delivery.

4. What is the optimal time to screen for PPD?

The optimal time to screen for PPD is between 2 weeks and 6 months after delivery

5. What are the infant and child outcomes associated with PPD?

Infant and child outcomes that are associated with PPD include a higher incidence of excessive infant crying or colic, sleep problems, and temperamental difficulties

6. What does Interpersonal psychotherapy (IPT) involve?

Interpersonal psychotherapy (IPT), a short-term efficacious treatment for MDD that addresses interpersonal issues (such as role change, the marital relationship, social support, and life stressors) is highly pertinent to the needs of women during the postpartum period.

