

Activity 5

Community Medicine/ First Semester 2022/2023

MCH activity

Read the nurturing care for early childhood development document and answer the following questions:

1. What are the components of the nurturing care for early childhood development framework?

- a. Good health b. Adequate nutrition c. Safety and security
- d. Opportunities for early learning e. Responsive caregiving

2. Good Health component refers to the health and well-being of the children and their caregivers. Why?

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We know that the physical and mental health of caregivers can affect their ability to care for the child

3. Good Nutrition refers to maternal and child nutrition. Why both?

We know that the nutritional status of the mother during pregnancy affects her health and well-being and that of her unborn child. After birth, the mother's nutritional status affects her ability to provide adequate care to her young child.

4. What is the foundational component of the framework? Why?

Responsive caregiving, Refers to the ability of the parent/caregiver to notice, understand, and respond to their child's signals in a timely and appropriate manner. Considered the foundational component because responsive caregivers are better able to support the other four components.