

# بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

## **PHARMACOKINETICS**

1- Pharmacokinetics is:

- a) The study of biological and therapeutic effects of drugs
- b) The study of absorption, distribution, metabolism and excretion of drugs
- c) The study of mechanisms of drug action
- d) The study of methods of new drug development

Answer: B

2- What does "pharmacokinetics" include?

- a) Pharmacological effects of drugs
- b) Unwanted effects of drugs
- c) Chemical structure of a medicinal agent
- d) Distribution of drugs in the organism

Answer: D

3- What does "pharmacokinetics" include?

- a) Localization of drug action
- b) Mechanisms of drug action
- c) Excretion of substances
- d) Interaction of substances

Answer: C

4- The main mechanism of most drugs absorption in GI tract is:

- a) Active transport (carrier-mediated diffusion)
- b) Filtration (aqueous diffusion)
- c) Endocytosis and exocytosis
- d) Passive diffusion (lipid diffusion)

Answer: D

5- What kind of substances can't permeate membranes by passive diffusion?

- a) Lipid-soluble
- b) Non-ionized substances
- c) Hydrophobic substances
- d) Hydrophilic substances

Answer: D

6- A hydrophilic medicinal agent has the following property:

- a) Low ability to penetrate through the cell membrane lipids
- b) Penetrate through membranes by means of endocytosis
- c) Easy permeation through the blood-brain barrier
- d) High reabsorption in renal tubules

Answer: A

7- What is implied by « active transport »?

- a) Transport of drugs through a membrane by means of diffusion
- b) Transport without energy consumption
- c) Engulf of drug by a cell membrane with a new vesicle formation
- d) Transport against concentration gradient

Answer: D

8- What does the term "bioavailability" mean?

- a) Plasma protein binding degree of substance
- b) Permeability through the brain-blood barrier
- c) Fraction of an uncharged drug reaching the systemic circulation following any route administration
- d) Amount of a substance in urine relative to the initial dose

Answer: C

9- The reasons determining bioavailability are:

- a) Rheological parameters of blood
- b) Amount of a substance obtained orally and quantity of intakes
- c) Extent of absorption and hepatic first-pass effect
- d) Glomerular filtration rate

Answer: C

10- Which route of drug administration is most likely to lead to the first-pass effect?

- a) Sublingual
- b) Oral
- c) Intravenous
- d) Intramuscular

Answer: B

11- What is characteristic of the oral route?

- a) Fast onset of effect
- b) Absorption depends on GI tract secretion and motor function
- c) A drug reaches the blood passing the liver
- d) The sterilization of medicinal forms is obligatory

Answer: B

12- Pick out the parenteral route of medicinal agent administration:

- a) Rectal
- b) Oral
- c) Sublingual
- d) Inhalation

Answer: D

13- Most of drugs are distributed homogeneously.

- a) True
- b) False

Answer: B

14- The volume of distribution ( $V_d$ ) relates:

- a) Single to a daily dose of an administered drug
- b) An administered dose to a body weight
- c) An uncharged drug reaching the systemic circulation
- d) The amount of a drug in the body to the concentration of a drug in plasma

Answer: D

15- For the calculation of the volume of distribution ( $V_d$ ) one must take into account:

- a) Concentration of a substance in plasma
- b) Concentration of substance in urine
- c) Therapeutical width of drug action
- d) A daily dose of drug

Answer: A

16- A small amount of the volume of distribution is common for lipophylic substances easy penetrating through barriers and widely distributing in plasma, interstitial and cell fluids:

- a) True
- b) False

Answer: B

17- The term "biotransformation" includes the following:

- a) Accumulation of substances in a fat tissue
- b) Binding of substances with plasma proteins
- c) Accumulation of substances in a tissue
- d) Process of physicochemical and biochemical alteration of a drug in the body

Answer: D

18- Biotransformation of the drugs is to render them:

- a) Less ionized
- b) More pharmacologically active
- c) More lipid soluble
- d) Less lipid soluble

Answer: D

19- Tick the drug type for which microsomal oxidation is the most prominent:

- a) Lipid soluble
- b) Water soluble
- c) Low molecular weight
- d) High molecular weight

Answer: A

20- Pick out the right statement:

- a) Microsomal oxidation always results in inactivation of a compound
- b) Microsomal oxidation results in a decrease of compound toxicity
- c) Microsomal oxidation results in an increase of ionization and water solubility of a drug
- d) Microsomal oxidation results in an increase of lipid solubility of a drug thus its excretion from the organism is facilitated

Answer: C

21- Metabolic transformation (phase 1) is:

- a) Acetylation and methylation of substances
- b) Transformation of substances due to oxidation, reduction or hydrolysis
- c) Glucuronide formation
- d) Binding to plasma proteins

Answer: B

22- Conjugation is:

- a) Process of drug reduction by special enzymes
- b) Process of drug oxidation by special oxidases
- c) Coupling of a drug with an endogenous substrate
- d) Solubilization in lipids

Answer: C

23- Which of the following processes proceeds in the second phase of biotransformation?

- a) Acetylation
- b) Reduction
- c) Oxidation
- d) Hydrolysis

Answer: A

24- Conjugation of a drug includes the following EXCEPT:

- a) Glucoronidation
- b) Sulfate formation

- c) Hydrolysis
- d) Methylation

Answer: C

25- Metabolic transformation and conjugation usually results in an increase of a substance biological activity:

- a) True
- b) False

Answer: B

26- Half life ( $t_{1/2}$ ) is the time required to:

- a) Change the amount of a drug in plasma by half during elimination
- b) Metabolize a half of an introduced drug into the active metabolite
- c) Absorb a half of an introduced drug
- d) Bind a half of an introduced drug to plasma proteins

Answer: A

27- Half life ( $t_{1/2}$ ) doesn't depend on:

- a) Biotransformation
- b) Time of drug absorption
- c) Concentration of a drug in plasma
- d) Rate of drug elimination

Answer: B

28- The most rapid eliminated drugs are those with high glomerular filtration rate and actively secreted but aren't passively

reabsorbed:

- a) True
- b) False

Answer: A

29- Systemic clearance (CLs) is related with:

- a) Only the concentration of substances in plasma
- b) Only the elimination rate constant

- c) Volume of distribution, half life and elimination rate constant
- d) Bioavailability and half life

Answer: C

## **PHARMACODYNAMICS:**

1- Pharmacodynamics involves the study of following EXCEPT:

- a) Biological and therapeutic effects of drugs
- b) Absorption and distribution of drugs
- c) Mechanisms of drug action
- d) Drug interactions

Answer: B

2- Pharmacodynamics involves the study of following?

- a) Mechanisms of drug action
- b) Biotransformation of drugs in the organism
- c) Distribution of drugs in the organism
- d) Excretion of drug from the organism

Answer: A

3- Pharmacodynamics involves the following?

- a) Information about main mechanisms of drug absorption
- b) Information about unwanted effects
- c) Information about biological barriers
- d) Information about excretion of a drug from the organism

Answer: B

4- Pick out the answer which is the most appropriate to the term "receptor"

- a) All types of ion channels modulated by a drug
- b) Enzymes of oxidizing-reducing reactions activated by a drug
- c) Active macromolecular components of a cell or an organism which a drug molecule has to combine with in

order to elicit its specific effect

- d) Carriers activated by a drug

Answer: C

5- What does "affinity" mean?

- a) A measure of how tightly a drug binds to plasma proteins
- b) A measure of how tightly a drug binds to a receptor
- c) A measure of inhibiting potency of a drug
- d) A measure of bioavailability of a drug

Answer: B

6- Target proteins which a drug molecule binds are:

- a) Only receptors
- b) Only ion channels
- c) Only carriers
- d) All of the above

Answer: D

7- An agonist is a substance that:

- a) Interacts with the receptor without producing any effect
- b) Interacts with the receptor and initiates changes in cell function, producing various effects
- c) Increases concentration of another substance to produce effect
- d) Interacts with plasma proteins and doesn't produce any effect

Answer: B

8- If an agonist can produce maximal effects and has high efficacy it's called:

- a) Partial agonist
- b) Antagonist
- c) Agonist-antagonist
- d) Full agonist

Answer: D

9- If an agonist can produce submaximal effects and has moderate efficacy it's called:

- a) Partial agonist
- b) Antagonist
- c) Agonist-antagonist

d) Full agonist

Answer: A

10- An antagonist is a substance that:

- a) Binds to the receptors and initiates changes in cell function, producing maximal effect
- b) Binds to the receptors and initiates changes in cell function, producing submaximal effect
- c) Interacts with plasma proteins and doesn't produce any effect
- d) Binds to the receptors without directly altering their functions

Answer: D

11- A competitive antagonist is a substance that:

- a) Interacts with receptors and produces submaximal effect
- b) Binds to the same receptor site and progressively inhibits the agonist response
- c) Binds to the nonspecific sites of tissue
- d) Binds to one receptor subtype as an agonist and to another as an antagonist

Answer: B

12- The substance binding to one receptor subtype as an agonist and to another as an antagonist is called:

- a) Competitive antagonist
- b) Irreversible antagonist
- c) Agonist-antagonist
- d) Partial agonist

Answer: C

13-013. Irreversible interaction of an antagonist with a receptor is due to:

- a) Ionic bonds
- b) Hydrogen bonds
- c) Covalent bonds
- d) All of the above

Answer: C

13- Tick the second messenger of G-protein-coupled (metabotropic) receptor:

- a) Adenylyl cyclase

- b) Sodium ions
- c) Phospholipase C
- d) cAMP

Answer: D

14- Tick the substances whose mechanisms are based on interaction with ion channels

- a) Sodium channel blockers
- b) Calcium channel blockers
- c) Potassium channels activators
- d) All of the above

Answer: D

15- All of the following statements about efficacy and potency are true EXCEPT:

- a) Efficacy is usually a more important clinical consideration than potency
- b) Efficacy is the maximum effect of a drug
- c) Potency is a comparative measure, refers to the different doses of two drugs that are needed to produce the same effect
- d) The ED50 is a measure of drug's efficacy

Answer: D

16- Give the definition for a therapeutical dose:

- a) The amount of a substance to produce the minimal biological effect
- b) The amount of a substance to produce effects hazardous for an organism
- c) The amount of a substance to produce the required effect in most patients
- d) The amount of a substance to accelerate an increase of concentration of medicine in an organism

Answer: C

17- Pick out the correct definition of a toxic dose:

- a) The amount of substance to produce the minimal biological effect
- b) The amount of substance to produce effects hazardous for an organism
- c) The amount of substance to produce the necessary effect in most of patients

d) The amount of substance to fast creation of high concentration of medicine in an organism

Answer: B

18- Which effect may lead to toxic reactions when a drug is taken continuously or repeatedly?

- a) Refractoriness
- b) Cumulative effect
- c) Tolerance
- d) Tachyphylaxis

Answer: B

19- What term is used to describe a more gradual decrease in responsiveness to a drug, taking days or weeks to develop?

- a) Refractoriness
- b) Cumulative effect
- c) Tolerance
- d) Tachyphylaxis

Answer: C

20- What term is used to describe a decrease in responsiveness to a drug which develops in a few minutes?

- a) Refractoriness
- b) Cumulative effect
- c) Tolerance
- d) Tachyphylaxis

Answer: D

21- Tachyphylaxis is:

- a) A drug interaction between two similar types of drugs
- b) Very rapidly developing tolerance
- c) A decrease in responsiveness to a drug, taking days or weeks to develop
- d) None of the above

Answer: B

22- Tolerance and drug resistance can be a consequence of:

- a) Drug dependence
- b) Increased metabolic degradation
- c) Depressed renal drug excretion
- d) Activation of a drug after hepatic first-pass

Answer: D

21- Tolerance and drug resistance can be a consequence of:

- a) Change in receptors, loss of them or exhaustion of mediators
- b) Increased receptor sensitivity
- c) Decreased metabolic degradation
- d) Decreased renal tubular secretion

Answer: A

22- Tolerance develops because of:

- a) Diminished absorption
- b) Rapid excretion of a drug
- c) Both of the above
- d) None of the above

Answer: D

23- What does the term "potentiation" mean?

- a) Cumulative ability of a drug
- b) Hypersensitivity to a drug
- c) Fast tolerance developing
- d) Intensive increase of drug effects due to their combination

Answer: D

24- The types of antagonism are:

- a) Summarized
- b) Potentiated
- c) Additive
- d) Competitive

Answer: D

25- The term "chemical antagonism" means that:

- a) two drugs combine with one another to form an inactive compound
- b) two drugs combine with one another to form a more active compound
- c) two drugs combine with one another to form a more water soluble compound
- d) two drugs combine with one another to form a more fat soluble compound

Answer: A

26- A teratogenic action is:

- a) Toxic action on the liver
- b) Negative action on the fetus causing fetal malformation
- c) Toxic action on blood system
- d) Toxic action on kidneys

Answer: B

27- Characteristic unwanted reaction which isn't related to a dose or to a pharmacodynamic property of a drug is called:

- a) Idiosyncrasy
- b) Hypersensitivity
- c) Tolerance
- d) Teratogenic action

Answer: B

28- Idiosyncratic reaction of a drug is:

- a) A type of hypersensitivity reaction
- b) A type of drug antagonism
- c) Unpredictable, inherent, qualitatively abnormal reaction to a drug
- d) Quantitatively exaggerated response

Answer: C

29- Therapeutic index (TI) is:

- a) A ratio used to evaluate the safety and usefulness of a drug for indication
- b) A ratio used to evaluate the effectiveness of a drug
- c) A ratio used to evaluate the bioavailability of a drug

d) A ratio used to evaluate the elimination of a drug

Answer: A

30- What is the type of drug-to-drug interaction which is connected with processes of absorption, biotransformation, distribution and excretion?

- a) Pharmacodynamic interaction
- b) Physical and chemical interaction
- c) Pharmaceutical interaction
- d) Pharmacokinetic interaction

Answer: D

31- What is the type of drug-to-drug interaction which is the result of interaction at receptor, cell, enzyme or organ level?

- a) Pharmacodynamic interaction
- b) Physical and chemical interaction
- c) Pharmaceutical interaction
- d) Pharmacokinetic interaction

Answer: A