

Primary Health Care

Test bank

1-An example of elements of primary health care is:

- a-Providing drugs in inadequate amounts.
- b-Malnutrition.
- c-Prevention of endemic diseases.
- d-none of the above.

Answer : C

2-All of the following are examples of elements of primary health care except:

- a-Training health guides, health workers and health assistants.
- b-Providing an insufficient amount of water but with basic sanitation.
- c-Promotion of food supply and proper nutrition.
- d-Education.

Answer : B

3-Regarding PHC, it includes:

- a-Health promotion.

- b-illness prevention
- c-advocacy
- d-all of the above.

Answer : D

4-Providing continuous and comprehensive care as well as guiding patients within the network of social welfare and public health services are examples of:

- a-Functions of primary health care
- b-Elements of PHC.
- c-Principles for PHC.
- d-All of the above.

Answer : A

5-All of the following are basic requirements for sound PHC except:

- a-Affordability
- b-Acceptability
- c-Compressibility
- d-Continuity

Answer : C

6-The basic requirement for sound PHC that depends on satisfactory communication is:

- a-Accessibility
- b-Acceptability
- c-Appropriateness
- d-Adequacy

Answer : B

7-All of the following can be described as a health educator except:

- a-Specialists
- b-Mothers
- c-Opticians
- d-More than one of the above

Answer : C

8-Less than 50% of people visit PHC in Jordan for curative reasons rather than preventive reasons (T/F).

Answer : F

9-There are several approaches that can be used by specialists to achieve their desired goals to develop health education in Jordan, the most important and used approach in Jordan is:

- a-the medical approach.
- b-the physical approach.
- c-the educational approach.
- d-the change in behavior approach.

Answer : C

NOT SURE

10-One of the aims of the change in society approach that is used by specialists in HE is:

- a-Changing the individual and that would lead to changing the society.
- b-Shaping the environment so that it becomes conducive to health.
- c-Considering the individual to have a right to control his own health and that will lead to changing the whole society.
- d-More than one of the above.

Answer : B

11- Choose the correct statement regarding primary health care:

- a-Provides patients with curative healthcare.
- b-Found mainly in hospitals.
- c-Not affordable in comparison to tertiary health care.
- d-Preventive health care is its main responsibility.

Answer : D

12-There are three levels of health care. The one that is found in emergency departments is:

- a-Primary HC.
- b- Secondary HC.
- c-Tertiary HC.
- d-All of the above.

Answer : B

13-Regarding primary health care in Jordan:

- a-We have a limited number of highly qualified doctors.
- b-Intermediately qualified paramedical staff are abundant.
- c-Highly qualified doctors are abundant.
- d-All of the above are correct.

Answer : C

14-Primary health care provides all of the following except:

- a-Promotion of mental health
- b-Provision of essential drugs

c-Episodic care

d-Control of endemic diseases.

Answer : C

15-What is the 1st referral system in the health system ?

a-Primary health care

b-Secondary health care

c-Tertiary health care

d-A&B

Answer : B

16-The name of the only disease that was eradicated during 1979 in Jordan is:

a-Cow pox

b-Smallpox

c-polio

d-measles.

Answer : B

17-Mental health dimensions expect:

a-Free from internal conflict

b-Coping with stress

c-Aware about himself

d-self esteem and self confidence

Answer : D

18-All of the following should be under the umbrella of PHC except:

a-Water sanitation.

b-housing.

c-Education

d-Politics

Answer : D

19-The skeleton of PHC systems is:

Health education

20-Life expectancy in Jordan increased during the past years, in 2017 it equaled an average of:

a-73.5 years.

b-73 years.

c-72 years

d-74 years.

Answer : A

21-Infant mortality in Jordan in 2017 is:

a-17 per 1000

b-17 per 100

c-19 per 1000

d-19 per 100

Answer : A

22-The percentage of people who are 65+ years old in jordan according to studies done

during 2017 is:

a-7.3%

b-3.7%

c-2.4%

d-4.2%

Answer : B

23- the most common cause of death in the low income countries is :_____.

RESPIRATORY INFECTION

24-An example of a health dimension is :

a-Spiritual well being

b-Mental well being

c-Social well being

d-All of the above

Answer : D

25-The second most common cause of death in both low income and middle income countries is:

a-Lower respiratory infection.

b-Coronary heart disease.

c-Stroke cerebrovascular disease.

d-Lung cancer.

Answer : B

26-The top cause of deaths in low income countries is:

- a-coronary heart disease
- b-lower respiratory infection
- c-HIV/AIDS
- d-diarrheal disease

Answer : B

27-The first common cause of death in high income countries is :

- a-coronary heart disease
- b-lower respiratory infection
- c-lung cancer
- d-dementia

Answer : A

28-Declaration of Alma ata occurred in:

- a-1879
- b-1978
- c-1789
- d-1897

Answer : B

29-The percent of urban population in Jordan is according to studies done during 2017 :

- a-93%
- b-90.3%

c-94%

d- none of the above.

Answer : B

30-The percent of death in low income countries is :

a-45%

b-55%

c-20%

d-65%

Answer : A

31-The percent of death in high income countries is:

a-15%

b-25%

c-23%

d-18%

Answer : A

32-In 1979, the most common cause of deaths in Jordan was:

a-Malnutrition.

b-Accidents.

c-Cancer.

d-None of the above.

Answer : D

33-According to the last study on the top ten causes of death in Jordan, -Cancer is the _____ most causing disease.

- a-First.
- b-Second.
- c-Third.
- d-Fourth.

Answer : B

34-According to the last study on the top ten causes of death in Jordan done during 2010, the third causing disease is:

- a-Chronic Kidney disease.
- b-Diabetes.
- c-Stroke.
- d-Chronic obstructive pulmonary disease.

Answer : C

35-The most common cause of visiting PHC in Jordan as 1986 MOH study showed is :

- a-Respiratory diseases (33%).
- b-Digestive diseases (33%)
- c-Respiratory diseases (23%)
- d-Digestive diseases (23%)

Answer : A

36-Population doubling time in Jordan equals _____ , and the population growth factor equals _____.

29

2.4

37. Strok in Jordan A CAUSE OF DEATH

Answer : 3RD

The percentage of death in high income countries :

Answer : 15%

The step of management that comes after directing : Controlling