

Maternal and Child Health & Health Care Management

Test bank

1. One of the following is a main function of premarital health care :

- A) Semen analysis .
- B) controlling risk factors .
- C) providing medical history
- D) psychological and social Counseling.

ANSWER : A+C

2. Based on the FANC model when does a pregnant woman make the third ANC visit during pregnancy ?

- A) First trimester
- B) second trimester
- C) third trimester

ANSWER : C

3. The Jordanian governate has the highest rate of teenage childbearing is :

- a. Irbid
- b. Amman
- c. Mafraq
- d. jarash

ANSWER : C

4. Which period of gestation does the first trimester represent :

- A) 1- 11 weeks
- B) 1-10 weeks
- C) 1- 13 weeks
- D) 1 - 12 weeks

ANSWER : D

5. Baby is called low birth weight if she/ he measures less than :

- A) 1.5 kg
- B) 2.5 Kg
- C) 3.5 kg
- e. 2.2 kg

ANSWER : B

6. The base of MCH is :

- A) Family planning
- B) emotional support
- C) physiological support
- D) antenatal care

ANSWER : D

7. the leading cause of material mortality worldwide is:

- A) preterm labor
- B) Preeclampsia
- C) Anemia
- D) Miscarriage

ANSWER : B

8. Swelling of hands and face , hypertension and proteinuria are symptoms of a complication of

pregnancy which is :

- A) gestational diabetes
- B) miscarriage
- C) Preeclampsia
- D) Preterm labor

ANSWER : C

9. Preeclampsia tends to occur during what time in pregnancy ?

- A) First trimester
- B) before 20 weeks
- C) after 20 weeks

ANSWER : C

10 . A decrease in the level of hemoglobin in the blood of less than 11 gr/dL during pregnancy is

called :

- A) Anemia
- B) malaria
- C) Eclampsia
- D) Hypertension

ANSWER : A

11. All of these are risk factors for anemia , except for :

- A) poor nutrition
- B) Twin pregnancy
- c) smoking
- D) Renal disease

ANSWER : D

12. Which of the following is responsible for 95% of Anemia among pregnant women :

- A) Humodulation
- B) Folate deficiency
- C) iron deficiency

ANSWER : C

13. The main cause of maternal morbidity in Jordan :

- A) Hypertension
- B) multiple pregnancy
- C) UTIs
- D) heart diseases

ANSWER : C

(I THINK IT ISNT WITH US) NOT SURE AT ALL

14. One of the following is not a direct cause of maternal mortality

- A) Severe bleeding
- B) hypertensive disorders
- C) anemia
- E) unsafe abortion

ANSWER : C

15. % of Maternal mortality due to direct complications :

- A) 20%
- B) 80%
- C) 15%
- D) 12%

ANSWER : B

16. The region with The highest maternal mortality :

- A) South Asia
- B) East Asia
- C) Latin America
- D) Sub - Saharan Africa

ANSWER : D

17 . The highest among the direct causes leading to maternal mortality in jordan :

- A) Hemorrhage
- B) Thromboembolism
- C) Septicemia

ANSWER : A

18. Number of daily maternal deaths According to WHO statistics for the year 2016 :

- A) 1500
- B) 308
- C) 4000
- D) 830

ANSWER : D

19. The highest among the indirect causes of maternal mortality in Jordan according to 2007-2008 :

- A) Kidney failure
- B) communicable diseases
- c) heart diseases
- D) Chronic anemia

ANSWER : C

20. - % of maternal mortality due to direct cause :

ANSWER : 80%

21. The percentage of women who receive postnatal care is:

- a- 15
- b- 40
- c- 83
- d- 73
- e- 90

ANSWER : c

22. The percentage of children who die at first month is :

ANSWER : 75%

23. -main goal of MCH –

ANSWER : reduce maternal and child mortality and morbidity by preventative

Means

24. The step of management that comes BEFORE directing :

ANSWER: Controlling

25. The incorrect statement concerning a leader and a manager:

leader has a short view while a manager has a long view

26. neural tube defect –

ANSWER: folic acid