

# Chemotherapy3

## Chloramphenicol

- efficient against gram positive and gram negative and anaerobic bacteria
  - Rickettsia, Mycoplasma, and Chlamydia spp
  - Serious Anaerobic infections—Bacteroides fragilis
  - B.fragilis is a penicillin-resistant bacteria
- Short half-life
- 60% is bound to serum albumin
- Penetrates the brain and CSF and crosses the placental barrier
- Inactivated by the liver by glucuronosyltransferase and excreted in the urine
- Widely distributed
- Absorbed very well (from GI tract) and rapid and it is not affected by food ingestion or metal ions
  - It is taken orally but sometimes it is taken parenterally—when you can't take it orally—
  - Treatment for meningitis & septicemia
- Effective with no resistance
  - Resistance may happen due to changes in the ribosomal binding sites
- Very toxic
  - That is why we only use it in a few life-threatening infections in which the benefits outweigh the risks
  - The grey baby syndrome
- Bacteriostatic
  - Disrupts the function of 50s ribosomal subunits → inhibits protein synthesis
  - Binds to the 50s ribosomal subunit preventing peptide bond formation
  - It prevents the attachment of tRNA to the A site
  - Chloramphenicol binds to peptidyltransferase and prevents natural binding of the amino acid therefore inhibiting protein synthesis
- Was used against salmonella (typhoid fever) but now we replaced it by a safer drugs
- Still used for meningitis caused by H. influenzae & Neisseria meningitidis & S. pneumoniae
  - Because effective CSF levels are obtained
  - It was effective against H. influenzae-related arthritis, osteomyelitis, epiglottitis
  - The development of β-lactamase-producing strains of H. influenzae increased the use of chloramphenicol
  - But with the advent of third-generation cephalosporins, chloramphenicol usage has significantly decreased
  - But if the patient is hypersensitive to β-lactams, chloramphenicol administration is appropriate therapy
- Causes aplastic anemia
  - The effect is not instantly after the intake
  - Fatal
- decreased permeability (can no longer enter the site of action) and plasmids that code for enzymes that degrade the antibiotic
- It may cause toxicity by the induced inhibition of mitochondrial protein synthesis—in human cells—
- Used for the topical treatment of eye infections
  - It is very effective because of its ability to penetrate ocular tissue
  - But the drug is still dangerous and there's a safer antibiotics so this agent might best be withdrawn
- Alternative to tetracycline for rickettsial diseases, especially in children younger than 8 years alone or in combination
- Used to treat vancomycin-resistant enterococci

## Erythromycins (Macrolides)

- Same spectrum of penicillin—so substitutes in penicillin allergic patients
- Widely distributed—Even the prostate gland
- Safe drug for children
  - Can be taken orally
  - Can cause nausea, vomiting, and diarrhea
  - Can cause jaundice but rarely
- Short courses → long acting
- Used to eradicate Helicobacter pylori
- Examples
  - Clarithromycin
  - Azithromycin

## Lincomycin and Clindamycin

- Effective against +ve bacteria—like penicillin—
- Binds to the 50s ribosomal subunits and suppresses protein synthesis
- misused by doctors in the treatment of simple sore throat or URTI
- Should be reserved for deep seated infections like bone infection
- The overuse causes Pseudomembranous colitis caused by the overgrowth of resistant intestinal flora

## Vancomycin

- Very toxic—ototoxic and nephrotoxic
- Reserved for severe Staphylococcal infection
  - given by slow IV infusion
  - Given orally for Pseudomembranous colitis
- inhibits the synthesis of the cell wall—prevents peptidoglycan formation in cell wall—
  - by binding with high affinity to the D-alanyl-D-alanine terminus of cell wall

## Tuberculosis

- Caused by Mycobacterium tuberculosis
- It can remain dormant but viable and capable of causing disease
- Groups at high risk for tuberculosis infection
  - HIV-Infected persons
  - immigrants from countries with high rates of tuberculosis
  - the homeless
  - health care professionals
  - Intravenous drug users
  - persons taking immunosuppressive agents
- three basic concepts in tuberculosis treatment
  - Regimens must contain multiple drugs to which the organism is susceptible—To reduce resistance and side effects
  - Drugs must be taken regularly
  - Drug therapy must continue for a sufficient time
- first-line drugs
  - Isoniazid (INH)
    - inhibit the biosynthesis of mycolic acids (cell wall)
    - Rapidly absorbed after oral administration
    - Widely distributed and excreted by the kidneys
    - Metabolized in the liver
      - Fast metabolizers—May decrease the efficacy
      - Slow metabolizers—May result in toxicity
    - Diffuses widely in the body
    - Causes neuropathy, especially in slow metabolizers—Can be corrected by Vitamin B6
  - Rifampin
    - Broad spectrum antibiotic
    - Use in Jordan is restricted for TB and prophylaxis of meningitis contacts
    - Can cause red discoloration of secretions
    - inhibits RNA synthesis by the inhibition of RNA polymerase of mycobacteria by forming a stable drug-enzyme complex
  - Streptomycin
    - aminoglycoside
    - the first effective antituberculous drug
    - given by injection
    - Ototoxic
    - Resistance developed very rapidly
    - Replaced by isoniazid
    - Still used in some cases
  - pyrazinamide
  - ethambutol

## Antiviral Agents

- ANTIHERPESVIRUS AGENTS—Acyclovir
  - Wide spectrum antiviral agent—specifically efficient against the herpes virus
  - commonly used as an ointment or as a cream
  - Its use is restricted to immunocompromized patients in varicella—chickenpox
  - Side effects
    - Nausea
    - Vomiting
    - Skin rashes
  - Mimics the effect of dGTP
    - First, it is incorporated into the host cell that contains the virus
    - then converted into acyclovir monophosphate by viral thymidine kinase
    - Then acyclovir monophosphate is converted into acyclovir diphosphate and then acyclovir triphosphate using cellular protein kinases
    - this is the form of the drug that resembles the dGTP in structure
    - It tricks the viral DNA polymerase
- ANTIFLUENZA AGENTS
  - Amantadine (Symmetrel)—synthetic tricyclic amine
  - Rimantadine (Flumadine)—The methyl derivative of this tricyclic amine
  - Both mechanism of action is similar and involves inhibition of the viral M2 protein
    - M2 protein: integral membrane protein that acts as a H channel
    - leads to a decrease in the pH—any process that requires an acidic environment cannot go further
  - The blockade of M2 protein prevents the acid-mediated dissociation of the ribonucleoprotein complex
  - Also the pH change inhibits viral assembly
  - Another examples
    - Oseltamivir
    - Zanamivir
- OTHER ANTIVIRAL AGENTS
  - Used in the treatment of:
    - Hepatitis C virus
    - Respiratory syncytial virus
    - Human papilloma virus
    - HIV infection
  - Interferones
    - potent cytokines that possess antiviral, immunomodulating, and antiproliferative activities
    - This will inhibit the production of more viruses
    - Immunomodulating: the body recognizes the virus in other infections and can attack it
    - Natural substance—Produced by virally infected cells
    - Modify the immune response to increase resistance to viral infection
    - The mechanism:—After the binding to its specific cellular receptors, IFNs will activate JAK-STAT—Will synthesis proteins that contribute to viral resistance
  - Anti-HIV agents
    - Zidovudine
      - Inhibits viral DNA production
      - Expensive; the main problem
      - Causes N, V, muscle pain, and bone marrow suppression
        - The bone marrow suppression will reduce the function of the immune system
    - Indinavir
      - Protease inhibitor—by binding to its active site—
      - Blocks HIV-1 protease which is an enzyme required for the proteolytic cleavage of the viral polyprotein precursors into the individual functional proteins found in infectious HIV-1
      - Causes N, V, Diarrhea, Renal stone formation
      - wears off quickly after dosing—requires very precise dosing every eight hours—to prevent HIV from forming drug-resistant mutations
      - Expensive
      - Most HIV drugs are very expensive and have very bad side effects