

# MSS WEEK 2

EVERYTHING IN ONE FILE  
SUMMARY & TESTBANK



PREPARED BY



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# PATHOLOGY

## METABOLIC DISORDERS :

Osteopenia = bone mass 1-2,5 SD Below mean

Osteoporosis: severe osteopenia > than 2.5 SD below the mean , with increase risk for fractures

PRIMARY OSTEOPOROSIS = generalized , more common , postmenopausal , aging (senile )

secondary OSTEOPOROSIS= localized , less common , Hyperthyroidism, malnutrition, steroids

## OSTEOPOROSIS

more common in women

prevention is more efficient than treatment

factors : genetic (can not control , same family ), physical activity + nutrition (can be controlled )

aging = decrease in activity of osteoprogenitor cells and osteoblast + decreased biological activity of matrix bound growth factors

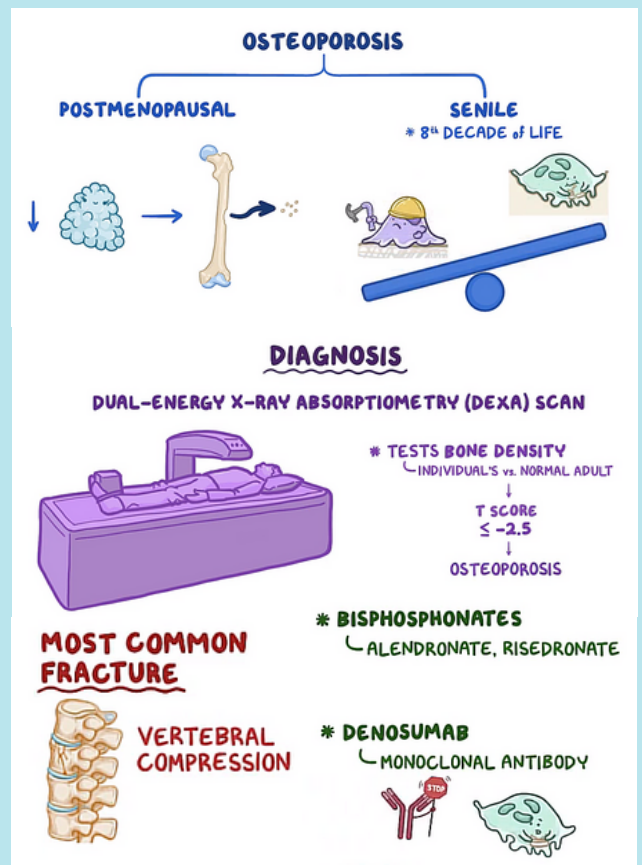
menopausal : less estrogen , high IL-1, IL-6 , TNF + High RANK , RANKL interactions + high osteoclast activity clinically : Vertebral fractures are the most common

(which make me think that they are the reason of becoming shorter , you can ignore me )

Femur and pelvic fractures: immobility, PEs (pulmonary embolism (جلطة على الرئة)), pneumonia (40-50K death/yr in USA)

prevention : ( Exercise • Calcium & vitamin D )

treatment : (Bisphosphonates: reduce osteoclast • **Denosumab: (more efficient )** anti-RANKL; blocking osteoclast • Hormones (estrogen): **risking DVT and stroke**)



## RICKETS & OSTEOMALACIA

When there's NOT ENOUGH ACTIVE VITAMIN D,  $Ca^{2+}$  or  $PO_4^{3-}$  → INADEQUATE MINERALIZATION

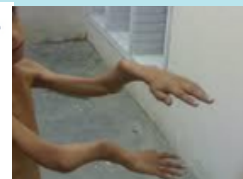
\* in **CHILDREN**  
↳ SOFTENING  
↳ IMPAIRED GROWTH  
↳ MALFORMATIONS



\* in **ADULTS**  
↳ WEAKENING  
↳ SOFTENING } ↑↑↑ FRACTURE



**UNMINERALIZED MATRIX**



**RISK OF FRACTURES**

# HYPERPARATHYROIDISM (HPT)

hyperparathyroidism is a condition where the body releases too much parathyroid hormone.

**Primary hyperparathyroidism** is usually caused by a parathyroid adenoma, resulting in **high calcium and low phosphate** levels .

**Secondary hyperparathyroidism** is usually caused by chronic kidney disease, resulting in **low calcium, high phosphate**, and low vitamin D levels.

**Tertiary hyperparathyroidism** is caused by chronic secondary hyperparathyroidism from kidney disease, resulting in **hypercalcemia and high phosphate** .

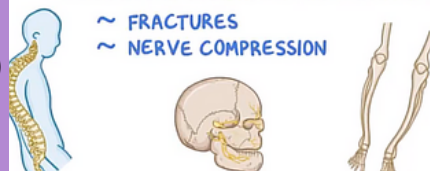
Hyperparathyroidism arises from either autonomous or compensatory hypersecretion of PTH and can lead to **osteoporosis, brown tumors, and osteitis fibrosa cystica (von Recklinghausen's disease of bone)**. However, in developed countries, where early diagnosis is the norm, these manifestations are rarely seen .

## PAGET DISEASE OF BONE (OSTEITIS DEFORMANS)

- Increased badly formed bone structure.
- 3 phases (lytic, mixed, sclerotic)
- 1% in USA; **geographic** variation • Genetic and environmental factors
- 50% of **familial** Paget and 10% of sporadic have **SQSTM1 gene mutations** (+RANK & -OPG)
- Viruses (**measles** and RNA viruses)
- **mosaic** pattern of lamellar bone
- DX: x-ray; **serum Alk P, Normal Ca and PO4**
- secondary osteoarthritis; fractures; osteosarcoma (1%)

## PAGET'S DISEASE of BONE

- \* EXCESSIVE BONE RESORPTION & HAPHAZARD BONE GROWTH
- \* USUALLY ASYMPTOMATIC
- \* RESULTS in WEAK, MISSHAPEN BONES
- ~ FRACTURES
- ~ NERVE COMPRESSION

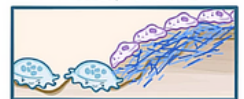


**LEONTIASIS OSSEA (LION FACE)**  
**AXIAL SKELETON MORE AFFECTED**

### \* LYTIC PHASE



### \* MIXED PHASE



### \* SCLEROTIC PHASE



**MOSAIC**

## FACTORS IMPACTING PROPER HEALING:

- Displaced and comminuted #s
- Inadequate immobilization (delayed union or nonunion)
- Pseudoarthrosis
- Infection (open #s)
- Malnutrition
- Steroids/AIDrugs

## Types of Bone Fractures



SKIN IS INTACT

SKIN IS PENETRATED

SKIN IS INTACT

SOFT BONE FRACTURE

Infarction (ischemic necrosis) of bone and marrow  
ASSOCIATED CONDITIONS: -  
Vascular injury: trauma, vasculitis - Drugs: steroids - Systemic disease: **Sickle** - **Radiation** MECHANISM: - Mechanical disruption - **Thrombotic occlusion** - Extravascular compression

**MORE YELLOW , LESS RED , LESS VASCULAR**



# PATHOLOGY TESTBANK

In the Paget disease of bone, lesions have a mixture of lamellar and woven bone, which \*\*\* gives it a classic \_\_\_\_ pattern.

An isolated increase in serum alkaline phosphatase is commonly indicative of \_\_\_\_.

Serum calcium levels (increase/decrease/do not change) \_\_\_\_ in Paget disease of bone.

\_\_\_\_ hyperparathyroidism will have high calcium and low phosphate.

\_\_\_\_ hyperparathyroidism in chronic renal disease will have low calcium, elevated phosphate, and low vitamin D.

The \_\_\_\_ stage of Paget disease of bone involves increased osteoblast activity.

Paget disease of bone, also known as \_\_\_\_, is a common, localized bone disorder that involves an increase in both osteoblastic and osteoclastic activity.

A **74-year-old** woman is brought to the emergency department because of generalized muscle aching, weakness and **pain in the left hand**. The symptoms started gradually a few months ago and have been progressing over time. Past medical history is notable for uncontrolled hypertension, type 2 diabetes mellitus and **end-stage renal disease** and she has been receiving dialysis three times per week for the past 2 years. A radiograph of the patient's hands is **shown**:



**A- SECONDARY HPT**

**B- PRAIMARY HPT**

**C- PAGET DISEASE**

A **71-year-old man** comes to the office because of non-radiating lower back pain. The **pain has been present for the past 5 months** and has progressively worsened. He has tried ibuprofen, which was initially able to control the pain but is no longer able to do so. He has no history of back trauma and does not perform any heavy lifting. Physical examination is notable for **a decrease in height of 3 inches** when compared with measurements taken one year ago and tenderness over the lumbar spine. What is the most likely underlying pathology of this patient's condition?

- A. Decreased osteoblast activity, normal osteoclast activity
- B. Intervertebral disc space calcification
- C. Decreased osteoblast activity, increased osteoclast activity
- D. Increased osteoblast activity, decreased osteoclast activity



# MICROBIOLOGY

## Impetigo :

is a contagious superficial bacterial infection observed most frequently in children ages two to five years

### IMPETIGO

#### NONBULLOUS

LESIONS BEGIN AS PAPULES SURROUNDED BY ERYTHEMA. SUBSEQUENTLY THEY BECOME PUSTULES THAT BREAK DOWN TO FORM THICK, ADHERENT CRUSTS WITH A CHARACTERISTIC GOLDEN APPEARANCE

#### BULLOUS

YOUNG CHILDREN IN WHICH THE VESICLES ENLARGE TO FORM FLACCID BULLAE WITH CLEAR YELLOW FLUID

### IMPETIGO

#### PRIMARY

DIRECT BACTERIAL INVASION OF PREVIOUSLY NORMAL SKIN

#### SECONDARY

SKIN TRAUMA SUCH AS ABRASIONS, MINOR TRAUMA, AND INSECT BITES

ECTHYMA IS AN ULCERATIVE FORM OF IMPETIGO IN WHICH THE LESIONS EXTEND THROUGH THE EPIDERMIS AND DEEP INTO THE DERMIS

THE PRINCIPAL PATHOGEN IS *S. AUREUS* AND BETA-HEMOLYTIC STREPTOCOCCI ( G , C )

TREATMENT OF IMPETIGO IS IMPORTANT FOR REDUCING SPREAD OF INFECTION, HASTENING THE RESOLUTION OF DISCOMFORT, AND IMPROVING COSMETIC APPEARANCE

### PATHOLOGY & CAUSES

- Highly infectious skin infection; affects superficial epidermis
  - Commonly affects children
  - Skin-to-skin spread possible
- Contact with carrier → pathogen enters intact/non-intact skin → incubation → lesion formation, spread over body through scratching
- Commonly caused by *S. aureus*, *S. pyogenes*

### TREATMENT

#### MEDICATIONS

- Topical antibiotic

(FEWER SIDE EFFECTS)( LOWER RISK OF MRSA ). MUPIROCIN AND RETAPAMULIN ARE FIRST-LINE TREATMENTS , MUPIROCIN IS A MIXTURE OF SEVERAL PSEUDOMONIC ACIDS INHIBITS ISOLEUCINE TRNA SYNTHETASE IN BACTERIA

## FOLLICULITIS

### PATHOLOGY & CAUSES

- Hair follicle inflammation (pyoderma), usually infectious cause
- May also be due to persistent trauma (mechanical folliculitis)
- Pathogen enters hair follicle → inflammatory response → infection causes a perifollicular infiltrate of lymphocytes, neutrophils, macrophages → pustule formation

### CAUSES

- Bacterial
  - S. aureus*, *Pseudomonas aeruginosa* (hot-tub folliculitis)

RARELY, CANDIDA AND CERTAIN DERMATOPHYTES CAN CAUSE FOLLICULITIS

### RISK FACTORS

- Swimming pools, hot tubs
- Shaving against hair growth, tight clothes causing friction, profuse sweating (hyperhidrosis)
- Use of antibiotics, acne medication, topical corticosteroids
- Upper respiratory presence of *S. aureus*



man presents to his primary care physician for evaluation of lesions on the abdomen. The lesions were fluid-filled sacs that eventually burst leaving behind yellow, crusted areas of inflammation.

Which of the following pathogenic factors is most likely responsible for this clinical presentation?

- A. Streptolysin O
- B. Toxin B
- C. Exfoliative toxin A

These findings are consistent with bullous impetigo, which is most commonly caused by strains of *Staphylococcus aureus* that secrete exfoliative toxin A.

## A SKIN ABSCESS

is an infection of the dermis and deeper layers of skin that contains purulent material. referred to as carbuncles and furuncles.

the most common organisms are *Staphylococcus aureus* ([MRSA]) and streptococci.

is round and feels firm and squishy

painful , red

Diagnosis: by clinical examination. Culture is recommended, primarily to identify MRSA  
simple cutaneous abscesses include hidradenitis suppurativa (**chronic inflammatory condition of the hair follicle**) and ruptured epidermal cysts

“incision and drainage.” with local anesthesia.

Antibiotics traditionally **unnecessary unless** the patient has signs of systemic infection, cellulitis, multiple abscesses, immunocompromise, or a facial abscess .

## CELLULITIS

skin erythema, edema, and warmth ,it develops as a result of bacterial entry ( **beta-hemolytic streptococci most commonly group A Streptococcus or Streptococcus pyogenes; S. aureus MRSA .** )

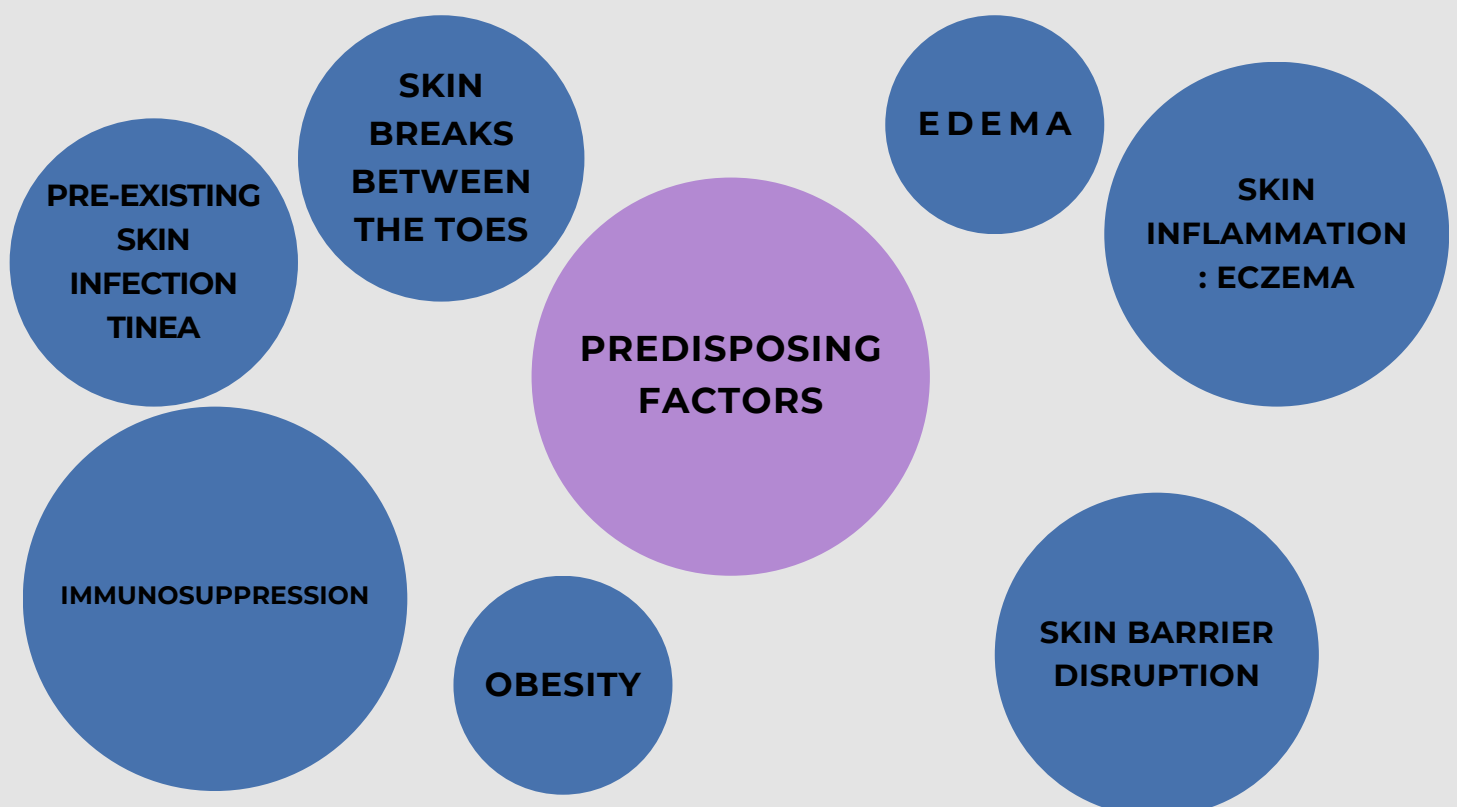
Petechiae and/or hemorrhage , and **superficial bullae** can occur

• Fever and other systemic manifestations of infection may also be present.

Cellulitis and erysipelas are nearly always **unilateral**, in the lower extremities

involves the **deeper dermis and subcutaneous fat**

more indolent course with development of localized symptoms **over a few days** ,Patients with cellulitis typically have symptomatic improvement **within 24 to 48 hours of** beginning antimicrobial therapy



## ERYSIPELAS

occurs in young children and older adults  
are caused by **beta-hemolytic streptococci**  
involves the **upper dermis** and superficial  
lymphatics  
erysipelas is nonpurulent , acute onset ,  
clear demarcation , "**butterfly**"  
involvement of the face

PATIENTS WITH NONPURULENT  
CELLULITIS SHOULD BE MANAGED  
WITH EMPIRIC THERAPY LIKE  
CEFAZOLIN FOR INTRAVENOUS  
THERAPY AND **CEPHALEXIN** FOR  
ORAL THERAPY 

## NECROTIZING FASCITIS



### PATHOLOGY & CAUSES

- Potentially life-threatening infection
  - Progressive **destruction of deep soft tissue** (subcutaneous fat, muscle fascia)
- Bacteria spread via subcutaneous tissue → release exotoxins → tissue destruction spreads along fascial planes

### TYPES

#### Type I: polymicrobial

- Causes: combination of aerobic, anaerobic bacteria
  - Most common anaerobes: *Bacteroides*, *Clostridium*, *Peptostreptococcus*
  - *Enterobacteriaceae*: *Escherichia coli*, *Klebsiella*, *Proteus*, *Enterobacter*
  - Facultative anaerobic streptococci
- Common sites
  - **Perineum (Fournier's gangrene)**: impaired gastrointestinal/urethral mucosal integrity → spreads to anterior abdominal wall; gluteal muscles; scrotum, penis (in biological male); labia
- **Erythema** (without sharp margins; 72 percent)
- **Edema** that extends beyond the visible erythema (75 percent)
- Severe **pain** (out of proportion to exam findings in some cases; 72 percent)
- **Fever** (60 percent)
- **Crepitus** (50 percent) **crackling sound**, **فقاعات تحت الجلد**
- Skin **bullae**, **necrosis**, or **ecchymosis** (38 percent) **small bruises**, **كدمات**

#### Type II: monomicrobial

- Causes: Group A *Streptococcus*, other beta-hemolytic streptococci, *Staphylococcus aureus*

### DIAGNOSIS

#### DIAGNOSTIC IMAGING

##### CT scan

- Subcutaneous gas visualized in fascial planes

#### LAB RESULTS

##### Blood

### TREATMENT

#### MEDICATIONS

- Empiric IV antibiotics
  - Carbapenem/beta-lactam-beta-lactamase inhibitor + vancomycin/linezolid + clindamycin

#### SURGERY **hemodynamic support**

- Direct surgical examination of skin, subcutaneous tissue, fascial planes, muscle → debridement of all devitalized, necrotic tissue

LANDMARKS :  
PRESENCE OF GAS  
RAPID PROGRESSION  
SEVERE PAIN  
ACUTE  
I&M PROTEIN

RISK :  
PENETRATING TRAUMA  
RECENT SURGERY  
MUCOSAL BREACH  
IMMUNOSUPPRESSION  
DIABETES



**WITHOUT  
SURGERY  
100% MORTALITY**

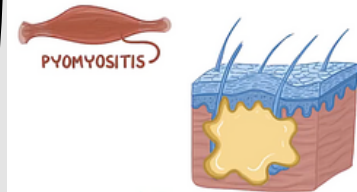


## PYOMYOSITIS :

purulent infection of skeletal muscle usually with abscess formation  
infection of the tropics  
Staphylococcus aureus is the most common cause  
fever and pain with cramping localized to a single muscle group  
Stage 1 is crampy local muscle pain, swelling, and low-grade fever.  
• Stage 2 occurs 10 to 21 days after the initial onset of symptoms : fever, exquisite muscle tenderness, and edema.  
• Stage 3 is characterized by systemic toxicity.  
Radiographic imaging for diagnosing stage 1 pyomyositis = can antibiotics alone, stage 2 or 3 : both antibiotics and drainage

**RISK FACTORS :**  
**IMMUNODEFICIENCY (PARTICULARLY HIV INFECTION), TRAUMA, INJECTION DRUG USE, CONCURRENT INFECTION, AND MALNUTRITION**

## STAPHYLOCOCCUS AUREUS



**Traumatic** gas gangrene is most commonly caused by **C. perfringens**;  
**spontaneous** gangrene is most commonly caused by the more aerotolerant **C. septicum**

## CLOSTRIDIAL MYONECROSIS

is a life-threatening muscle infection that develops either contiguously from an area of trauma or hematogenously rapidly progressive invasion and destruction of healthy muscle toxins are produced by C. perfringens; of these, **alpha and theta toxins** C. perfringens is responsible for a range of soft-tissue infections including cellulitis, fasciitis or suppurative myositis, and myonecrosis with gas formation

Clostridial food poisoning, an intoxication characterized by (1) a short incubation period (8 to 12 hours), (2) a clinical presentation that includes abdominal cramps. (3) a clinical course lasting less than 24 hours.

**THE TOXIN INVOLVED IN GAS GANGRENE IS KNOWN AS A-TOXIN,**

enterotoxin = transition from vegetative cells to spores = is released in small intestine

diagnosis = pain , systemic toxicity and gas in the soft tissue , **crepitus specifically**

who have not received tetanus immunization for 5 years should receive a booster vaccine (HBO)

**TREATMENT IS USUALLY DEBRIDEMENT AND EXCISION, WITH AMPUTATION . WATERSOLUBLE ANTIBIOTICS ALONE ARE NOT EFFECTIVE**



penicillin  
clindamycin  
tetracycline  
chloramphenicol  
metronidazole



# DIABETIC FOOT INFECTIONS:

WITH SUBSTANTIAL MORBIDITY AND MORTALITY

RISK FACTORS FOR DEVELOPMENT OF DIABETIC FOOT INFECTIONS INCLUDE NEUROPATHY, PERIPHERAL VASCULAR DISEASE, AND POOR GLYCEMIC CONTROL

NO SENSATION= LATE TO RECOGNIZE , NO SWEAT = DRY SKIN = INFECTION ,FOOT DEFORMITIES ,

PERIPHERAL ARTERY DISEASE CAN IMPAIR BLOOD FLOW NECESSARY FOR HEALING , HYPERGLYCEMIA IMPAIRS NEUTROPHIL FUNCTION AND REDUCES HOST DEFENSES

SUPERFICIAL DIABETIC FOOT INFECTIONS -- GRAM-POSITIVE COCCI

ULCERS THAT ARE DEEP-----**POLYMICROBIAL** = ENTEROCOCCI, ENTEROBACTERIACEAE, PSEUDOMONAS AERUGINOSA, AND ANAEROBES.

WOUNDS WITH EXTENSIVE LOCAL INFLAMMATION, NECROSIS, MALODOROUS DRAINAGE ---- ANAEROBIC ORGANISMS ( BACTEROIDES , CLOSTRIDIUM)

CAN SUBSEQUENTLY EXTEND TO JOINTS, BONES, AND THE SYSTEMIC CIRCULATION

MAY REACH BONE

- THREE KEY STEPS:
- 1) DETERMINING THE EXTENT AND SEVERITY
  - 2) IDENTIFYING UNDERLYING FACTORS
  - 3) ASSESSING THE MICROBIAL ETIOLOGY

<b>UNINFECTED</b>	NO PUS	<b>MILD</b>	ERYTHEMA LESS THAN 2 Cm + PAIN , PUS
<b>moderate</b>	deep tissue abscess	<b>SEVERE</b>	SYSTEMIC TOXICITY = TACHYCARDIA ACIDOSIS , etc

## NEUROPATHIC ULCERS

### CAUSES

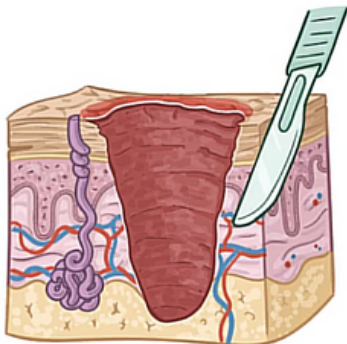
\* **DIABETES MELLITUS**  
↳ IMPAIRS WOUND HEALING

- \* TIGHT GLYCEMIC CONTROL
- \* GOOD FOOT HYGIENE
- \* DIABETIC SOCKS/ SHOES
- \* DAILY FOOT INSPECTIONS



### TREATMENT

## NEUROPATHIC ULCERS



- \* DEBRIDEMENT of NONVIABLE & INFECTED TISSUE
- \* REVISIONAL SURGERY on BONY ARCHITECTURE
- \* VASCULAR RECONSTRUCTION

# mini testbank

A 24-year-old man presents with small, yellow pustules confined to the hair follicles along the beard neckline. He reports pain and redness gradually increasing for the last couple of days. On examination, there are inflamed follicles. Gram stain shows cocci in grape-like clusters. What is the best next step?

- Oral antibiotics
- Biopsy
- Incision and drainage
- Packing and marsupialization
- Culture of exudate

\_\_\_\_\_ is a rapidly progressing, life threatening soft tissue infection that has pain that may be out of proportion to exam findings and causes bullae and a purple color to the skin.

Necrotizing fasciitis requires (medical/surgical) \_\_\_\_\_ emergency treatment.

Crepitus in necrotizing fasciitis is due to production of \_\_\_\_\_.

A 30-year-old man is brought to the emergency department with pain and discoloration of the right thigh. A week ago the patient was involved in a motor vehicle accident and suffered deep lacerations over the same region. The patient was evaluated at an urgent care facility afterward and a piece of scrap metal was removed from the right thigh. The appearance of the right thigh is shown. On palpation of the right thigh, there is tenderness and crepitus. Which toxin is most likely responsible for this patient's presentation?



## (TRUE / FALSE) MILD FOOT ULCER INFECTIONS CAUSE SYSTEMIC ILLNESS

IF SOMEONE HAS LOCAL INFECTION (MORE EXTENSIVE OR INVOLVING DEEPER TISSUES)

- ABSCESS, OSTEOMYELITIS, SEPTIC ARTHRITIS, FASCIITIS
  - NO SIRS (NO OR MILD FEVER AND NO WBC ELEVATION),
  - ERYTHEMA >2CM AROUND ULCER
- WHAT IS THEIR IDSA SEVERITY?

IF SOMEONE HAS LOCAL SIGNS OF INFECTIONS WITH NO SYSTEMIC SIGNS- LOCAL SWELLING OR INDURATION

- ERYTHEMA 0.5 TO 2 CM AROUND ULCER- LOCAL TENDERNESS OR PAIN- LOCAL WARMTH
  - PURULENT DISCHARGE- INVOLVEMENT OF SKIN/SUBCUTANEOUS TISSUE ONLY
- WHAT IDSA SEVERITY ARE THEY?

A 32-YEAR-OLD FEMALE PRESENTS TO HER FAMILY PHYSICIAN COMPLAINING THAT HER LOWER LEG FEELS HOT AND PAINFUL. PHYSICAL EXAM SHOWS THE LOWER LEG TO HAVE ERYTHEMA, EDEMA, AND IT IS VERY WARM TO THE TOUCH. THE ERYTHEMATOUS AREA IS NONELEVATED AND HAS POORLY DEFINED MARGINS. THERE IS NO DRAINAGE OR EXUDATES AND NO EVIDENCE OF ABSCESES. SHE HAS NO RECOLLECTION OF ANY TRAUMA OR INJURY TO THE AREA. THE WOMAN HAS NORMAL VITAL SIGNS AND HER COMPLETE BLOOD COUNT IS NORMAL. SHE HAS NO KNOWN ALLERGIES.

WHAT IDSA SEVERITY ARE THEY?

oral antibiotics  
necrotizing fasciitis  
surgical  
gas (Co2)  
A toxin  
false  
moderate  
mild  
uninfected

# PHARMACOLOGY

## ANTIBACTERIAL

BACITRACIN



poorly absorbed through the skin, so systemic toxicity is rare . + (Hydrocortisone) , Frequently with (polymyxin B and neomycin

GRAMICIDIN

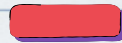


FUSIDIC ACID



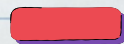
acts as a bacterial protein synthesis inhibitor

POLYMYXIN B SULFATE



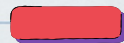
“neurotoxicity and nephrotoxicity”

NEOMYCIN



Aminoglycoside antibiotics

GENATAMICIN



greater activity than neomycin  
in renal failure (because it is excreted by kidney )

## Acne

most common skin diseases  
psychological impact ( depression )

Four main factors cause acne:

Excess oil (sebum) production.

Hair follicles clogged by oil and dead skin cells

Bacteria

Inflammation

**Cutibacterium acnes (Propionibacterium acnes)**

Comedonal Lesions -- Inflammatory Lesions--Nodulocystic Lesions --Scarring

+ cream → sensitive or dry skin

+ lotion → any skin type

+ gel → oily skin

+ solution → oily skin

# Acne treatment

salicylic acid - retinoids - azelaic acid - clindamycin - erythromycin - metronidazole - benzoyl peroxide



Topical Retinoids

TOPICAL THERAPY

avoid in pregnancy ,at night  
side effects : pustular flare • photosensitivity • skin irritation and erythema • dryness and peeling

Azelaic Acid

TOPICAL THERAPY

competitive inhibitor of mitochondrial oxidoreductases and of 5 alpha-reductase, inhibiting the conversion of testosterone to 5-dehydrotestosterone , decrease in pigmentation



Salicylic Acid 10

TOPICAL THERAPY

as aspirin (salicylates) ,keratolytic blocked skin pores to allow pimples to shrink , reduce swelling and redness



Benzoyl Peroxide

TOPICAL THERAPY

exhibits bactericidal effects against Cutibacterium acnes , at night

Clindamycin

TOPICAL THERAPY



in ribosome , 50 protein inhibitors  
10% absorbed, so, possibility of Pseudomembranous colitis . well tolerated and less likely to cause irritation

Erythromycin

TOPICAL THERAPY



in ribosome , 50 protein inhibitors  
Adverse local reactions to erythromycin solution may include a burning sensation

Metronidazole

TOPICAL THERAPY

Effective in the treatment of rosacea:  
common skin condition that causes blushing or flushing  
inhibitory effects of metronidazole on Demodex brevis  
burning, and stinging , avoid eyes



# SYSTEMIC THERAPY : FOR NODULOCYSTIC ACNE

↓  
Oral Antibiotics

Tetracycline 500mg  
Doxycycline 100mg  
Minocycline 150mg  
Erythromycin 250mg

↘ ↗  
Hormonal Therapy

Isotretinoin  
(Accutane)

severe nodulocystic acne non responsive acne severe psychological distress

side effects : **teratogenic**, **mucosal** dryness photosensitivity arthralgias alteration of **liver** enzymes hypertriglyceridemia and hypercholesterolemia



expulsion of open comedones and the transformation of closed comedones into open ones

**promotes dermal collagen synthesis**, new blood vessel formation, and thickening of the epidermis, which helps **diminish fine lines and wrinkles**  
Stabilizes lysosomes, increases RNA polymerase activity, increases PGE2, cAMP, and cGMP levels, and increases the incorporation of thymidine into DNA

## DRUGS FOR PSORIASIS

**TAZAROTENE :**  
TOPICAL  
ANTI-INFLAMMATORY AND  
ANTIPROLIFERATIVE  
ACTIONS. TERATOGENIC

**APREMILAST :**  
AS A SELECTIVE INHIBITOR  
OF THE ENZYME  
PHOSPHODIESTERASE 4  
(PDE4) AND INHIBITS  
SPONTANEOUS  
PRODUCTION OF TNF-  
ALPHA FROM HUMAN  
RHEUMATOID SYNOVIAL  
CELLS

Side Effects  
- diarrhea  
- nausea.  
- stomach pain.  
- vomiting.  
- headache.  
- sore throat, cough, and fever.  
- sneezing, runny nose, and nasal congestion.

**ACITRETIN: GIVEN ORALLY.**  
HEPATOTOXIC AND  
TERATOGENIC  
PATIENTS SHOULD NOT  
BECOME PREGNANT FOR 3  
YEARS AFTER STOPPING  
TREATMENT, AND ALSO  
SHOULD NOT DONATE  
BLOOD.

**ROFLUMILAST :**  
LONG-ACTING INHIBITOR OF  
THE ENZYME  
PHOSPHODIESTERASE-4  
(PDE-4)  
FOR CHRONIC PLAQUE  
PSORIASIS

**ETANERCEPT: BIOLOGIC ,**  
DIMERIC FUSION PROTEIN OF TNF  
RECEPTOR LINKED TO THE FC  
PORTION OF HUMAN IGG1

**TAPINAROF : FOR ADULTS , ONCE DAILY**

**CALCIPOTIENE:**  
SYNTHETIC VITAMIN D3 DERIVATIVE

**DEUCRAVACITINIB :**  
FOR ADULTS WITH PLAQUE  
PSORIASIS.  
ALLOSTERIC INHIBITOR OF  
TYK2

Side effects:runny nose, congestion, or sore throat, sore on mouth, lips, gums, tongue or roof of mouth, acne.

**ALEFACEPT :**  
**BIOLOGIC ,**  
IMMUNOSUPPRESSIVE DIMER  
FUSION PROTEIN OF CD2  
LINKED TO THE FC PORTION OF  
HUMAN IGG1

**EFALIZUMAB :**  
**BIOLOGIC ,** RECOMBINANT  
HUMANIZED IGG1  
MONOCLONAL ANTIBODY. •  
WITHDRAWN :PROGRESSIVE  
MULTIFOCAL  
LEUKOENCEPHALOPATHY  
(PML), • CAN CAUSE  
THROMBOCYTOPENIA

# MINI TESTBANK

if a female patient takes ----- for treatment of Psoriasis ,she should not become pregnant for 3 years after stopping treatment .

Select 1 correct answer

A Tazarotene

B Calcipotiene

C Acitretin

----- is Effective in the treatment of rosacea

Select 1 correct answer

A Erythromycin

B Isotretinoin

C Metronidazole

----- should not be given to a liver diseased patient to treat Psoriasis

Select 1 correct answer

A Acitretin

B Tazarotene

C Erythromycin

----- a Biologic drug for Psoriasis can progressive multifocal leukoencephalopathy (PML)

Select 1 correct answer

A Alefacept

B Roflumilast

C Efalizumab

a 24 years old female work as a module depressed because of severe acne , and she needs a quick treatment , the best drug is -----

Select 1 correct answer

A Metronidazole

B Clindamycin

C Isotretinoin

----- convenient to treat plaque psoriasis in adults with Respiratory infection

Select 1 correct answer

A Tapinarof

B Deucravacitinib

C Apremilast

----- should not be given to a patient with deficiency of platelets in the blood to treat Psoriasis

Select 1 correct answer

A Etanercept

B Metronidazole

C Efalizumab

what percentage of Salicylic Acid is the perfect one ?

Select 1 correct answer

A 25%

B 50%

C 2%

D 10%