

## Neck-2

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## Triangles of the neck



## Side of the neck

Midline

Lower border of mandible

Line between angle of mandible and mastoid

Superior nuchal line

Anterior border of trapezius


Sternocleidomastoid divides the neck into anterior and posterior triangles


## Posterior triangle

Is on the lateral aspect of the neck in direct continuity with the upper limb

## Boundaries:

$\checkmark$ Posterior border of sternocleidomastoid
$\checkmark$ Anterior border of trapezius
$\checkmark$ Middle third of clavicle
$\checkmark$ Apex: occipital bone posterior to mastoid

## Floor:

Muscles covered by prevertebral fascia

## Posterior Triangle

## Floor:

Splenius capitis Levator scapulae Posterior scalene Middle scalene Anterior scalene

## Roof:

Investing layer of cervical fascia that surrounds sternomastoid and trapezius muscles



## Posterior triangle

The posterior triangle of the neck is further subdivided by the inferior belly of the omohyoid muscle into a large occipital triangle above and a small supraclavicular (subclavian) triangle below


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## Submandibular

## Submental

## Supraclavicular

Subclavian

## Contents

5 Veins:

1. External jugular vein
2. Anterior jugular vein
3. Transverse cervical vein
4. Suprascapular vein
5. Subclavian vein

4 Arteries:

1. Occipital artery
2. Subclavian artery ( $3^{\text {rd }}$ part)
3. Transverse cervical artery
4. Suprascapular artery

## 3 Nerves

1. Brachial plexus (trunks)
2. Accessory nerve
3. Branches of cervical plexus

## 1 Muscle

Inferior belly of omohyoid




Foramen transversarium


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KEN
HUB





Structures piercing the roof of posterior triangle (investing layer of deep fascia)


Lesser occipital nerve (C2)



## Anterior triangle

## Boundaries:

- Superiorly:

Body of the mandible

- Posteriorly:

Sternocleidomastoid

- Anteriorly:

Midline


Inferior border of mandible
Sternocleidomastoid muscle
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It is further subdivided into

1. Carotid triangle
2. Submandibular (digastric) triangle
3. Submental triangle
4. Muscular triangle

## Anterior triangle



## Carotid triangle

Boundaries:
Superior:
Posterior belly of digastric Lateral:
Sternocleidomastoid Inferior:
Superior belly of omohyoid

The main contents of carotid triangle are:
1- Common carotid artery 2- External carotid artery (and lower 5 branches)
3- Internal carotid artery
4- Internal jugular vein
6- Vagus nerve
7- Accessory nerve
8- Hypoglossal nerve
9- Ansa cervicalis






## Muscular triangle

It is a slightly 'dubious' triangle, in reality having four boundaries

## Contents:

1- Infrahyoid muscles
2- Larynx
3- Trachea
4- Thyroid and parathyroid glands
5- Pharynx
6- Esophagus

## The boundaries:

## Superiorly:

Hyoid bone
Medially:
Imaginary midline of the neck Supero-laterally:
Superior belly of omohyoid Infero-laterally:
Sternocleidomastoid

## Muscular triangle

## Hyoid bone

Imaginary midline of the neck.
Superior belly of omohyoid
Anterior border of sternocleidomastoid


## Submental triangle

$\checkmark$ Is situated underneath the chin
$\checkmark$ Contents: Submental lymph nodes

## Boundaries: <br> Inferiorly: <br> Hyoid bone <br> Medially: <br> Midline of the neck <br> Laterally: <br> Anterior belly of digastric <br> Floor: <br> Mylohyoid muscle

Imaginary midline of the neck.
Hyoid bone
Anterior belly of digastric

## Lymphatic drainage of head and neck

## Lymph nodes of face and scalp

Five groups of lymph nodes

## 1-Submental nodes

2- Submandibular nodes
4- Mastoid nodes

## 3- Pre-auricular/ parotid nodes

4- Mastoid nodes
Submental nodes
Submandibular nodes
5- Occipital nodes


Form a ring around the head


## Lymph nodes of the neck



Superficial
Deep

## Superficial cervical nodes

The superficial cervical nodes are a collection of lymph nodes along the external jugular vein on the superficial surface of sternocleidomastoid Dr. Heba Kalbouneh

Vertical along superficial veins

## Superficial Veins <br> Anterior jugular veins



## Deep cervical nodes

Deep Cervical Lymph nodes 1- Median group:
-Retropharyngeal, prelaryngeal, pretracheal and paratracheal
2- Lateral group: At the side of the neck along internal jugular vein:

- Upper \& lower deep cervical nodes


## Median group of deep cervical lymph nodes



Prelaryngeal lymph nodes

Pretracheal and paratracheal lymph
nodes

## Lateral group of deep cervical lymph nodes

At side of neck along internal jugular vein

## Deep cervical nodes

| The intermediate |
| :---: |
| tendon of the |
| omohyoid |
| muscle divides |
| the deep cervical |
| lymph nodes into |
| upper and lower |
| groups |

## Deep cervical nodes



## Deep cervical nodes along Internal jugular vein

Two important nodes in the deep cervical group 1 - Jugulo-digastric node This large node is where posterior belly of digastric crosses the internal jugular vein and receives lymphatic drainage from the tonsils and tongue


Enlarged jugulodigastric lymph nodes are commonly found in tonsillitis

## 2 - Jugulo-omohyoid node

 it is at or just inferior to the intermediate tendon of omohyoid

This node receives lymphatic drainage from the tongue

Deep cervical nodes

Submental nodes

Submandibular nodes




Temporal pulse (superficial temporal artery)

Pulse points Where to take arterial pulses in the head and neck



The carotid pulse is the strongest

To check carotid pulse

Place your index and middle fingers on the neck to the side of larynx (in carotid triangle), under the angle of the mandible



Bifurcation of common carotid

## Vertebral level CIII/IV

- Upper margin of thyroid cartilage
- Bifurcation of common carotid artery

Vertebral level CVI

- Arch of cricoid cartilage
- Superior end of esophagus
- Superior end of trachea



## How to outline the anterior and posterior triangles of the neck



## Estimating the position of the middle meningeal artery



Region for testing $\left[\mathrm{V}_{1}\right]$

## Major features of the face




## Anterior triangle

$\square$ Carotid triangle
$\square$ Submandibular triangle
$\square$ Submental triangle
$\square$ Muscular triangle
$\square$ Posterior triangle

Occipital triangle

Omoclavicular triangle

Digastric muscle Stylohyoid muscle Hyoglossus muscle Mylohyoid muscle Thyrohyoid muscle Sternocleidomastoid muscle Levator scapulae muscle Sternohyoid muscle Scalenus medius muscle Scalenus posterior muscle


[^0]:    Supraclavicular (subclavian) triangle

