

*PBL*

- *36-year-old male presents with acute onset of right buttock and leg pain following lifting a heavy object. On physical exam he has **weakness to knee extension**, numbness over the medial malleolus, and a decreased patellar reflex. Which of the following would most likely explain this clinical presentation:*
- *A. L1/L2 farlateral(foraminal)discherniation*
- *B. Lumbar arachnoiditis*
- *C. L4/L5 paracentral disc herniation*
- *D. L3/L4 paracentral disc herniation*
- *E. L5/S1 farlateral(foraminal)discherniation*
  
- *Answer: D*

- *Most common spinal cord disease:*
- *Answer: Degenerative spinal (disc) disease*

*The END* 🙄