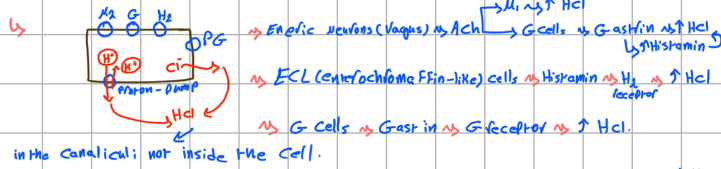


LECTURE 1

Physiology

↳ μL of acid/day are secreted by the Parietal Cells.



in the lumen; not inside the cell.
 ↳ Gastric $\text{pH} < 3 \rightarrow$ Gastric D Cells \rightarrow somatostatin \rightarrow somatostatin \downarrow acid secretion
 ↳ Effects the Parietal Cells \rightarrow HCl (Direct)
 ↳ Histamine \rightarrow HCl (Indirect)

Phases of gastric acid secretion:

- Cephalic Phase:**
 - ↳ Sighting, smelling, tasting or thinking. \rightarrow ENS is active.
 - ↳ The major effect of gastrin is indirect through the releasing of Histamine.
- Gastric Phase:**
 - ↳ The food stretch the stomach walls \rightarrow neural reflex \rightarrow \uparrow acid secretion.
 - ↳ Peptides and amino acids \rightarrow stimulate G cells \rightarrow \uparrow Gastrin.
 - ↳ Food acts as a buffer \rightarrow \uparrow pH \rightarrow \downarrow Somatostatin.
- Intestinal phase:** Chyme the duodenum \rightarrow Negative feedback \rightarrow \downarrow acid.

Peptic ulcer:

- stomach \rightarrow duodenum
- ↳ Causes: NSAIDs, Smoking, H. Pylori, stress, alcohol, Gastrinomas and Zollinger Ellison Syndrome (ZES)
 - ↳ NSAIDs \rightarrow \downarrow Mucus, \downarrow Bicarbonate, \downarrow blood flow, \downarrow neuroprotection, \downarrow cell restitution \rightarrow mucosal damage and ulceration.
 - ↳ Symptoms: burning pain in the stomach between meals or at night, bloating, heartburn, nausea, vomiting, (in severe cases) \rightarrow Dark stool (bleeding), Vomiting blood, weight loss and severe pain in the mid to upper abdomen.
 - ↳ complications: GI bleeding (can be life threatening), Cancer (H. Pylori), Reflux

Treatment:

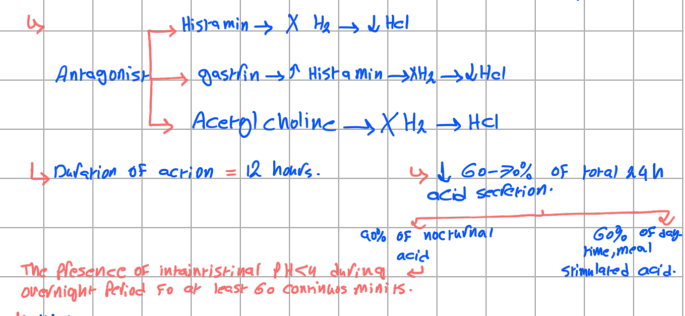
- ↳ acid secretion (H, H2, PP4)
- ↳ Neutralizing of HCl
- ↳ Protect the Mucosa
- ↳ Antibiotics for H. Pylori
- 1. Neutralization of acid (Antacids):
 - ↳ Non prescription (علاج بسيط) treats the heartburn and dyspepsia.
 - ↳ Given 1 hour AFTER the meal. \rightarrow work up to 2 hours.
 - Mg and Al Hydroxide.
 - ↳ Slow \rightarrow No gas formation. \rightarrow Metabolic alkalosis is uncommon.
 - ↳ Mg causes diarrhea. \rightarrow AL causes constipation so they usually given in combination (No diarrhea or constipation).
 - ↳ AL interfere with absorption of many drugs \rightarrow لا ينبغي تناولها مع الأدوية.
 - ↳ Mg \rightarrow have relative (نسبة) active. The diarrhea stimulate gastric secretion causing acid rebound.
 - ↳ Magnesium trisilicate \rightarrow slow antacid.
 - ↳ contraindicated (ممنوع) in renal insufficiency.

Ca Carbonate:

- ↳ \uparrow Ca \rightarrow \uparrow Gastrin \rightarrow \uparrow HCl \Rightarrow Acid rebound.
- ↳ With chronic use, it may cause milk-alkali syndrome. \rightarrow \uparrow Calcium, \uparrow Phosphate, \uparrow urea, \uparrow nitrogen, \uparrow creatinine and \uparrow bicarbonate.
- Sodium bicarbonate (NaHCO_3):
 - ↳ \uparrow Blood pressure. \rightarrow counteracts diuretic (used as) therapy for hypertension.
 - ↳ short duration of action. \rightarrow Acid rebound.
 - ↳ Highly absorbed \rightarrow cause metabolic alkalosis.
 - ↳ CO_2 results in belching.

2. Antisecretory Drugs:

- H2 receptor antagonists: 1970s-1990s
- ↳ Competitive. \rightarrow \downarrow basal and meal-stimulated acid secretion.
- ↳ \downarrow volume of secretion and pepsin concentration.
- ↳ it was the most common drug in the past.
- ↳ Drugs \rightarrow Cimetidine, Ranitidine, Famotidine, Nizatidine
- Plorotype, many problems \rightarrow 50% first-pass \rightarrow little first-pass metabolism



↳ Duration of action = 12 hours. \rightarrow \downarrow 60-70% of total 24h acid secretion.

The presence of intrintrinsic PMSU during overnight period for at least 60 continuous minutes.

act of nocturnal acid \rightarrow 60% of day time, meal stimulated acid.

1. Gastroesophageal Reflux

- Physiologically before meals. \rightarrow Afford healing for 50% of erosive esophagitis patients.
- Proton pump inhibitors are preferred.

2. Non Ulcer Dyspepsia:

- ↳ stress Related Gastritis
- ↳ prevalent bleeding. \rightarrow given IV.

1. Peptic ulcer disease:

- Replaced by PPI.
- Healing rate = greater than 80-90% after 6-8 weeks.
- Not effective in the case of H. Pylori. \rightarrow Nor effect is NSAID is continued.

↳ Side effects:

- Extremely safe drugs. \rightarrow can cause diarrhea, headache, fatigue, myalgia and constipation.
- CNS \rightarrow Confusion, hallucination \rightarrow only if given IV to elderly patients in ICU.
- Endocrine (only cimetidine) \rightarrow inhibit estradiol metabolism. \rightarrow \uparrow prolactin serum levels.
- can cross the placental barrier and appear in breast milk.
- Rarely can cause bradycardia and hypotension.

↳ Drug interactions:

- Cimetidine \rightarrow inhibit cytochrome P450 enzymes (CYP1A2, CYP2C9, CYP2D6 and CYP3A4) \rightarrow so \rightarrow can \uparrow the half life of many drugs.
- Ranitidine \rightarrow binds 4-10 times less.
- Nizatidine and Famotidine \rightarrow binding is negligible.

Lecture 2

Proton Pump Inhibitors (PPIs) 1st 1990s

1. omeprazole (oral)
2. Rabeprazole (oral)
3. Lansoprazole (oral and IV)
4. Pantoprazole (oral and IV)
5. Esomeprazole (oral and IV)

They are prodrugs that are released in the intestine (need an activation, and this activation happens in the intestine)

Immediate release suspension results in rapid response.

They are very efficacious and safe drugs.

Pharmacokinetics:

They are lipophilic weak bases (pKa 4-5).

Intestinal absorption: the drug diffuses across lipid membranes into acidic compartments (such as parietal cell canaliculi) where it undergoes a molecular conversion to the active form. It binds the H⁺/K⁺ ATPase enzyme and inactivates it.

The drug becomes protonated and concentrated more than 1000-fold within the parietal cells.

Rabeprazole has immediate release. Omeprazole has faster onsets of action.

Given 1 hour before meal. Have short half-life but effect lasts for 24 hours due to irreversible inhibition.

Pharmacodynamics:

Block the final common pathway of acid secretion → inhibit both fasting and meal-stimulated secretion.

Clinical uses:

1. Gastroesophageal Reflux (GERD): The most effective agents in all forms of GERD and complications.

2. Nonulcer Dyspepsia: 10-20% more beneficial than a placebo.

3. Stress-Related Gastritis:

Patients with nasogastric tube: oral immediate-release omeprazole.

Patients without a nasogastric tube: H₂-antagonists are preferred because of their proven efficacy.

4. Gastrinoma and other hypersecretory conditions: High doses of omeprazole.

5. Peptic Ulcer: The PPIs heal 90% of cases within 4-6 weeks.

H. pylori ulcers:

PPI eradicate H. pylori by direct antimicrobial activity and by lowering MIC (the lowest concentration of antimicrobial) of the antibiotics.

Triple therapy: 1. PPI twice daily. 2. Clarithromycin 500 mg twice daily.

3. Amoxicillin 1 gm twice daily OR Metronidazole 500 mg twice daily.

NSAIDs-associated ulcers: PPIs promote ulcer healing despite continued NSAID use and prevent ulcer complications of NSAIDs.

Rebleeding peptic ulcers:

oral of IV. High pH may enhance coagulation and platelet aggregation.

Adverse Effects:

1. Diarrhea.
2. Headache.
3. Abdominal pain.
4. Not teratogenic in animals but not used in pregnancy.
5. Reduce of cyanocobalamin absorption.
6. ↑ risk of GI and pulmonary infection.
7. ↑ serum gastrin levels → hyperplasia of ECL cells.
8. Carcinoid tumors in rats.
9. ↑ proliferative rate of colonic mucosa.

Chronic inflammation in gastric body. 11. Atrophic gastritis and intestinal metaplasia. → inflammation of the lining of the stomach

↓ B12 → Help balance immune responses.

Drug Interactions:

May affect absorption of drugs like digoxin and ketoconazole by decreasing gastric acidity.

Omeprazole can inhibit metabolism of drugs such as diazepam and phenytoin (it decrease P₄₅₀).

Rabeprazole and pantoprazole have no significant interaction.

Lecture 38

Drug Affecting GI Motility

Laxative (↓ mot)

Antidiarrheal

Nonpharmacologic Remedies (For Constipation):

1. High Fiber diet.
2. Adequate Fluid Intake.
3. Regular exercise.
4. Responding to nature's call.

Laxatives:

- Bulk-Forming laxatives.
- Stool Softener agents (Softeners).
- Osmotic laxatives (Purgatives).
- Stimulant laxatives (Cathartics).
- Tegaserod.

Bulk-Forming Laxatives:

- indigestible.
- Hydrophilic colloids that absorb water → forming a bulky stool → desiccates the colon and promotes peristalsis.
- Adverse effects: can cause bloating and flatulence.
- Include: 1. Natural plant products (Psyllium, Sterculia (Namacol) and Methylcellulose).
- 2. Synthetic fibers → polycarbophil.

Stool Softener Agents (Softeners):

- Mechanism: permit water and lipid to penetrate stool → softer and easier to pass.
- Given orally and rectally.
- Examples: 1. Docusate 2. Glycerin suppositories 3. Mineral oil.
- Mineral oils: clear viscous oil, it lubricates fecal material, facilitating water absorption from the stool.
- Prevent and treat fecal impaction.
- Aspiration can cause lipid pneumonia → when food or liquid is breathed into the airways of lungs instead of being swallowed.
- Can impair absorption of fat-soluble vitamins.

3. Osmotic Laxatives (Purgatives)

- ↳ Soluble nonabsorbable compounds
- ↳ ↑ stool liquidity due to an obligate increase in fecal fluid (↑ osmotic pressure)
 - ↳ the water will go to the lumen & immediately evacuation.

↳ **Examples** - Magnesium Oxide, Sorbitol, Lactulose and Balanced Polyethylene Glycol.

↳ Magnesium Oxide (Milk of Magnesia)

- can cause hypermagnesemia.
- Large doses of Mg sulfate and Na phosphate can cause purgation which means rapid bowel evacuation within 1-3 hours → which may cause volume depletion.

↳ Lactulose: sugars metabolized by bacteria producing (side effects) several flatus and cramps.

↳ Balanced Polyethylene Glycol (PEG)

- safe solution as no intravascular fluid or electrolyte shifts.
- Does not cause cramps or flatus. used for complete colonic cleansing before endoscopy.
- it is an inert, nonabsorbable, osmotically active sugar.
- Sodium sulfate, chloride, bicarbonate and potassium chloride.
- For colonic cleansing it should be ingested rapidly (4L over 2-4hrs)
- For chronic constipation → powder is mixed with water or juice.

4. Stimulant Laxatives (Cathartics): (سبب) - لا يمتص في الأمعاء

- Direct stimulation of the enteric system (Neural Plexus)
- Can lead to dependence and destruction resulting in colonic atony and dilation.
- it lead to colonic electrolyte and fluid secretion (Mechanism) as local inflammation ⇒ ↑ water secretion.
- needed in neurologically impaired patients and in bed-bound patients in long term care facilities (في دور الرعاية طويلة الأمد).

- **Examples** 1. Anthraquinone derivatives (Aloe, senna, cascara, castor oil).

2. Castor oil.

- cascara:

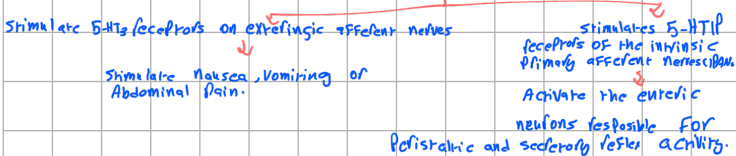
- ↳ poorly absorbed. ↳ After hydrolysis → produce bowel movement in 6-12 hrs
- ↳ cause brown pigmentation of the colon (Melanosis coli) → side effect
- ↳ Not carcinogenic.

- castor oil:

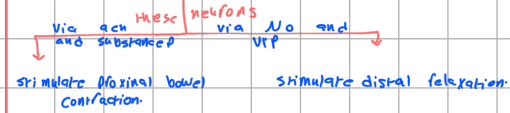
- ↳ Hydrolyzed in upper intestine into (ricinoleic acid) by local irritation.
- ↳ used as purgative to clean the colon before procedures.

5. Tegaserod

Normally ⇒ GI distention stimulates 5-HT₄ (releases from EC cells)



↳ Stimulating of 5HT₄ receptors (by Tegaserod) on presynaptic terminals of IPENs enhances the release of Ach and Calcitonin gene related peptide (CGRP) ⇒ promoting reflex activity



↳ Tegaserod is Serotonin 5-HT₄ partial agonist.

↳ The drug promotes gastric emptying and small and large bowel transit. But has NO effect on esophageal motility.

↳ It also stimulates cAMP-dependent chloride secretion → so → ↑ stool liquidity

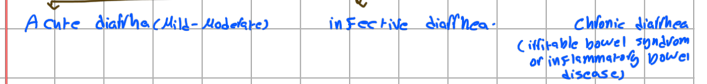
↳ Clinical uses: 1. Chronic constipation. 2. Nonulcer dyspepsia.

3. GastroParesis. 4. Irritable bowel syndrome.

↳ Adverse effects: Extremely rare.

1. Diarrhea in 9% of patients (resolves within days) 2. Expensive.

Antidiarrheal Agents



↳ includes: 1. Opioid Agonists. 2. Kaolin and Pectin.

3. Bile-salt binding resins (cholestyramine, Colestipal) 4. Ocreoetide.

1. Opioid Agonist:

↳ Inhibit presynaptic cholinergic nerves ⇒ ↓ Motility ⇒ ↑ Colonic transit time and ↑ fecal water absorption.

↳ ↓ Mass colonic movements and gastrocolic reflex.

↳ Have CNS effects and addiction potential. Because of that it usually combined with atropine.

↳ Examples: 1. loperamide ⇒ Don't cross BBB (No analgesic on addition)

2. Diphenoxylate ⇒ can have CNS effects (May cross BBB).

2. Kaolin and Pectin:

↳ Kaolin is a naturally occurring hydrated mag silicate.

↳ Pectin is an indigestible carbohydrate derived from apples.

↳ Both act to absorb bacteria, toxins and fluid → so → take fat from other drugs. (Note: water, electrolytes, vitamins)

↳ Usually combined (e.g. Kaopectate)

3. Bile Salt-binding resins: 1. cholestyramine. 2. Colestipal.

↳ in case of diarrhea because malabsorption of bile salts (After surgical resection). ↳ in can bind bile salts.

↳ side effects: bloating, flatulence, constipation, fecal impaction and drug and fat malabsorption.

4. Ocreoetide: a synthetic octapeptide with actions similar to Somatostatin

* somatostatin: A 14 amino acid peptide, released in the GIT and pancreas from the hypothalamus, it: 1. ↓ release of many hormones.

2. ↓ intestinal fluid and pancreas secretions

3. ↓ GI motility and gallbladder contraction.

4. contracts blood vessels. 5. Inhibits secretion of some anterior pituitary hormones.

6. Clinical uses: 1. Inhibition of endocrine tumor effects like carcinoid which can cause secretory diarrhea and systemic symptoms (Flushing and wheezing).

2. Diarrhea due to vagotomy (cutting the branch of the vagus that stimulates gastric acid secretion) and Dumping syndrome (when food (especially with high sugar) moves very fast to the small bowel) of AIDS.

3. (in small doses) can stimulate motility in small bowel bacterial overgrowth or intestinal pseudo-obstruction secondary to scleroderma.

4. Pituitary tumors and GI bleeding.

Lecture 4:

Treatment of Irritable Bowel Syndrome (IBS)

→ IBS → An idiopathic, chronic, relapsing disorder characterized by abdominal discomfort (pain, bloating, distention or cramps with alteration in bowel habits (diarrhea, constipation, or both).

↳ the therapies are directed at relieving abdominal pain and improving bowel function.

↳ Drugs: 1. Antispasmodic or anticholinergic agents (Dicyclamine, Hyoscyamine).

2. Serotonin 5-HT₂ receptor antagonist (Alosetron) 3. Serotonin-4 agonist (Tegaserod)

1. Antispasmodic or Anticholinergic Agents: Dicyclamine + Hyoscyamine.

- Spasm is not an important symptom in IBS.

- Low Doses. - Have minimal side effects.

- Inhibit muscarinic receptors in the enteric plexus and on smooth muscle.

2. Serotonin 5-HT₂ Receptor Antagonists:

- 5-HT₂ receptors are present in 1. the afferent pain fibers in the extrinsic sensory neurons. 2. the terminals of the enteric cholinergic neurons.

- 5-HT₂ is involved in the central response to visceral afferent stimulation.

- Alosetron:

↳ selective antagonist of 5-HT₂ receptors. ↳ long duration of action.

↳ Approved for women with severe IBS with diarrhea is the dominant symptom.

↳ Efficacy in men is not established.

↳ Adverse effects → ischemic colitis (↓ blood flow to part of large intestine) severe constipation requiring hospitalization and surgery.

3. Tegaserod: serotonin-4 agonist.

↳ For short term treatment of women with IBS who predominantly have constipation. ↳ It reduces pain, bloating and hardness of stool.

↳ Expensive.

→ IBS → Symptomatic treatment including stress management and education

of the patient (First step)



Antivomiting Antiemetic Agents:

→ Conditions that cause nausea and vomiting:

1. Adverse effect of medications. 2. Systemic disorders or infections.

3. Pregnancy. 4. Vestibular dysfunction. 5. CNS infection or pressure.

6. Politritis. 7. Hepatobiliary disorders. 8. Radiation of chemotherapy.

9. GI obstruction, dysmotility of infections.

→ Cranial nerves VIII and X and neural networks in the nucleus tractus

Solivarius (control vestibular, somatic and visomotor centers) → will interaction with Vomiting Center (VC) in the brainstem → which cause vomiting.

→ Vomiting center contains high concentrations of 1. M₁ receptors.

2. H₁ receptors (for histamine) 2. Neurekinin receptors (NK1) → for substance

4. 5-HT₂ receptors (for serotonin). ↳ Stimulation of these receptors will cause vomiting.

→ Vomiting is a protective reflex that prevents the ingestion of toxins.

→ Drugs:

1. Serotonin 5-HT₂ Antagonists: ↳ التقيؤ إلى بسبب تقيؤ المعدة والبنكرياس

↳ Examples → Ondansetron, Granisetron.

↳ Block central and peripheral (Main effect) 5-HT₂ receptors

↳ Prevent emesis due to vagal stimulation and chemotherapy (↳ surgery and radiotherapy)

↳ Poorly control other emetic stimuli as motion sickness.

↳ Uses → Prevention of acute chemotherapy-induced nausea and emesis and postoperative nausea and vomiting → work in 5-HT₂ receptor.

↳ Their efficacy is enhanced by combination therapy with Dexamethasone and NK₁-receptor antagonists.

↳ Adverse effects → Headache, dizziness, and constipation.

2. NK₁ receptor Antagonists:

↳ Block NK₁ receptors in the area postrema.

↳ Examples → Aprepitant.

↳ It is used in combination with 5-HT₂ receptor antagonist and corticosteroids for the prevention of acute and delayed nausea and vomiting from chemotherapy.

3. Cannabinoids:

↳ Examples → Nabilone, Dronabinol.

↳ Psychoactive agents (إشغال عصب)

↳ Used for chemotherapy-induced vomiting.

↳ No understood mechanism (slides) → (إشغال عصب CB₁ receptors) (Antiemetic effect due to stimulation of vomiting center)

↳ Adverse effect → Euphoria, dysphoria, sedation, hallucinations, dry mouth and increased appetite (إشغال عصب).

4. Antipsychotic drugs:

↳ Examples → Prochlorperazine, Promethazine, Droperidol.

↳ Blocking of dopamine (D₂) and muscarinic M₁ receptors.

↳ Adverse effects → Anticholinergic activity → Sedative effects

5. Benzodiazepines:

↳ Examples → Lorazepam, Diazepam.

↳ ↓ Vomiting caused by anxiety.

Lecture 58-

Antiprotozoal Drugs. For protozoal and helminthic.

→ they cause diseases in migrant workers of individual returning from an endemic area

→ Protozoal Diseases:

1. Amebiasis:

- ↳ by *Entamoeba histolytica*. ↳ endemic in parts of the US.
- ↳ It can present in the host as encysted or trophozoite's.
 - ↳ Feeding ↳ Mobile ↳ replication.
 - ↳ excystation
 - ↳ encystation
 - ↳ in feces infectious & resistant
- ↳ Asymptomatic or severe amebic dysentery (Frequent passage of blood stained stools.
- ↳ Symptoms occur after infection of intestinal mucosa by trophozoite (Protozoan)
- ↳ Trophozoites may go to the portal vein → to the liver producing acute amebic hepatitis.
- ↳ Many people continue to secrete cysts for several years after recovery from the acute disease.

↳ Diseases by *Entamoeba histolytica* - Asymptomatic infection, mild to moderate colitis, severe infection (dysentery), Ameboma (tumor-like mass which results in a large local lesion), liver abscess and other extraintestinal infections

↳ Treatments:

- Asymptomatic intestinal infection
 - ↳ Treated by luminal amebicides.
 - 1. Diloxanide Furoate. 2. Iodoquinol.
 - 3. Paromomycin.
- Amebic Colitis
 - ↳ Metronidazole + luminal amebicide ⇒ treatment of choice.
 - ↳ Tinidazole and efthromycin ⇒ Alternative drugs for moderate colitis but are not effective against extraintestinal disease.
 - ↳ Dehydroemetine or emetine can also be used, but they are toxic so should be avoided.

2. Balantidium Colis:

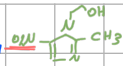
- ↳ The largest Protozoans that infect humans.
- ↳ Trophozoite form is covered with cilia (impair motility).
- ↳ Ingestion of cyst-contaminated soil, food or water leads to infection.
- ↳ The trophozoite causes superficial necrosis or deep ulceration in the mucosa and submucosa of the large intestine.
- ↳ Healthy persons commonly exhibit nausea, vomiting, abdominal pain and diarrhea.
- ↳ Stressed patients may develop severe dysentery.

→ Classes of oral antiprotozoal drugs: Commonly used



↳ Metronidazole and doxycycline are also used in bacterial infections.

1. Metronidazole: Flagyl/Metrogel



- ↳ Drug of choice in the treatment of extraluminal amebiasis.
- ↳ Kills trophozoites but not cysts. ↳ eradicate intestinal and extraintestinal infections
- ↳ Tinidazole has similar activity and better toxicity profile than metronidazole.
 - ↳ Feeding ↳ Mobile ↳ replication.
- ↳ Has metronidazole activity against most anaerobic bacteria and several protozoa.
- ↳ It freely penetrates protozoal and bacterial cells but not mammalian cells.
- ↳ Pyruvate-ferredoxin oxidoreductase (enzyme found only in anaerobic organisms) → Reduces Metronidazole → The drug is active
- ↳ it disrupts replication and transcription and inhibits DNA repair.
- ↳ Clinical uses:

1. Amebiasis → Drug of choice for all tissue infection with *E. histolytica*.
 - ↳ Not effective with luminal parasites.
2. Giardiasis → Drug of choice.
- ↳ Efficacy after a single treatment is 90%. ↳ Tinidazole is equally effective.
3. Trichomoniasis → Drug of choice.
 - ↳ Single dose of 2g is effective.

↳ Adverse Effects and Cautions:

1. Common → Nausea, headache, dry mouth, metallic taste.
 2. Infrequent → Vomiting, diarrhea, insomnia, weakness, dizziness.
 3. Rare → Pancreatitis and severe CNS toxicity (Tinidazole doesn't have this toxicity)
 - congenital abnormalities have not clearly been associated with use in humans, but it is best avoided in pregnant or nursing women.
2. Tinidazole:
- ↳ Has many of same side effects of metronidazole
 - ↳ Can be given in a single dose.
 - ↳ nifurtimol is an alternative drug to metronidazole or tinidazole in the treatment of trichomoniasis.