

# **Cancer Chemotherapy**

## **Drugs for Leukemias and Lymphomas**

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# Cancer Chemotherapy

- “**Magic bullet**” drug, is a dream that did not materialize yet.
- Cytotoxic drugs are given in repeated courses arranged so that the recovery of normal cells can occur, but little recovery of cancer cells is possible.

# The Ideal Anticancer Drugs

- Exploits the differences between normal and tumor cells.
- Broad spectrum of activity.
- Good distribution through the body.
- Non-immunogenic.
- Adequate biological half life.
- Reasonably priced.

# Current Anticancer Drugs

- Carcinogenic.
- Mutagenic.
- Teratogenic.
- Immunosuppressive.
- Very toxic, but tolerance can develop.

# Cancer Chemotherapy - basics

- Anticancer drugs have a **small therapeutic index**.
- They produce toxic side effects.
- Know the toxicities.
- **Drug combinations** - use ones that have different mechanisms and different toxicities.
- **Drug cycles** - Visible tumor = 1g or  $10^9$  cells. Each cycle of therapy kills less than 99% of the cells, so multiple cycles are necessary to kill all tumor cells.

# Cancer Chemotherapy - basics

Rapidly dividing cells are most susceptible -

- cancer cells
- bone marrow
- hair follicles
- intestinal epithelium

Slow growing tumors are less or unresponsive

- (colon and lung cancer)

# Cell Cycle

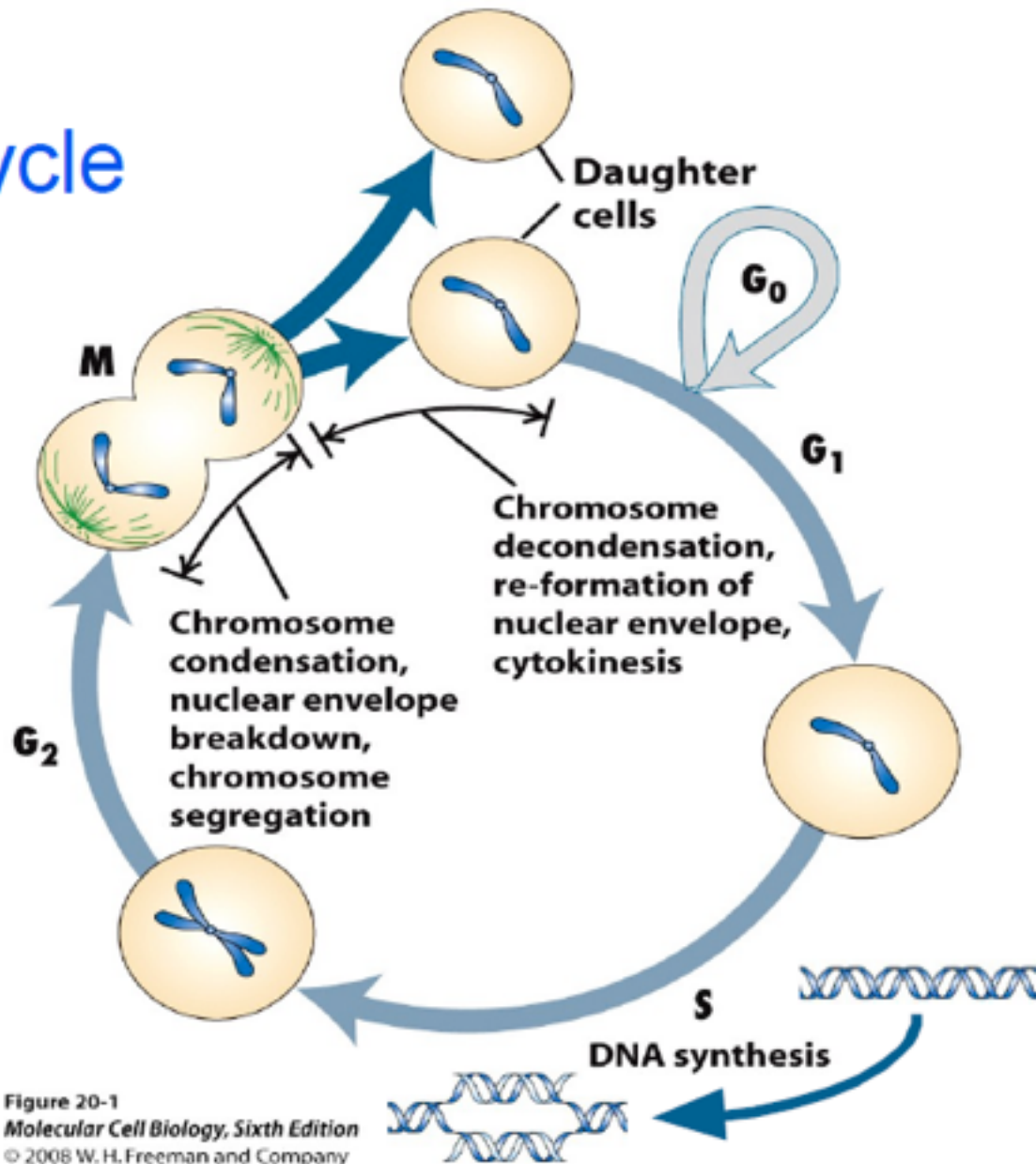
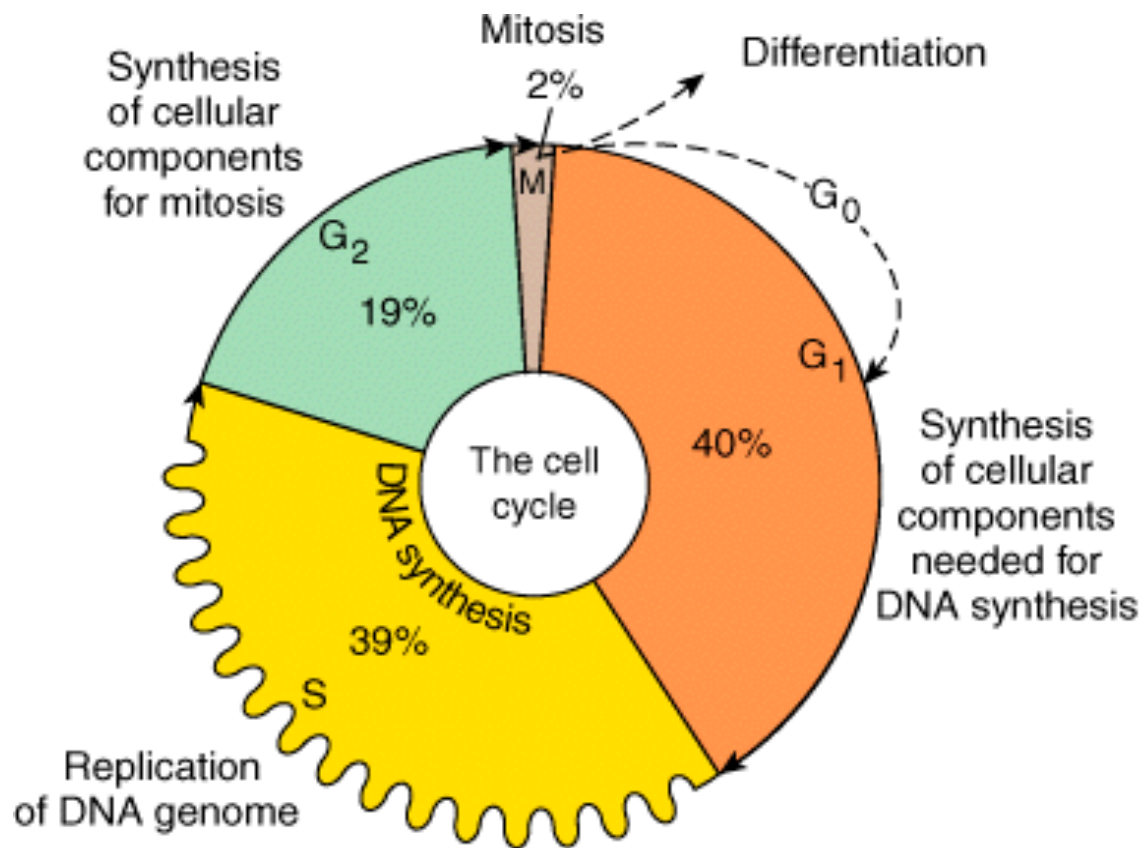


Figure 20-1  
*Molecular Cell Biology, Sixth Edition*  
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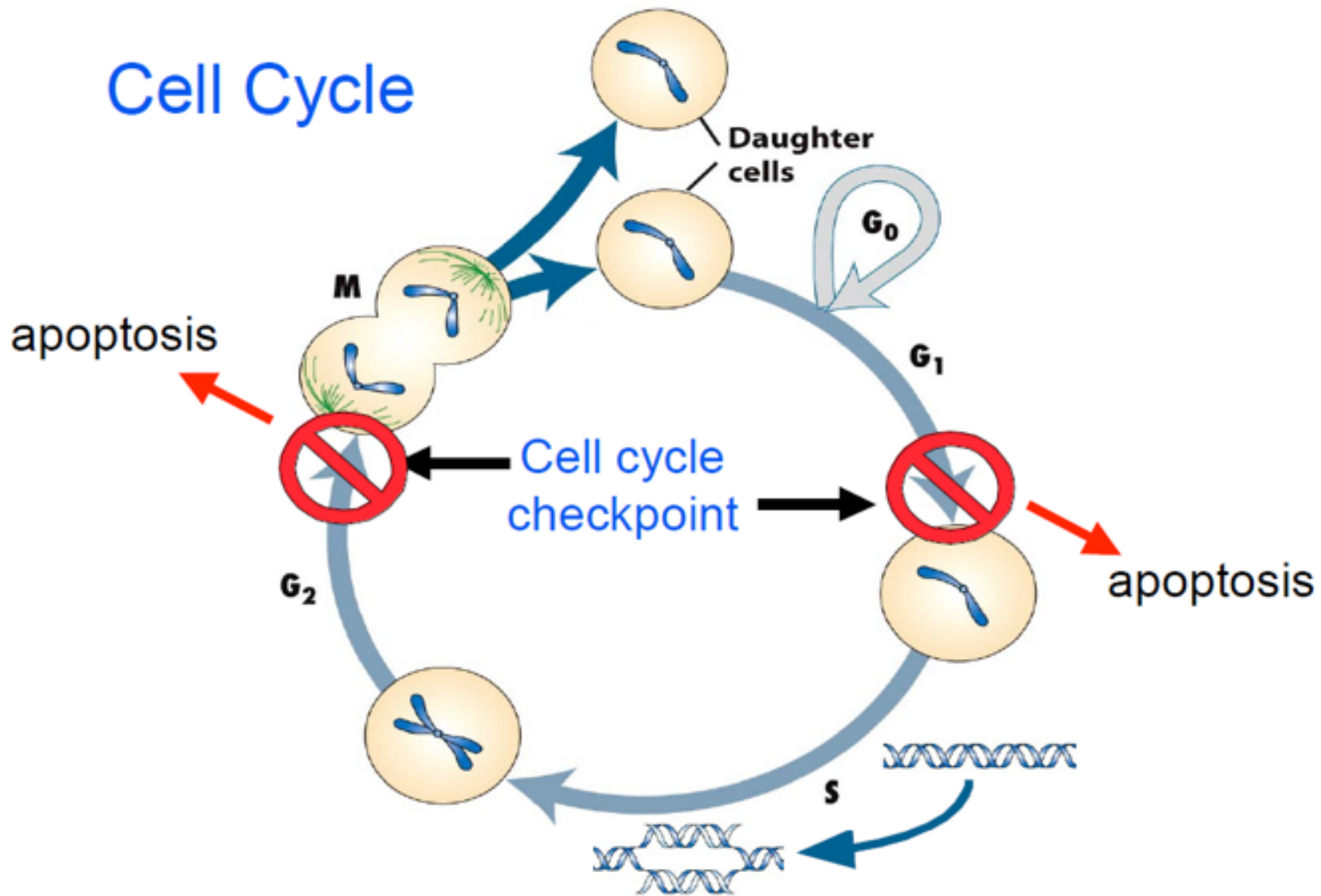


Source: Katzung BG, Masters SB, Trevor AJ: *Basic & Clinical Pharmacology*, 11th Edition: <http://www.accessmedicine.com>

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# Cell Cycle



# Chemotherapeutic Drugs: cell cycle dependence

## Cell cycle specific:

### Antimetabolites

- Methotrexate
- Fluorouracil
- Capecitabine
- Cytarabine
- Mercaptopurine

### Antibiotic

- Bleomycin

### Agents from plants

- Vincristine, Vinorelbine
- Vinblastine
- Paclitaxel, Docetaxel
- Etoposide

## Cell cycle nonspecific:

### Alkylating agents

- Mechlorethamine
- Cyclophosphamide
- Chlorambucil
- Ifosfamide
- Carmustine
- Lomustine
- Busulfan

### Platinum analogs

- Cisplatin, Carboplatin

### Antibiotics

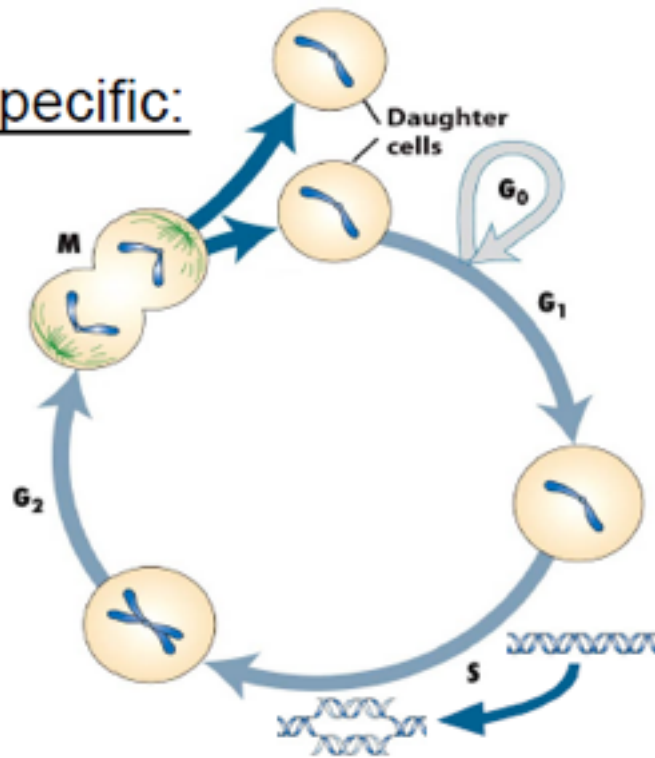
- Doxorubicin
- Epirubicin
- Dactinomycin

# Chemotherapeutic Drugs:

## Cell cycle phase specific action

### M phase specific:

vincristine  
vinblastine  
vinorelbine  
paclitaxel



### S phase specific:

cytarabine  
6-mercaptopurine  
methotrexate

# Alkylating Agents

## Nitrogen Mustards

- Mechlorethamine
- Cyclophosphamide
- Chlorambucil
- Ifosfamide

## Nitrosoureas

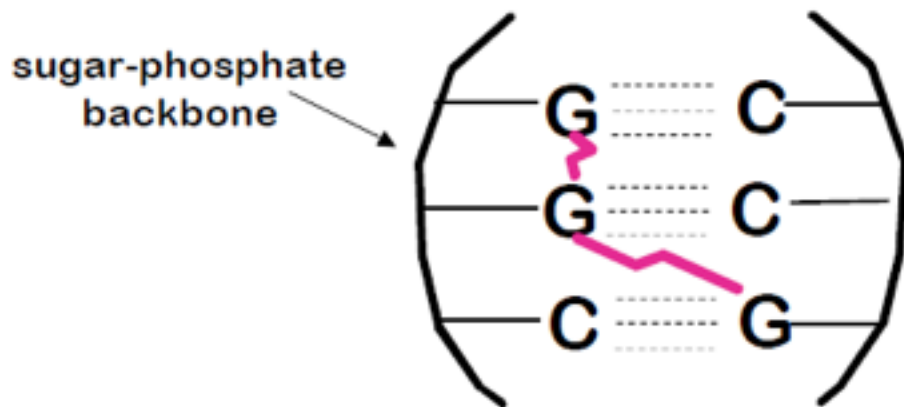
- Carmustine
- Lomustine

## Alkyl sulfonate

- Busulfan

## Platinum complexes

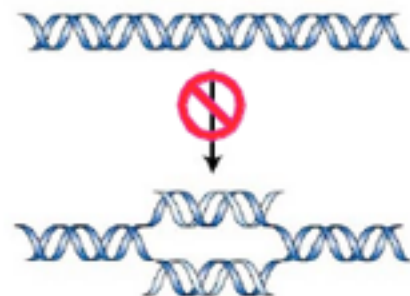
- Cisplatin
- Carboplatin



## Crosslinked DNA



Interferes with DNA replication  
and causes cell cycle arrest



# Alkylating agents

- Mechanism of Action:
- Alkylation of DNA is the major interaction that leads to cell death.
- The major site of alkylation within DNA is the N7 position of guanine.
- These interactions can occur on a single strand, or both strands of DNA through cross-linking.

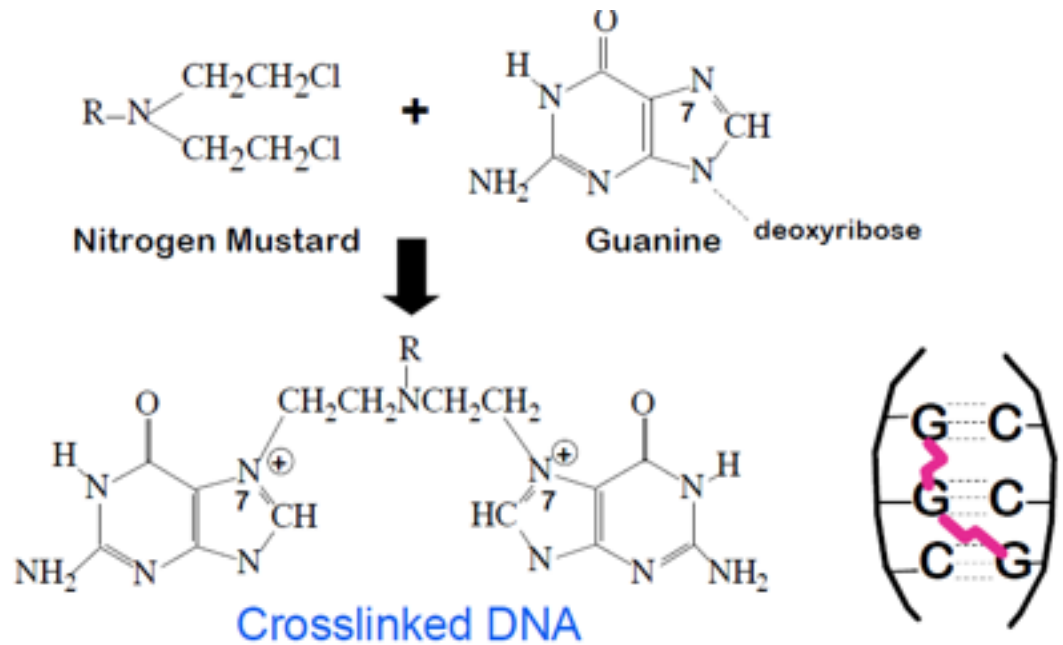
# Alkylating agents

Alkylation of guanine can result in:

- Miscoding through abnormal base-pairing with thymine.
- Depurination, by excision of guanine residues leading to DNA strand breakage.
- Cross-linking is of major importance to the cytotoxic action, and replicating cells are most susceptible.

# Alkylating Agents: Nitrogen Mustards

- Cyclophosphamide
- Ifosfamide
- Chlorambucil





# Cyclophosphamide

## Pharmacology:

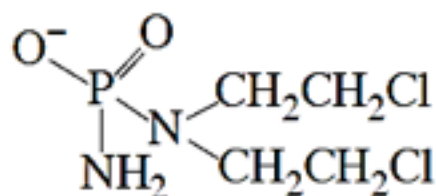
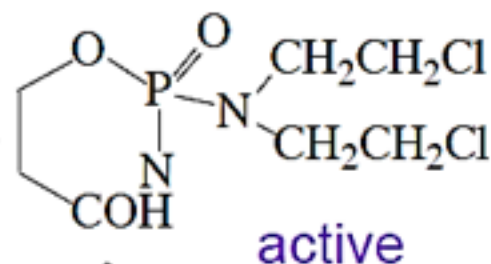
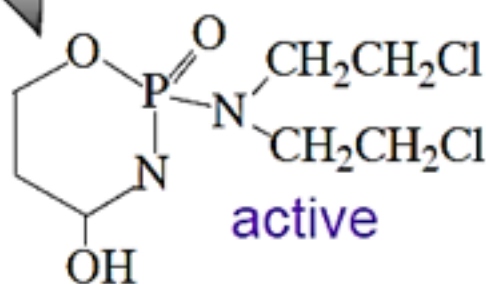
- well absorbed orally. A prodrug which must be converted by liver cytochrome P450 to active metabolite

## Toxicity:

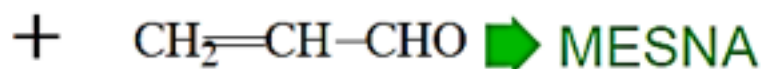
- N&V, **cardiotoxicity, hemorrhagic cystitis, “bladder burn”, or hematuria** - blood in urine, bone marrow toxicity



cytochrome P450



phosphoramidate mustard:  
toxic



acrolein:  
toxic hemorrhagic cystitis,  
hematuria, "bladder burn"

# Ifosfamide (IFEX)

- Activity greater than cyclophosphamide

## Pharmacology:

- Given IV with MESNA (2-mercaptoethane sulfonate).
- Converted by liver cytochrome P450 to active & toxic metabolites.
- Toxicity: N&V, **neurotoxicity** (confusion), **nephrotoxicity**, hemorrhagic cystitis or **hematuria** (prevented by concurrent MESNA), cardiac toxicity with high dose, bone marrow toxicity

# Alkylating agents: Nitrosoureas Carmustine & Lomustine

## Mechanism:

- inhibits DNA, RNA and protein synthesis

## Pharmacology:

- lipid soluble (cross blood-brain barrier)

Carmustine (BCNU) : IV infusion over 1-2hrs

Lomustine (CCNU) : taken orally

## Toxicity:

- profound delayed and cumulative bone marrow depression, N&V, pulmonary fibrosis, renal damage, reversible liver damage and leukemia.

# Alkylating agents: Alkyl sulfonates

## Busulfan

- Pharmacology: well absorbed orally; plasma  
half-life 2-3hrs
- Toxicity: N&V, bone marrow depression (stem cells), pulmonary infiltrates and fibrosis.

# Nonclassic Alkylating Agents

## Procarbazine (PO) and Dacarbazine (Parenteral)

- Inhibit DNA, RNA, and protein synthesis.
- Prolong interphase.
- Produce chromosome breaks, and DNA strand scission.
- Carcinogenic potential is higher than that of other alkylating agents.

# Nonclassic Alkylating Agents

## Adverse effects:

- Carcinogenesis- acute leukemia.
- Myelosuppression.
- Nausea and vomiting can be severe.
- Potent vesicants.
- CNS toxicity: neuropathy, ataxia, lethargy, and confusion.

# Antimetabolites

## **Methotrexate (MTX):**

- It is a folic acid analog that inhibits dihydrofolate reductase, interfering with the synthesis of tetrahydrofolate.
- THF serves as the key one-carbon carrier in the synthesis of thymidylate, purine nucleotides, and the amino acids serine and methionine.
- Thus, it interferes with the formation of DNA, RNA and key cellular proteins.



# Antimetabolites

- Intracellular formation of polyglutamate metabolites, with the addition of up to 5-7 glutamate residues, is critically important for the therapeutic action of MTX.
- This process is catalyzed by polyglutamate synthase.
- MTX polyglutamates are selectively retained within cancer cells.

# Antimetabolites

## Resistance develops due to:

1. Decreased drug transport via the reduced folate carrier or folate receptor protein.
2. Decreased formation of cytotoxic MTX polyglutamate.
3. Increased levels of the target enzyme, dihydrofolate reductase, through gene amplification.

# Antimetabolites

4. Altered DHFR protein with altered affinity for MTX.
5. Activation of the multidrug resistance transporter P170 glycoprotein.

# Antimetabolites

- MTX is administered by oral, intravenous, and intrathecal routes.
- Oral bioavailability is saturable and erratic at doses greater than 26 mg/m<sup>2</sup>.
- Mainly eliminated by the kidney through glomerular filtration and active tubular secretion, thus dose reduction is needed in renal dysfunction.
- Its renal excretion is inhibited by aspirin, other NSAIDs, penicillins, and cephalosporins.

# Antimetabolites

- The biologic effects of MTX can be reversed by administration of the reduced folate leucovorin (5-formyltetrahydrofolate).
- Leucovorin rescue is used in conjunction with high-dose MTX therapy to rescue normal cells from undue toxicity, and in accidental overdose.

# Antimetabolites

## **Adverse effects:**

- Mucositis, diarrhea
- Myelosuppression (neutropenia and thrombocytopenia).

# Antimetabolites

## Cytarabine (Ara-C):

- It is an S phase specific antimetabolite that is converted by deoxycytidine kinase to the 5'-mononucleotide (ara-CMP).
- ara-CMP is further metabolized to the di- and tri-phosphate metabolites (ara-CTP).
- ara-CTP may be the main cytotoxic metabolite.

# Antimetabolites

- It competitively inhibits DNA polymerase- $\alpha$  and DNA polymerase- $\beta$ , thereby blocking DNA synthesis and DNA repair, respectively.
- It is also incorporated into DNA (and RNA) which interferes with chain elongation and defective ligation of fragments of newly synthesized DNA.



# Antimetabolites

- Given by IV infusion over 5-7 days.

## Adverse effects:

- Myelosuppression (neutopenia and thrombocytopenia)
- Mucositis, nausea and vomiting
- Neurotoxicity (cerebellar ataxia).