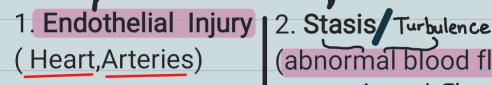
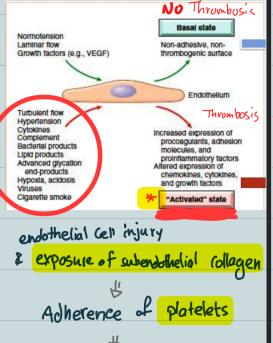
Pathological Thrombosis

whenever unnecessary blood clotting is activated

is caused by the presence of at least one of 3 factors (together called Virchow's triad)



* Endothelial cells are special type of cells that cover the inside surface of blood vessels and heart.



(abnormal blood flow) normal Blood Flow Laminar Flow

Stasis is a major factor in venous thrombi

Stasis & Turbulence Cause the following

* Disrupt normal blood flow

* prevent dilution of activated clotting factors by fresh flowing blood

* Retard the inflow of clotting factor inhibitors

* Promote endothelial cell injury

3. Blood Hypercoagulability

Genitic (Primary)

mutations in factor V gene and prothrombin gene

Acquired (Secondary)

More frequent multifactorial & more complicated

Injury results in

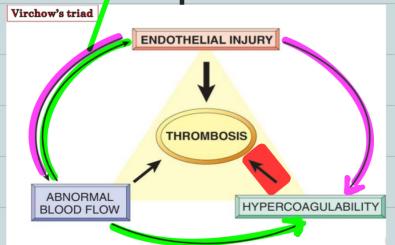
a healing response

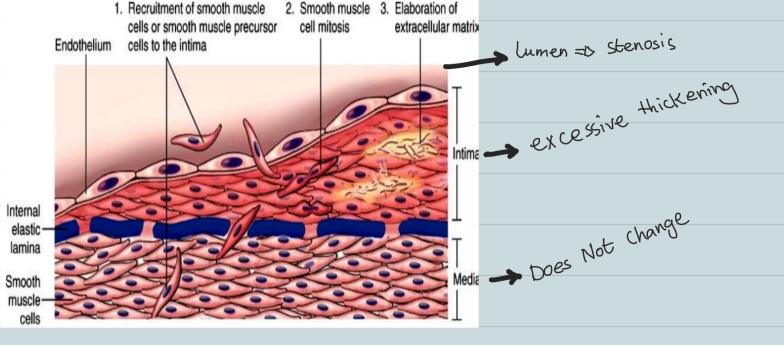
Pathologic effect of vascular healing: Excessive thickening of the intima

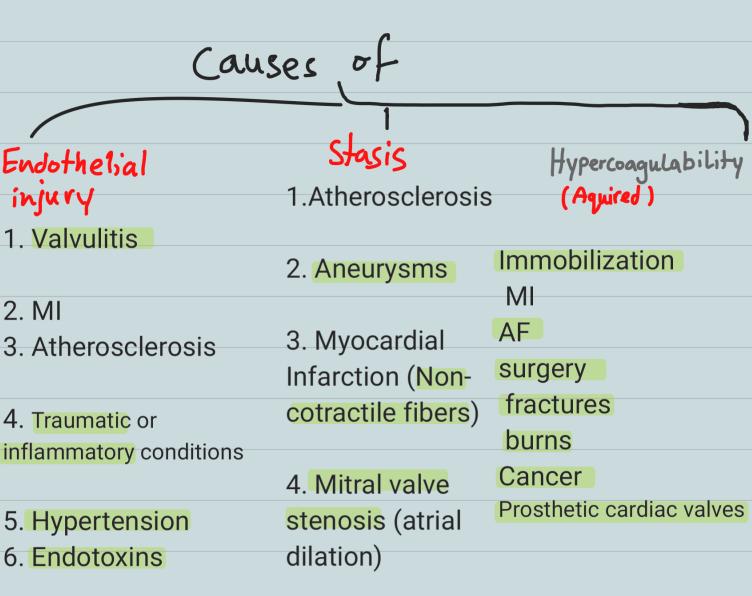
Tissue factor

luminal stenosis & blockage of vascular flow

Coagulation event







5. Hyper viscosity

syndrome (PCV

and Sickle Cell

anemia)

7. Hypercholesterolemia

8. Radiation

9. Smoking

MORPHOLOGY OF THROMBI

- Can develop anywhere in the CVS (e.g., in cardiac chambers, valves, arteries, veins, or capillaries).
- Arterial or cardiac thrombi → begin at sites of endothelial injury or turbulence; and are usually superimposed on an atherosclerotic plaque
- Venous thrombi → occur at sites of stasis. Most commonly the veins of the lower extremities (90%)
 - Thrombi are focally attached to the underlying vascular surface.
 - The propagating portion of a thrombus is poorly attached → fragmentation and embolus formation



No Lines of Zahn in Postmortem blood clots
Non laminated clots

· mural thrombi- in Heart chambers Aprlic lumen

Cardiac Vegetations - on heart values

Types:

1- infectious (Bacterial or fungal blood-borne infections)

e.g. infective endocarditis

2-non-infectious:

e.g. non-bacterial thrombotic endocarditis

Fates of a Thrombus

resolution

Dissolution

Thrombi are removed by fibrinolytic activity (only

in recent thrombi)

propagation

accumulate additional platelets and fibrin, eventually causing vessel obstruction

Thromboembolism

Embolization

Thrombi dislodge or fragment and are transported elsewhere in the vasculature

organization

Mycofic

superimposed

infection

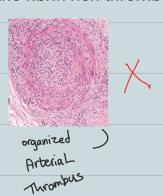
aneurysm

recapalization

Thrombi induce inflammation and fibrosis. These can recanalize (re establishing some degree of flow), or they can be incorporated into a thickened vessel

wall

*Organization refers to the **ingrowth** of endothelial cells, smooth cells and fibroblasts into the fibrin rich thrombus.



Embolism

An embolus is a detached intravascular **solid**, **liquid**, or **gaseous** mass that is carried by the blood to a site distant from its point of origin

©consequences of embolism: <u>ischemic necrosis</u> (**infarction**)

of downstream tissue



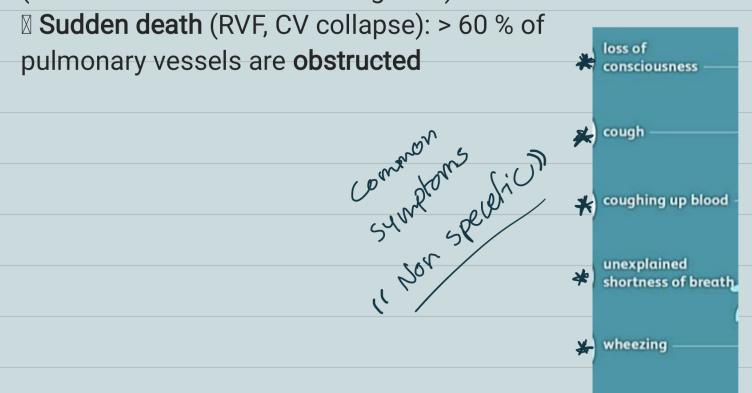
17 Thromboembolism



Target lower limbs 75%

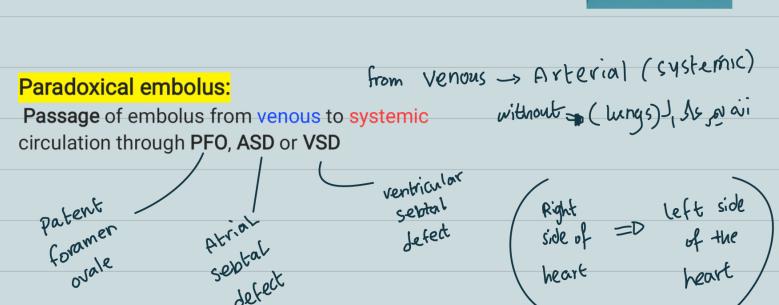
· Pulmonary Thromboembolism

- Asymptomatic (60%-80%; small)
- Pulmonary infarction (large)
- Pulmonary hemorrhage
- Pulmonary Hypertension and right ventricular failure: (showers of emboli over a long time)



SADDLE EMBOLUS

Large Embolus Occluding The **Bifurcation** Of **Pulmonary** Artery Trunk (FATAL)



dull chest pain

pain in calf or thigh

@ Arterial (systemic) Thromboembolism

- Emboli traveling within the arterial circulation
- 80% due to intracardiac mural thrombi (origin)

cause (airo, air) Lower limbs; Brain; Intestine; Kidneys; Spleen; etc...

(any organ that has arterial supply!)

causes:

- -2/3 Lt. ventricular failure
- ¼ Lt. atrial dilatation
- Ulcerated atherosclerotic plaque
- Aortic aneurysm
- valve vegetation

Fat embolism

Causes:

- 1. Skeletal injury: (long bones fractures)
- 2. Adipose tissue Injury: (e.g. fat necrosis in acute pancreatitis)

Results:

- 1- Mechanical obstruction of vessels
- 2- Free fatty acid release: toxic injury to endothelium + systemic immune response
- ** only 10% or less have clinical findings
- = Fat embolism syndrome Fat embolus







- Pulmonary Insufficiency (rapid breathing; shortness of breath)
- Neurologic symptoms (mental confusion; lethargy; coma)
- petechial rash (pinpoint rash, found on chest, head, and neck area due to bleeding under skin)
 - **Fever**
 - Anemia
 - Thrombocytopenia
 - Death in 10% of cases

> Therapy For Fat embolism Syndrome

- ono specific treatment
- prevention, early diagnosis, and adequate symptomatic treatment are of paramount importance.
- Supportive care is the mainstay of therapy
- Includes: maintenance of adequate oxygenation and ventilation, stable haemodynamics, blood products as clinically indicated, hydration, prophylaxis of deep venous thrombosis and stress-related gastrointestinal bleeding, and nutrition.

3 Air Embolism

- **A** Causes:
- 1. Surgical & obstetric procedures
- 2. Traumatic chest wall injury
- 3. <u>Decompression sickness</u>: in **Scuba deep-sea divers**.

((nitrogen))

المراقع الموقع الموقع الموقع الموقع الموقع المراقع الم

Clinical consequences

- 1. Painful joints: rapid formation of gas bubbles within Skeletal Muscles and supporting tissues.
- 2. Focal ischemia in brain and heart
- 3. Respiratory distress (chokes) → Lung edema, hemorrhage, atelectasis, emphysema _
- 4. Caisson disease: in scuba divers; gas emboli in the bones leads to multiple foci of ischemic necrosis, usually the heads of the femurs, tibias, and humeri

Amniotic Fluid embolism [very rave high mortality rate infusion of amniotic fluid into maternal circulation via 20-40 1. tears in placental membranes and rupture of uterine veins.

Microscopic Findings upon autopsy:

fetal squamous cells, lanugo hair, fat, mucinetc within the maternal pulmonary microcirculation

Symptoms:

sudden severe dyspnea

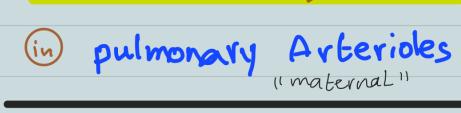
cyanosis

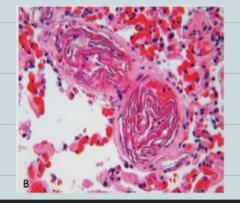
ARDS متلازمة الضائقة التنفسية الحادة

hypotensive shock, followed by seizures, DIC and coma

Amniotic Fluid embolys

= Keratin & Fetal Squamous cells





Infarction also

infarct = an area of ischemic necrosis caused by occlusion of arterial supply or venous drainage

histologic hallmark:

ischemic coagulative necrosis (ultimately replaced by scar) [note: The brain is an exception (liquefactive necrosis)].

- § 99% result from thrombotic/ embolic events
- Other mechanisms: local vasospasm, expansion of atheroma, extrinsic compression of vessel (e.g., by tumor); vessel twisting (e.g. testicular torsion; bowel volvulus); and traumatic vessel rupture
- infarcts may be either red (hemorrhagic) or white (anemic) and may be either septic or bland
- wedge-shaped (occluded vessel at the apex and periphery of organ forming the base)
- Margins of infarcts become defined with time

Factors that influence development of infarcts

- nature of <u>vascular supply</u>
- Itissue vulnerability to hypoxia and irreversible damage
- Neurons → only 3 minutes
- Myocardial cells → 20 to 30 minutes
- Oxygen content of blood

RED INFARCTS:

- o occur in any of the following scenarios:
- (1) **venous** occlusions (e.g. ovarian torsion)
- (2) **loose** tissues (e.g. lung)
- (3) tissues with dual circulations (e.g. lung and small intestine)
- (4) previously congested tissues because of sluggish venous outflow
- (5) when flow is **re-established** to a site of previous arterial occlusion and necrosis



WHITE INFARCTS

occur with: **arterial** occlusions in **solid** organs (such as heart, spleen, and kidney).

Septic infarctions:

- occur when infarct is superimposed by infection;
- examples:
- 1- infected vegetations
- 2- microbes seed an area of necrotic tissue
- infarct is converted into **abscess** with a greater inflammatory response

alson!

Q: If we have an embolus in the pulmonary artery will the embolus be considered of venous or arterial origin and will its final target be the lungs?

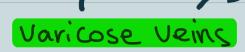
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A: Embolism in the pulmonary arteries belongs to venous embolism and the main target is the lung itself. It is a bit confusing but remember that pulmonary artery carries venous blood from the right side of the heart to the lungs, so it's quite the opposite to what do arteries do.

=mbolism

- •Q: Can pulmonary embolism be of an arterial origin?
- •A: Yes, the lung can be a target of both venous and arterial embolism types. It depends on the side of the circulation it originated from. So if the embolus is coming from venous circulation and is reaching the lung through the right side of the heart it is a venous embolus. On the other hand, if the embolus is coming out of the left side of the heart and reaching the lung through bronchial circulation, then it is an arterial embolus.

patholog of Veins



Females > males 30% 10-207

g phlebothrombosis

hrombophlebiti

abnormally dilated, tortuous

veins produced by prolonged increase in intra-luminal

<u>pressure</u> and loss of vessel wall support.

- The superficial veins of the legare most typically involved

Symptoms

venous stasis and edema

(simple orthostatic edema)

+ cosmetic effect

Risk Factors

- **∅** Obesity
- **Female** gender
- **Pregnancy**
- **Familial tendency**

(premature varicosities

results from imperfect

venous wall development)

microscopic morphology

- Vein wall thinning
- intimal fibrosis in adjacent segments
- spotty medial calcifications

(phlebosclerosis)

- Focal intraluminal thrombosis
- venous <u>valve</u> deformities
 (rolling and shortening)

Complications

Mstasis, congestion, edema, pain, and thrombosis

Mchronic varicose ulcers

Membolism is very rare

Inflammation + thrombosis of veins

Symptoms

distal edema, cyanosis, superficial vein dilation, heat, tenderness, redness, swelling, and pain

Risk Factors

congestive heart failure,
neoplasia, pregnancy,
obesity, the postoperative
state, and prolonged bed
rest or immobilization

Thrombophlebitis of <u>upper</u> <u>limb veins</u> are usually associated with local risk factors like:

catheter or canula site; or in some cases can be associated with systemic hypercoagulabilities

Thrombophlebitis

migratory

Thrombophlebitis

(Trousseau sign):

- hypercoagulability
occurs as a
paraneoplastic
syndrome related to
tumor elaboration of
pro-coagulant factors
(e.g. colon cancer;
pancreatic cancer;
etc...)

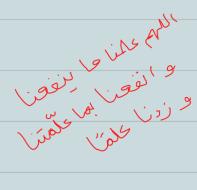
superior vena caval syndrome

caused by
neoplasms that
compress or
invade the
superior vena cava
Most common is
lung cancer

uena caval Syndrome

□ caused by
 neoplasms
 compressing or invading inferior
 vena cava
 (m/c:
 hepatocellular
 carcinoma and
 renal cell
 carcinoma)
 □ striking
 tendency to grow
 within veins

marked lower
extremity edema,
distention of the
superficial
collateral veins of
the lower
abdomen
(medusa)



Pathology of lymphatics

Lymphedema

Lymphangitis

Chylous

Swelling & inflammation

Below the Blockage site

to bacterial infections
spreading into lymphatics

Milky accumulations of lymph in various body cavities

- lymphedema Cystic hygroma lymphatic <u>agenesis</u> or hypoplasia.
- m/c are group A βhemolytic streptococci.

lymphatics are dilated

of neutrophils and

monocytes.

and filled with an exudate

© caused by rupture of dilated lymphatics, typically obstructed secondary to an infiltrating tumor mass

- Secondary (obstructive)
 lymphedema
 blockage of a previously
 normal lymphatic
 examples:
- red, painful subcutaneous streaks (inflamed lymphatics), with painful enlargement of the draining lymph nodes (acute lymphadenitis).
 - types
 chylous ascites
 ent (abdomen)
 Chylothorax (chest)

- Malignant tumors

- Sometimes

 Surgical procedures removing lymph nodes

- Sometimes, subsequent passage into the venous circulation can result in bacteremia or sepsis.

- Post-irradiation

- Chylopericardium (pericardium)

- Fibrosis
- Filariasis
- Postinflammatory
 thrombosis and scarring

Post treatment effect

Arteriosclerosis

"hardening of the arteries" arterial wall thickening and loss of elasticity.

Arteriolosderosis

- · affects small arteries and arterioles
- · associated with

hypertension and/or diabetes mellitus

HYPERTENSIVE VASCULAR DISEASE

1 Hyaline Arteriolosclesosis

 Ass. with benign hypertension

- *elderly patients (normo-tensive)
- * diabetis mellitus
- homogeneous pink hyaline thickening of arteriolar walls
- luminal narrowing
- leakage of plasma components across injured endothelial cells into vessel walls
- increased ECM production by smooth muscle cells in response to *chronic hemodynamic stress*

Monckeberg

medial calcific sclerosis

> calcific deposits in muscular arteries

do *not* encroach on vessel *lumen* and are usually not clinically significant

• palpable vessels

typically in persons > age 50

radiographically visible (x-rays, etc...)



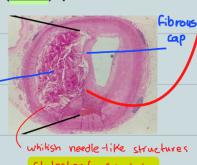
Atherosclerosis

characterized by intimal lesions =atheromas (a.k.a. atherosclerotic plaques)

 atheromatous plaque = raised lesion with a core of lipid (cholesterol and cholesterol esters) covered by a firm, white fibrous cap

inflammatory process in

endothelial cells of vessel wall associated with retained lowdensity lipoprotein (LDL) particles



Cholesterol Crystals

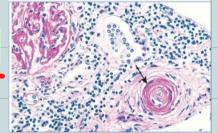
Most significant in kidneys

→ nephrosclerosis (glomerular scarring)

2 Hyperplastic arteriolosclerosis

With severe

(malignant) hypertension

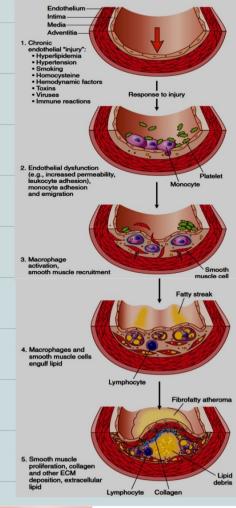


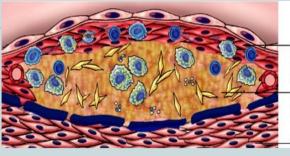
"onionskin"

thickening of arteriolar walls

- luminal narrowing
- reduplicated
 basement membrane
- <u>fibrinoid</u> vessel wall necrosis (necrotizing arteriolitis)



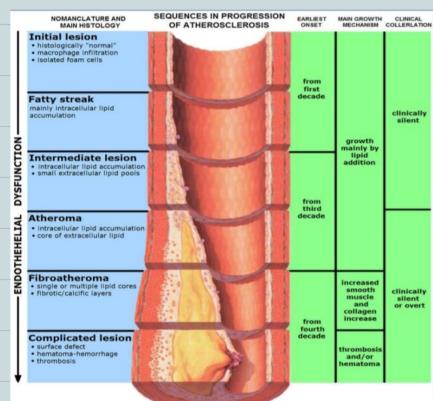




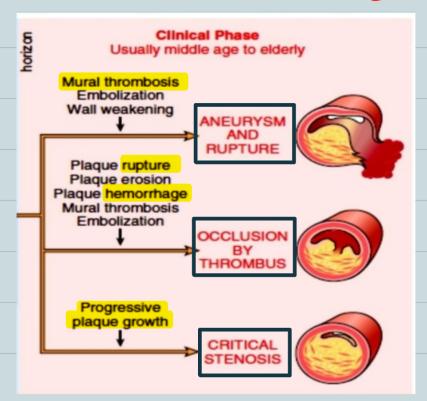
(smooth muscle cells, macrophages, foam cells, lymphocytes, collagen, elastin, proteoglycans, neovascularization)

 NECROTIC CENTER (cell debris, cholesterol crystals, foam cells, calcium)

MEDIA



Atheroscherosis progression



	•	TO 1	
Ma	ior	Ri	sks
V A. CA.	lor.	7.71	2172

Non-modifiable (non-controllable)

Increasing age

Male gender

Family history

Genetic abnormalities

Potentially modifiable (Controllable)

Hyperlipidemia

Hypertension

Cigarette smoking

Diabetes

C-reactive protein (inflammation)

1-age

- ages 40 to 60, incidence of MI in men increases 5 x
- Death rates from IHD rise with each decade

2-Gender

- Premenopausal* → protected against atherosclerosis compared with age-matched men.
- After menopause

 incidence of atherosclerosisrelated diseases increases
- * unless they are otherwise predisposed by diabetes, hyperlipidemia, or severe hypertension.

3-Genetics

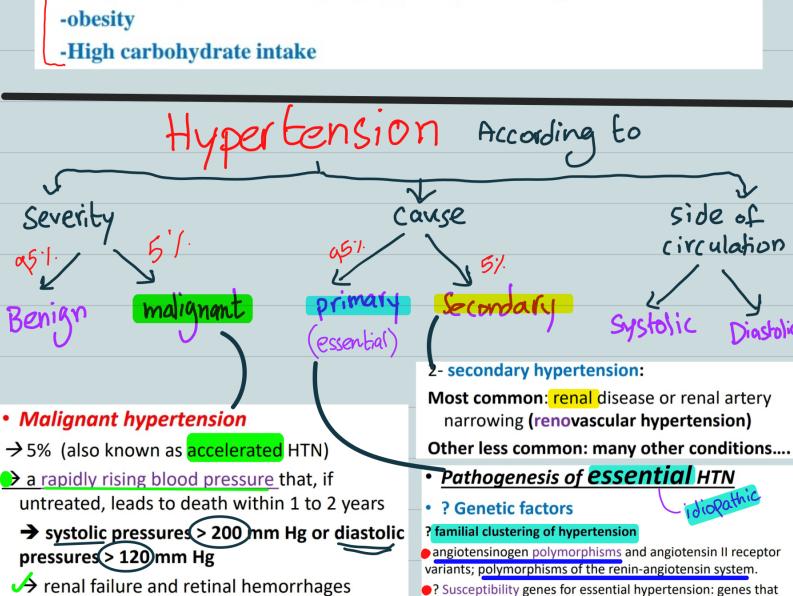
- familial predisposition is multifactorial.
- · Either:
- 1- familial clustering of other risk factors
- e.g. HTN or DM

or:

- 2- well-defined genetic derangements in lipoprotein metabolism
- e.g. familial hypercholesterolemia

Additional Risk Factors for atherosclerosis

- 20% of cardiovascular events occur in the absence of identifiable risk factors:
- Hyperhomocystinemia
- Metabolic syndrome
- **Lipoprotein** a levels
- **▶ Factors Affecting Hemostasis** (Elevated levels of procoagulants; Clonal hematopoiesis)
- Others:
- -lack of exercise
- -competitive, stressful lifestyle ("type A" personality)



usually superimposed on preexisting benign Environmental factors modify the impact of hypertension (either essential or secondary) genetic determinants

control renal sodium absorption, etc...

stress, obesity, smoking, physical inactivity, \uparrow salt consumption

HTN Potential complications:

- stroke (CVD) & multi-infarct dementia
- atherosclerotic coronary heart disease
- cardiac hypertrophy and heart failure (hypertensive heart disease)
- · aortic dissection
- · renal failure
- · retinal hemorrhages

سبحان الربية الحمر الربية الربية الآدارية الربية إلى الربية

Aneurysm

localized abnormal **dilation** of artery or heart

according to macroscopic shape & size

Soccular

spherical
outpouchings
-involving
only a portion
of vessel wall
may contain
thrombi

fusiform

diffuse, circumferential dilation of a long vascular segment

Ithey vary in diameter and length and can involve extensive portions of artery

all three layers of arterial wall or heart

True

Me.g.
Atherosclerotic, syphilitic, congenital aneurysms, ventricular aneurysms following transmural MI



pseudo-aneurysm

a breach in vascular wall leading to

hematoma

communicating with intravascular space ("pulsating

hematoma")

☑ E.g. ventricular
 rupture after MI contained by
 pericardial adhesion
 ☑ E.g. a leak at the junction of a vascular graft with a natural artery.

Note: shape and size are not specific for any disease or clinical manifestations

1) Aortic Anewysms The 2 most important causes

1- Atherosclerosis:

- most common cause
- →intimal plaques compress underlying media
- →compromise nutrient and waste diffusion into arterial wall
- >media degeneration and necrosis
- → thinning and weakening of media
- →dilation of vessel

- 2- Cystic medial degeneration of arterial media
- causes include: trauma; congenital defects
 (e.g., berry aneurysms); hereditary defects in
 structural components (Marfan); infections
 (mycotic aneurysms); vasculitis.

Abdominal Abrtic Aneurysm AAA

Atherosclerotic aneurysms occur most frequently in abdominal aorta (= AAA)

<u>common iliacs</u>, <u>arch</u>, and <u>descending parts of thoracic aorta</u> can also be

involved

Matherosclerosis is a major cause of AAA

🛮 other contributors include:

hoarseness
Chest pain

dyspnea

AAA Jeep abdominal pain or discomfort

pulsating feeling

1- Hereditary defects in structural components of the aorta:

(e.g., Marfan disease by defective fibrillin production affects elastic tissue synthesis)

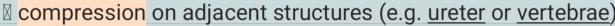
- 2- An <u>altered balance of collagen degradation and synthesis</u> mediated by <u>local inflammatory</u> infiltrates and the <u>destructive proteolytic enzymes</u>- (e.g. vasculitis)
- Usually below renal arteries and above bifurcation of aorta
- Ill can be saccular or fusiform
- 🛮 may be as large as 15 cm in diameter, and as long as 25 cm

 $\ \ \, \mathbb{N}$ Microscopically: **atherosclerosis**; $\underline{\textit{thinning of media}}$

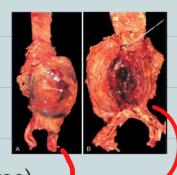
If frequently contains a laminated mural thrombus

Complications * Rupline * Thrombosis

- Rupture → massive hemorrhage. risk is directly related to size (≥5 cm)
- mortality for <u>unruptured</u> aneurysms = 5% if <u>rupture</u> mortality rate > 50%
- Obstruction of downstream vessel → ischemic injury
- M mural thrombus



abdominal mass (often pulsating)





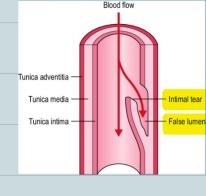
- Infection of a major artery that weakens its wall is called a mycotic aneurysm
- Il can originate from:
- (1) embolization of a septic thrombus (infective endocarditis)
- (2) extension of adjacent suppurative process
- (3) circulating organisms infecting arterial wall

3 Syphilitic Aneurysm

- Caused by The spirochetes T. pallidum
- A <u>rare</u> complication (early recognition and treatment of syphilis)
- Tertiary stage of syphilis can cause obliterative endarteritis of vasa vasorum of aorta
- aneurysmal dilation of aorta and aortic annulus
- eventually valvular insufficiency

Arterial Dissection

Extravasation of blood that enters the wall of artery through an intimal tear, as a hematoma dissecting between its layers.



- often but not always aneurysmal
- Both <u>true</u> and <u>false</u> aneurysms as well as <u>dissections</u>
 can rupture, often <u>with catastrophic consequences</u>

Aortic dissection

- A catastrophic event whereby blood dissects apart the media to form a blood-filled channel within aortic wall
- Complications are:
- massive hemorrhage
- cardiac tamponade (hemorrhage into the pericardial sac)

manifestations of aortic dissection

- Sharp chest/back pain
- Weak pulses in downstream arteries
- Blood pressure difference between Rt & Lt arms
- Mathematical Hypotension
- Shock
 Shock

Silver stain: display elastic fibers in black color

Pathogenesis of Aortic dissection

- ▶ <u>1- Hypertension</u> is *the* major risk factor
- pressure-related mechanical injury and/or ischemic injury.
- 2- inherited or acquired connective tissue
 disorders causing abnormal vascular ECM
- (e.g., Marfan syndrome, Ehlers-Danlos syndrome, vitamin C deficiency, copper metabolic defects)

-> Marfan syndrome

- The most common among inherited or acquired connective tissue disorders associated with aortic dissection
- Autosomal dominant disease of fibrillin, an ECM scaffolding protein required for normal elastic tissue synthesis
- Manifestations include:
- <u>ocular</u> findings (lens subluxation)
- <u>cardiovascular</u> manifestations

Aortic dissection Types

Type A dissection

- **More common**
- More dangerous
- Proximal to takeoff of major aortic branches
- Involve either ascending aorta only or both ascending and descending aorta (types I and II of the DeBakey

classification)



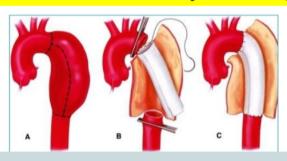
Type B dissection

- Distal to take off of major aortic branches
- Does not involve ascending aorta
- usually beginning distal to subclavian artery
- Also called DeBakey type III



Clinical course

- Previously, aortic dissection was typically fatal, but prognosis has markedly improved Rapid diagnosis and institution of:
- 1- antihypertensive therapy
- 2 surgical procedures involving plication of aorta, wall reconstruction with synthetic graft



all arise From &

Vascular Tumors

benign tumors

Contain vascular channels
Lined by normal-appearing endothelial cells

most common No metastasis Benign behavior

e.g. hemangioma

- ${\tt M}$ composed of **blood-filled vessels**.
- M m/c age: infancy & childhood
- Most are present from birth

 $(1/3 \rightarrow \underline{\text{liver}})$

Malignant transformation: very rare

Borderline tumors

intermediate between benign and malignant behavior

Rare
No metastasis
Locally aggressive

e.g. kaposi sarcoma

- a vascular neoplasm caused by human herpesvirus- 8 = HHV-8
- Several types: classic; endemic; Transplantationassociated; and AIDSassociated;
- AIDS-associated (epidemic) KS is an AIDSdefining illness (used as a criterion for diagnosis of AIDS)
- The most common HIV-related malignancy

kaposi sarcoma: Multiple red-purple skin plaques or nodules, usually on the distal lower extremities; progressively increase in size and number and spread proximally

Malignant tumors

More cellular
Cytologic atypia
Proliferative
Do not form wellorganized vessels

rare metastasis

e.g angiosarcoma

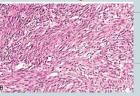
lesions can occur at any site, but most often involve the skin, soft tissue, breast, and liver.

- □ Pathogenesis = ?
 □ Carcinogens; ?unknown
- A latent period between exposure and tumor development

RISK FACTORS OF ANGIOSARCOMA

- Lymphedema → e.g.
 ipsilateral upper extremity
 several years after radical mastectomy with lymph
 node resection for breast cancer





Hemangismas

Capillary hemangioma

most common type

- skin and mucous membranes of oral cavity & lips Strawberry

hemangioma

of newborn

(juvenile hemangioma)

- m/c head & neck

- Usually **regress with** time



Progenic

granuloma

rapidly growing
pedunculated lesions
on gingival mucosa

- 1/3 <u>history</u> of trauma

Cavernous

hemangioma

large, <u>dilated</u> vascular channels

- deep organs (<u>liver</u> most common)

- do **not** spontaneously regress

Cardiac Tumors

Very rare

- Metastatic Neoplasms are the most common malignancy of heart (5% of patients dying of cancer).

- Benign tumors are also very rare but important for their critical location

CLINICAL FEATURES AND SIGNIFICANCE

- 1- "ball-valve" obstruction
- 2- Embolization
- 3- fever and malaise → tumor elaboration of interleukin-6
- Diagnosis: Echocardiography
- Treatment: <u>surgical</u> resection in <u>benign</u> tumors.

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