

## - Antihyperlipidemic drugs:

**1- statins:** inhibit HMG CoA reductase -> decrease intracellular cholesterol -> increase LDL receptors

◇ Decrease LDL + VLDL, increase HDL.

**Atorvastatin, rosuvastatin** -> the strongest

**Lovastatin, pravastatin, simvastatin, fluvastatin**-> intermediate

**Cerivastatin** -> weak

They all have the same efficacy, but they have different potencies of side effects at different doses.

S.E: myopathy Co Q10, rhabdomyolysis CK, nephrotoxicity, minor elevation of liver enzymes.

Don't use them with grapefruit or fibrates (except Pravastatin)

**2- Fibrates:** bind PPARs -> increase lipoprotein lipase -> decrease VLDL+LDL, increase HDL

**Fenofibrate, Gemfibrozil** (contraindicated in combined hyperlipidemia), **Bezafibrate**.

S.E: lithiasis, GI disturbances.

**3- bile acid- binding resins:** bind to bile acids and get excreted with feces -> increase LDLR-> decrease LDL

**Cholestyramine** and **colestipol**

Combine with **niacin**-> type IIa

Combine with **statins** too in case of extremely high hyperlipidemia.

S.E: GI disturbances, impair fat soluble drugs and vitamins absorption.

**4- Niacin:** inhibit lipolysis in adipose tissue -> decrease LDL+ VLDL, increase HDL / IIb+ IV

S.E: hyperuricemia, hyperglycemia, elevation of liver enzymes, **increase prostaglandin**-> flushing, GI irritation, peptic ulcer. (so contradicted in peptic ulcer patients)

\* Scratching of the dose or using aspirin to decrease its side effects.

Withdrawn from market.

**5- Ezetimibe:** inhibits cholesterol absorption, mild effect but increased with statins -> synergistic activity

S.E: headache+ diarrhea

## - New drugs of hyperlipidemia:

**1- bempedoic acid:** inhibition of ACYL -> decrease cholesterol -> increase LDLR + increase HDL

Selective to hepatic tissue bc it needs activation by very long chain acyl CoA synthase 1 which is mainly expressed in liver.

Use **ezetimibe** to inhibit duodenum cholesterol absorption.

S.E: hyperuricemia, gout, muscle pain, decrease hemoglobin-> anemia.

**2- PCSK9 inhibitors:** inhibition of this enzyme leads to increased liver LDLR and reduced cholesterol levels.

A- **monoclonal antibodies:** **Evolocumab, Alirocumab** / only flu- like symptoms

B- RNA silencing: **inclisiran**-> it's siRNA which needs GALNAc to carry it to the liver where it incorporates with RISC1-> can bind to PCSK9 mRNA.

S.E: injection site reaction

**3- ApoC-III inhibitor:** inhibition of this enzyme leads to more LPL-> decrease TG

**Volanesoren: ASO**-> siRNA, used in FCS, S.E: thrombocytopenia, injection site reaction.

**4- ANGPTL3 inhibitors:** inhibition of this enzyme leads to preserve LPL and EL-> decrease TG

A- **Evinacumab: monoclonal antibody** in serum

B- **Vupanorsen: ASO** in hepatocytes

### - Antiarrhythmic drugs:

**1- class I:** bind to sodium channels and prevent sodium influx.

**Class Ia:** moderate DT, reduce AP conduction velocity, increase ERP & APD

**Quinidine** (cinchonism), **procainamide, disopyramide**

S.E: Torsades de pointes with QT interval prolongation

**class Ib:** weak block, shortens ERP & APD, used in Ventricular tachyarrhythmias in case of prolong QT interval.

**Lidocaine/ S.E:** CNS effects

**class Ic:** marked block, only reduce AP conduction velocity, with normal ERP& APD

Used in atria, ventricles as a last choice.

**Propafenone** (slowed sinus rate), **flecainide** (vision problems+ teratogenic)

**2- class II:** in atria

**Class IIa:**  $\beta 1$  -adrenergic receptor inhibitors/ withdrawal/ Masks symptoms of hypoglycemia

**Class IIb:** MuscarinicM2 receptor activators -> AV node inhibition/ positive inotropic

**Digoxin/ Sinus tachycardia or supraventricular tachyarrhythmias**

Has cardiac adverse effects: Bradycardia, AV block, Paroxysmal atrial tachycardia, Sino atrial arrest, Ventricular tachycardia.

**Class IIc:** Adenosine A1 receptor activators/ negative chronotropic+ dromotropic -> (hyperpolarization).

**Adenosine, ATP/ S.E:** Sinus bradycardia, sinus arrest or AV block

Supraventricular tachycardia  
Ventricular tachycardia

**CONTRAINDICATION:** Ventricular tachycardia in presence of ischemic heart disease or old MI

**3- class III:** blocks potassium channels-> increases the duration of repolarization and the effective refractory period.

**Amiodarone:** oral, also activity in Na channel blocking/ supraventricular + ventricular tachycardia, except in QT interval elongation.

**Sotalol:** Also activity in Beta receptor blocking / in children

S.E: Torsades de pointes with QT prolongation

**4- class IV:** blocking Ca<sup>2+</sup> entry through specific Ca<sup>2+</sup> channels (CCB)

**Class VIa:** non-selective: **Bepridil**

oSelective: **Phenylalkylamines (verapamil), benzothiazepines (diltiazem)**

prolonged ERP, increased AP recovery time, increased refractory period.