Microbiology of the peripheral nervous system

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Peripheral Nervous System Manifestations of Infectious Diseases

- In general, patients with PNS dysfunction
 complain of;
- sensory disturbance, e.g.

(-) numbness, loss of sensation, (+) tingling,

burning or both.or pain

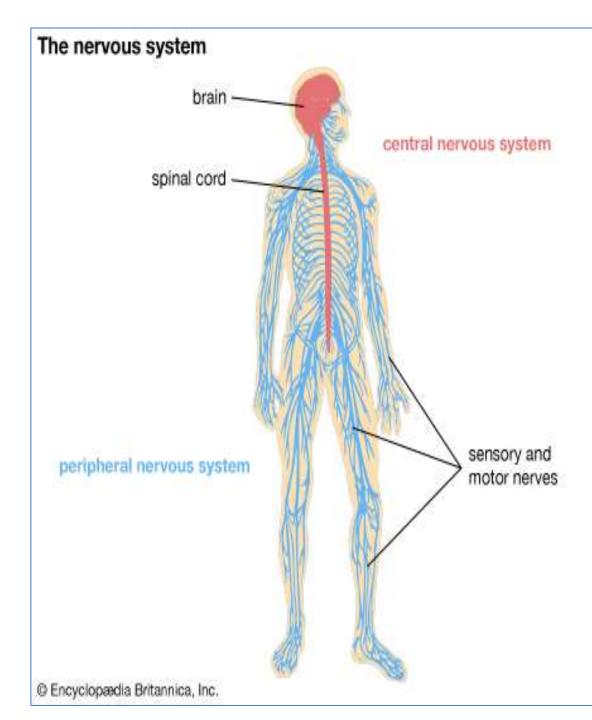
Or motor weakness, e.g.

A loss of muscle mass, painful cramps, or

fasciculations.

Autonomic disturbance

Or Both (Motor, sensory, and autonomic)



- Infectious causes are rare compared to vascular and primary inflammatory or autoimmune causes in PNS Commune diseases.
- Infectious causes of peripheral nervous system (PNS) disease are underrecognized but potentially treatable.

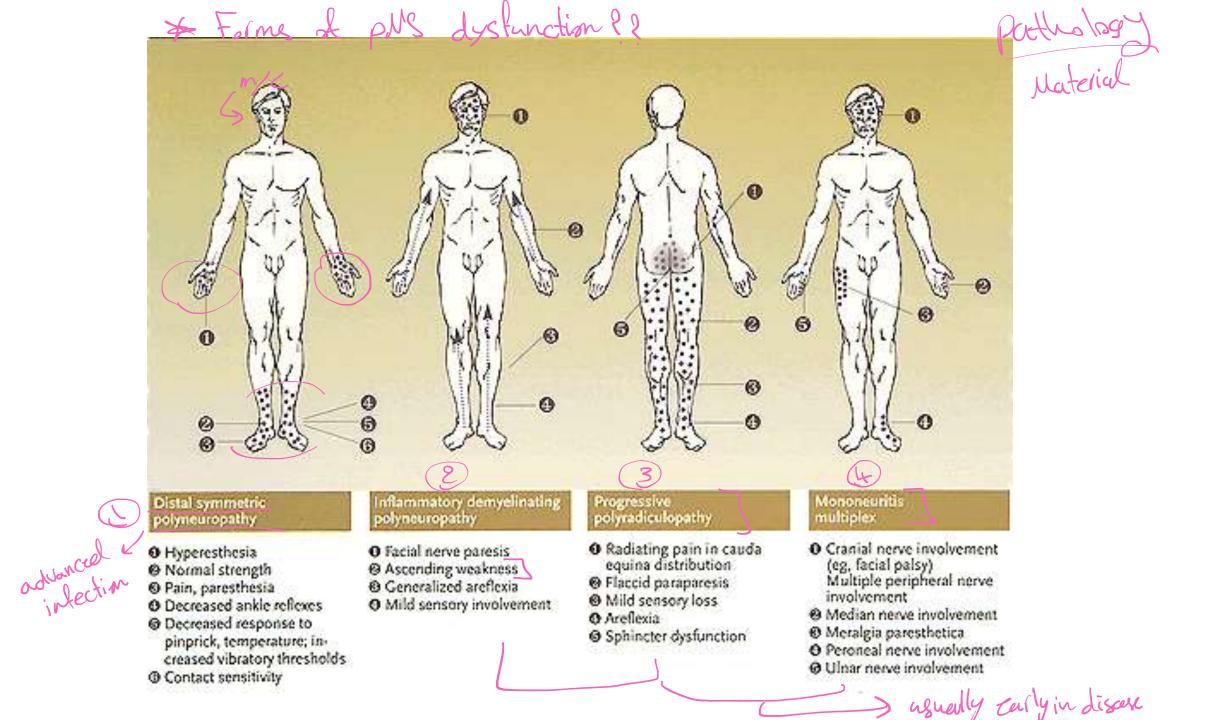
	Category	Examples		
	Traumatic	Incision, compression, stretching		
1	Metabolic	Diabetes, renal failure, hypothyroidism, amyloid		
	Malignancy	Especially small cell carcinoma of the lung		
	Drugs	Isoniazid, phenytoin, nitrofurantoin		
	Toxins	Lead, alcohol		
	Infections Call	Leprosy (the commonest cause worldwide Lyme disease, HIV		
	Inflammatory	Guillain-Barré, sarcoid		
	Vascular	Prolonged ischaemia, polyarteritis nodosa, rheumatoid disease		
	Genetic	Charcot-Marie-Tooth disease, porphyria		
	Vitamin deficiencies	B1, B6, B12, nicotinic acid		

Pathogens With Clinical Implications in the PNS

- Human immunodeficiency virus
- Herpes viruses (2
- Poliovirus
- Borrelia burgdorferi
- Clostridium tetani (5)
- Clostridium botulinum (6
- Mycobacterium leprae (7)



الله مسرومين ذلح تحن



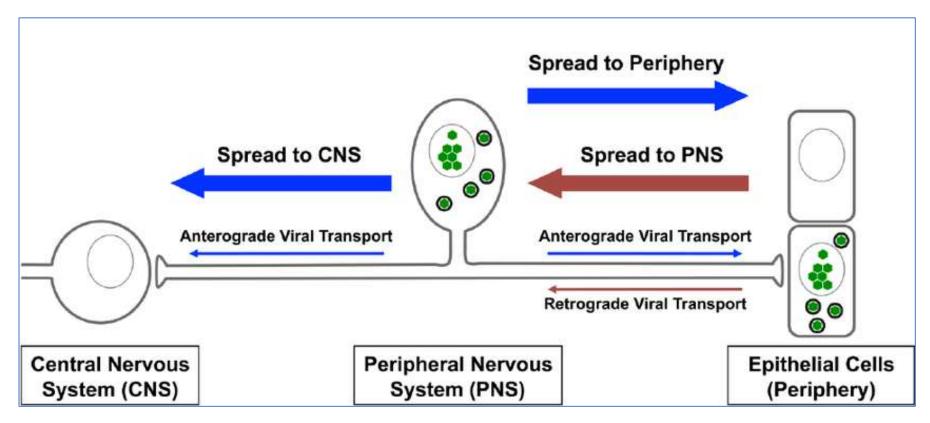
- Human immunodeficiency virus is a retrovirus that is transmitted primarily by sexual contact and contaminated blood
- Human immunodeficiency virus commonly affects both the CNS and the PNS.
- Inflammatory demyelinating polyneuropathy, mononeuropathy multiplex, and polyradiculopathies are present with varying degrees of immune suppression but usually early in disease.
- Distal symmetric polyneuropathy (DSP) (usually paresthesias or numbress in a stockingglove distribution) associated with HIV is the most common PNS complaint, affecting up to 30% to 50% of patients with advanced infection.
- Two distinct pathophysiologic processes are thought to contribute to the development of HIV DSP: direct neurotoxicity of the virus and its products and neurotoxicity of cART (combination antiretroviral therapy).

- Herpesviruses all
 share a common
 structure—
 relatively large,
 double-stranded,
 linear DNA
 genomes.
- Latent, recurring infections are typical of this group of viruses.

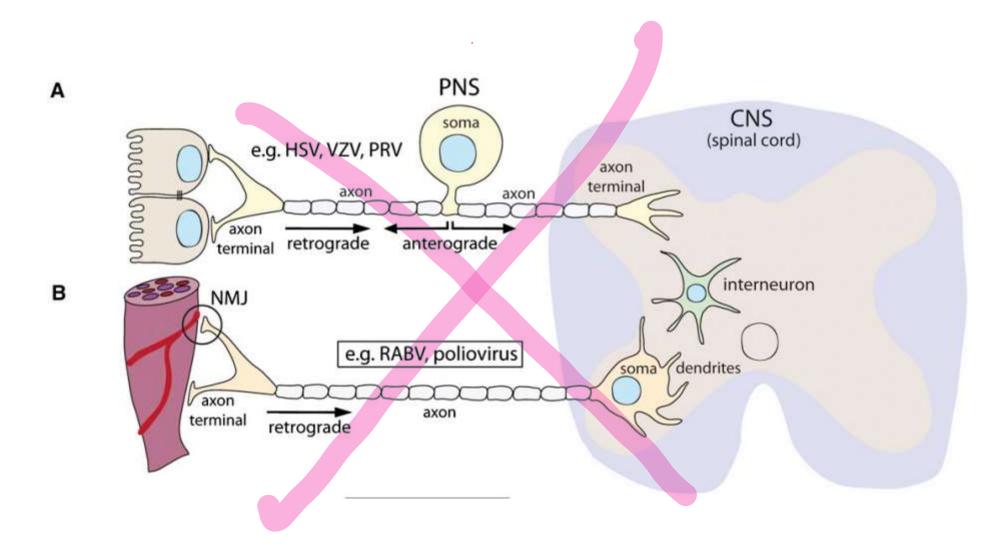
Human Herpesviruses

Virus	Subfamily	Disease	Site of Latency
Herpes Simplex Virus	Ια	Orofacial lesions	Sensory Nerve Ganglia
Herpes Simplex Virus	Ια	Genital lesions	Sensory Nerve Ganglia
Varicella Zoster Virus	α	Chicken Pox Recurs as Shingles	Sensory Nerve Ganglia
Cytomegalovirus	β	Microcephaly/Mono	Lymphocytes
Human Herpesvirus 6	β	Roseola Infantum	CD4 T cells
Human Herpesvirus 7	β	Roseola Infantum	CD4T cells
Epstein-Barr Virus	Y	Infectious Mono	B lymphocytes, salivary
Human Herpesvirus 8	Y	Kaposi's Sarcoma	Kaposi's Sarcoma Tissue

Viruses With Clinical Implications in the PNS / Herpes viruses

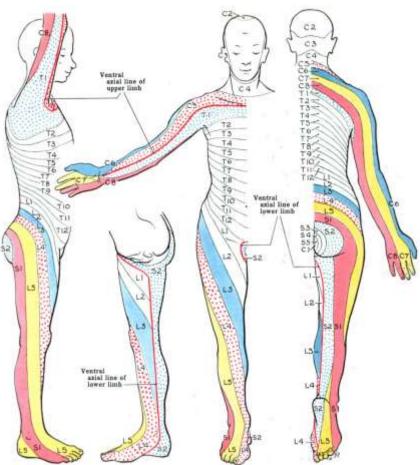


Directional spread of alphaherpesvirus infection in the mammalian nervous system. In their hosts, alphaherpesvirus infections typically initiate at peripheral sites, such as mucosal epithelia. Next, viral particles enter at the termini of sensory neurons of the peripheral nervous system (PNS). These particles are transported long distances along axons in the retrograde direction towards cell bodies, where the genomes are deposited in the nucleus to establish lifelong latency. Following reactivation from latency, new viral particles are assembled and transported towards sites of egress. Typically, infections spreads in the anterograde direction back out towards the periphery. This is essential for spread between hosts. Infection may also spread trans -neuronally, from the PNS to the central nervous system (CNS). Spread of alphaherpesvirus infection into the CNS is associated with lethal encephalitis.



Viruses With Clinical Implications in the PNS / Herpes viruses / Varicella-zoster virus (VZV)

• VSV causes varicella and herpes zoster



Dermatomes of the Upper and Lower Limbs



shingles



Varicella (Chickenpox)

Viruses With Clinical Implications in the PNS / Herpes viruses / Varicella-zoster virus (VZV)

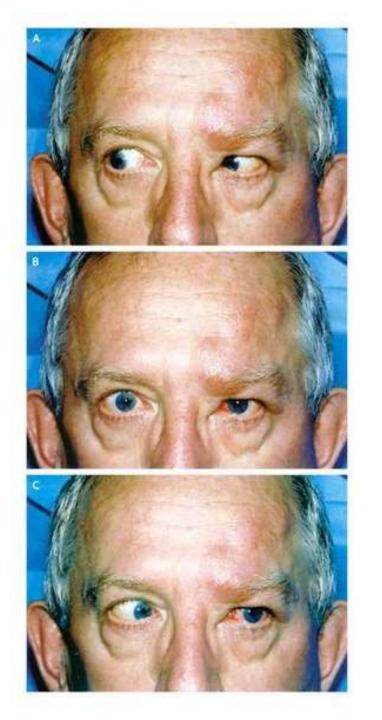
- Primary infection with VZV typically occurs in childhood and is characterized by a skin rash that forms small, itchy blisters, which eventually scab over.
- **Reactivation** of VZV occurs primarily in the **elderly** patients and **immunosuppressed**.
- The most commonly reported PNS complication is postherpetic neuralgia, which is a dermatomal distribution pain following shingles.

Viruses With Clinical Implications in the PNS / Herpes viruses/ Varicella-zoster virus (VZV)

- Post-herpetic neuralgia (PHN) is a chronic neuropathic pain condition that persists 3 months or more following an outbreak of shingles Diagnosis of VZV neuropathy is primarily clinical
- Multiple types of pain including a constant deep, aching, or burning pain; a paroxysmal, lancinating pain; hyperalgesia (painful stimuli are more painful than expected); and allodynia (pain associated with typically non-painful stimuli).
- The pharmacological treatment of PHN may include a variety of medications including alpha-2 delta ligands (gabapentin and pregabalin), other anticonvulsants (carbamazepine), tricyclic antidepressants (amitriptyline, nortriptyline, doxepin), topical analgesics (5 % lidocaine patch, capsaicin) tramadol, or other opioids
- Early treatment of VZV infection is recommended with antiviral agents such as acyclovir, valacyclovir, and famciclovir for 7 days.

Readonly

A 62-year-old man reported acute left retro-orbital pain of one week's duration. Physical examination revealed no abnormalities. Three days later, double vision developed, and the next day a rash appeared on the forehead. On repeated examination, it was noted that the patient had swelling of the left upper eyelid, conjunctival congestion, restricted abduction of the left eye, which is diagnostic of a left sixth cranial nerve palsy (right, center, and left gaze; Panels A, B, and C, respectively), and binocular horizontal diplopia. The rash was distributed over the left frontal area. The rest of the eye examination, including extraocular movements, visual acuity, visual field, pupillary evaluation, and funduscopy, was normal. The blood glucose level, erythrocyte sedimentation rate, and C-reactive protein level were normal. A computed tomographic scan of the paranasal sinuses and orbits showed thickened mucosa of the sinuses but was otherwise unremarkable. A diagnosis of herpes zoster ophthalmicus was made. The patient was treated with gabapentin and acyclovir for one week. Six weeks later, he had minimal residual diplopia, with no postherpetic neuralgia. It is important that this diagnosis be made early, to minimize complications such as corneal ulceration and uveitis, which may threaten vision.



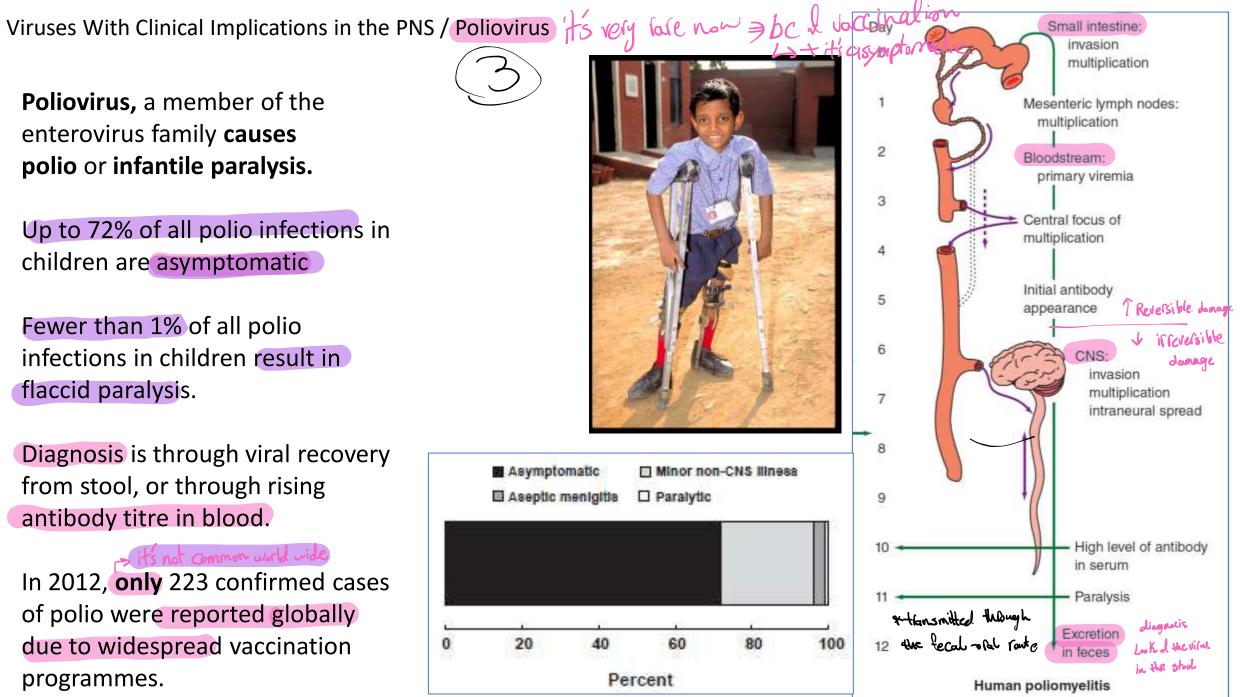
- **Poliovirus,** a member of the ٠ enterovirus family causes polio or infantile paralysis.
- Up to 72% of all polio infections in ٠ children are asymptomatic
- Fewer than 1% of all polio infections in children result in flaccid paralysis.
- **Diagnosis** is through viral recovery from stool, or through rising antibody titre in blood.

common world wide

20

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In 2012, **only** 223 confirmed cases • of polio were reported globally due to widespread vaccination programmes.



Bacteria with Clinical Implications in the PNS / Borrelia burgdorferi giances, Rad Shafe

- Lyme disease, the multisystem infectious disease caused by the tick-borne spirochete Borrelia but should the burgdorferi, causes a broad variety of peripheral same symptoms nerve disorders, including single or multiple Like cranial neuropathies, painful radiculopathies, and diffuse polyneuropathies.
- Clinical presentation, <u>history</u>, and serology are important in diagnosis.

Antibiotics

 Doxycycline is given to adults with suspected Lyme disease.



Ixodes ticks (deer tick)





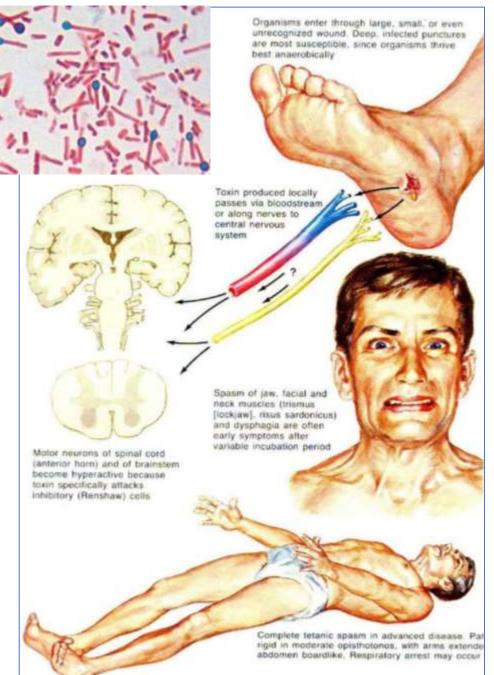
Borrelia burgdorferi

* Lyme discer .

In early summer, an 82-year-old right-handed woman from Western Massachusetts developed right-sided upper back pain that radiated down the right arm in the setting of fever, myalgias, generalized fatigue, and erythema migrans just under the right clavicle. She was given a course of doxycycline for presumed Lyme but discontinued it after 3 days. Her pain worsened, and although she did have a pulsatile headache and meningismus, the back pain was much more prominent, progressing to mild weakness in a C6 distribution. She also developed a left-sided cranial nerve VII palsy. She received 4 weeks of IV ceftriaxone for presumed CNS Lyme. Her pain regimen included fentanyl transdermal patch 25

Bacteria with Clinical Implications in the PNS / Clostridium tetani

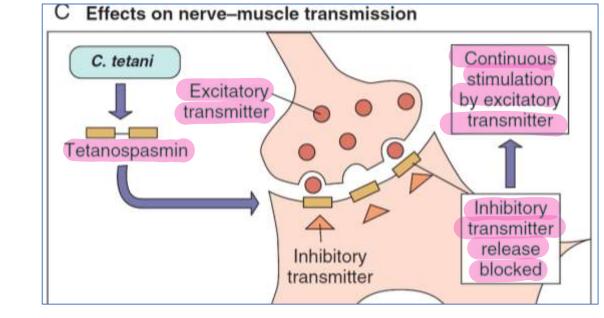
- history is important here hitle any wound difty for ane of ano birty for all and a spore of any wound difty for another birty for another birty for another birty of another birty of a spore forming, anaerobic, Gram positive rod that causes tetanus.
- *C. tetani* produces **tetanospasmin.**
- Tetanospasmin inactivates proteins that regulate release of the inhibitory neurotransmitters glycine # and gamma-aminobutyric acid (GABA). This leads to unregulated excitatory synaptic activity in the motor neurons, resulting in spastic paralysis.
- Disease is relatively rare because of the high incidence of vaccine-induced immunity.



Bacteria with Clinical Implications in the PNS / Clostridium tetani



Involvement of the masseter muscles (trismus or **lockjaw**) is the presenting sign in most patients. The characteristic **sardonic smile** that results from the sustained contraction of the facial muscles.





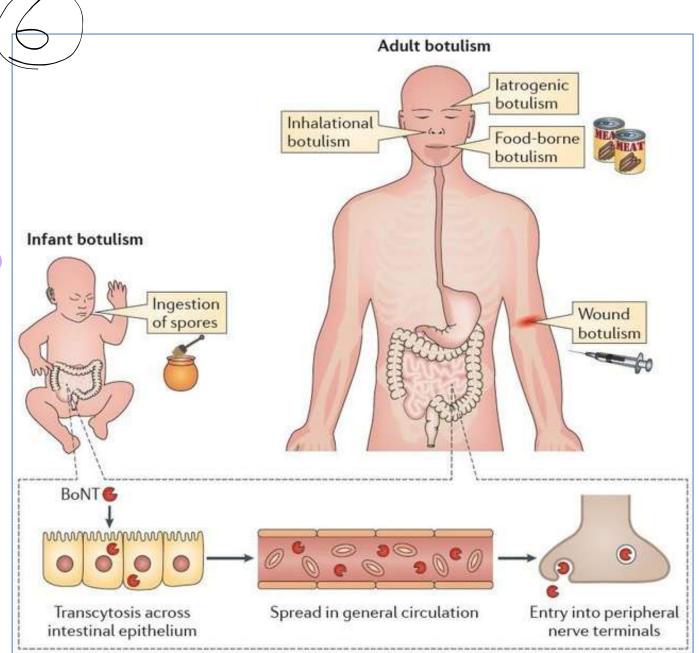


unregulated excitatory synaptic activity in the motor neurons, resulting in **spastic paralysis. Generalized tetanus** is the most common form.

- Diagnosis of tetanus is usually based on physical exam, immunization history, and clinical presentation while less emphasis is placed on laboratory testing.
 * this disent can be fatal due to spoon & Respiratory muscles.
- Admission to the ICU is highly recommended. Unnecessary procedures and manipulations should be avoided. The patient should be in a quiet room with low traffic. Some patients may even require mechanical ventilation. F. monitors the vitul signs is Bienthing to be avoided.
- Per current recommendations, human tetanus immune globulin should be given as soon as tetanus is suspected at a dose of 3000 to 6000 units. Antimicrobial therapy is typically metronidazole as the preferred treatment for tetanus with penicillin G as an option for second-line therapy with a treatment duration of 1 week to 10 days. It is important to note that antimicrobial therapy plays a relatively minor role in the management of tetanus and of primary importance is wound debridement and toxin mitigation.

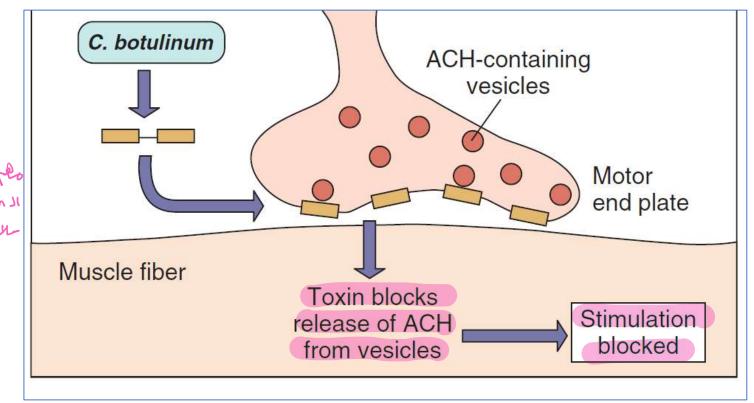
Bacteria with Clinical Implications in the PNS / Clostridium botulinum also can be fatal

- *C. botulinum* is a **spore-forming**, anaerobic,
 Gram positive rod that causes tetanus.
- Patients with foodborne botulism (most are associated with consumption of home-canned foods) typically become weak and dizzy 1 to 3 days after consuming the contaminated food.
 Bilateral descending weakness of the peripheral muscles develops in patients with progressive disease (flaccid paralysis), and death is most commonly attributed to respiratory paralysis.
- Infant botulism: Associated with consumption of foods (e.g., honey, infant milk powder) contaminated with botulinum spores and ingestion of spore-contaminated soil and dust. In contrast with foodborne botulism, this disease is caused by neurotoxin produced in vivo by *C*. *botulinum* colonizing the GI tracts of infants.



Bacteria with Clinical Implications in the PNS / Clostridium botulinum

 The botulinum neurotoxin remains at the neuromuscular junction, The botulinum endopeptidase then inactivates
 the proteins that regulate instead in the proteins in the proteins



Bacteria with Clinical Implications in the PNS / *Clostridium botulinum* / diagnosis and managment

- Initial diagnosis is based on clinical symptoms history Mig- Mis Laboratory confirmation is done by demonstrating the presence of botulinum toxin in serum, stool, or food, or by culturing C. botulinum from stool, or a wound
- Supportive care and the use of antitoxin have been effective in the treatment of botulism from food-borne, intestinal, and wound exposure. However, the effectiveness of antitoxin in the treatment of inhaled C. botulinum has not been proven.

Botulism is a neuroparalytic illness characterized by symmetric, descending flaccid paralysis of motor and autonomic nerves, always beginning with the cranial nerves.

Signs and symptoms in an adult may include:

- Diplopia (double vision)
- Blurred vision
- Ptosis (drooping eyelids)
- Slurred speech
- Dysphagia (difficulty swallowing)
- Dry mouth
- Muscle weakness

Bacteria with Clinical Implications in the PNS / *Clostridium botulinum* / diagnosis and managment



Botulism in Infants

We don't know how most babies with infant botulism came into contact with *C. botulinum* spores, but we do know that these spores can be found in honey. Do not feed honey to children younger than 12 months because it has been linked to some cases of infant botulism.

Bacteria with Clinical Implications in the PNS / Campylobacter jejuni



- Infection with C. jejuni is a common cause of bacterial gastroenteritis. Campylobacter infections are zoonotic (mainly Contaminated poultry)
- C. jejuni is now considered as a major triggering agent of Guillain-Barré syndrome (GBS).
- Guillain-Barré syndrome (GBS) is an immunemediated demyelinating polyneuropathy of PNS characterized by acute or subacute symmetrical ascending motor weakness, areflexia, and mild-to-moderate sensory abnormalities

der concert brokerial	gastcoenteritis	
Microbiological finding	No. (%)	95% Cl, %
Stool pathogen isolated ^a	168 (30.6)	27–35
Shigella species	84 (15.3)	12-19
Salmonella species	32 (5.8)	4-8
Campylobacter species	34 (6.2)	4-8
STEC	14 (2.6) ^b	1-4
Other enteropathogens ^c	9 (1.6)	1–3

NOTE. STEC, Shiga toxin-producing Escherichia coli.

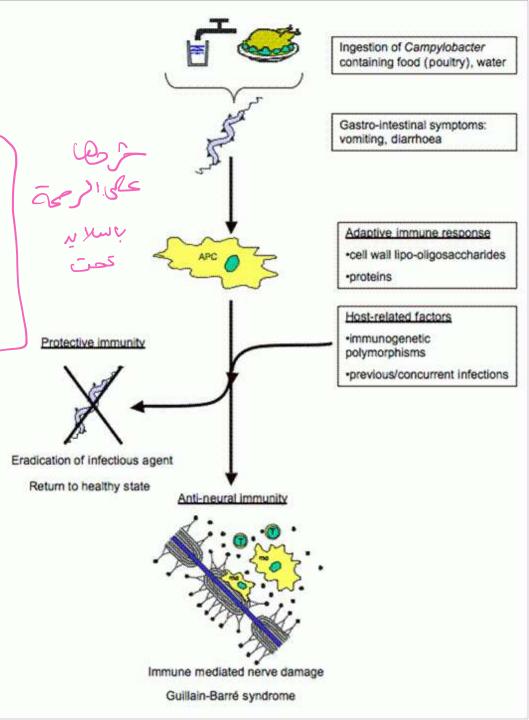
^a Three patients' stool specimens yielded 2 enteropathogens; each Shigella plus 1 each Plesiomonas or Salmonella species or E. coli 0111.

^b Includes 6 confirmed and 8 possible STEC cases.

^c Vibrio (4), Yersinia (4), Plesiomonas (1) species.

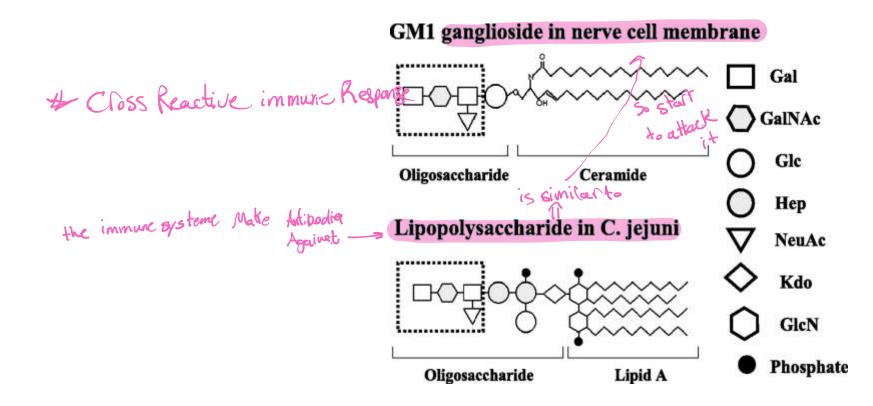
Microbiological findings among US emergency department patients presenting with 549 episodes of bloody diarrhea at 11 *EMERGE*ncy ID NET sites. Bacteria with Clinical Implications in the PNS / Campylobacter jejuni/ diagnosis and managment

- Molecular mimicry between sialylated lipooligosaccharide structures on the cell envelope of these bacteria and ganglioside epitopes on the humar nerves that generates cross-reactive immune response results in autoimmune-driven nerve damage.
- A presumptive identification of isolates is based on growth under selective conditions (microaerophilic), typical microscopic morphology (curved, gramnegative rods).
- While most C. jejuni infections are **self-limiting**, occasionally a more invasive illness can occur that requires effective antimicrobial therapy



Bacteria with Clinical Implications in the PNS / Campylobacter jejuni/ diagnosis and managment Muniforing Respiratory muscles in ZCU

• Treatment of GBS is required for managing severely paralysed patients who need intensive care and ventilator support and to minimize the nerve damage. Treatments such as **plasma exchange and intravenous immunoglobulin (IVIg)** are indicated for patients who are unable to walk independently while corticosteroids are largely ineffective in GBS



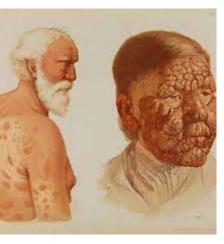
Bacteria with Clinical Implications in the PNS / Mycobacterium leprae $\rightarrow \alpha$

- Leprosy جذام (Hansen's disease) is one of the most common causes of nontraumatic peripheral neuropathy in the developing world.
 A figure by Respiratory displates in close control with the patient
- The causative agent, Mycobacterium leprae, has a predilection for Schwann cells, where the organism multiplies unimpeded by organism-specific host immunity, resulting in destruction of myelin, secondary inflammatory changes, and destruction of the nerve architecture.
- The World Health Organization (WHO), in 2009, informed that 17 countries (including India, and Brazil) reported more than 1000 new cases, performing 94% of the new globally detected.



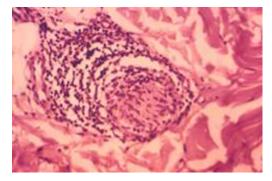


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Bacteria with Clinical Implications in the PNS / Mycobacterium leprae/diagnosis and managment

- The disease mainly affects the skin, the peripheral nerves, mucosal surfaces of the upper respiratory tract and the eyes
- Symptoms mainly affect the skin, nerves, and mucous membranes (e.g one or a few hypopigmented or hyperpigmented skin macules that exhibit loss of sensation (anesthesia) due to infection of the peripheral nerves supplying the region.
- M. leprae is morphologically indistinguishable from M. tuberculosis. The diagnosis is confirmed by skin or nerve biopsy and acid fast staining
- Hansen's disease is treated with multidrug therapy (MDT) using a combination of antibiotics depending on the form of the disease





Spinalonga on Crete, Greece, one of the last



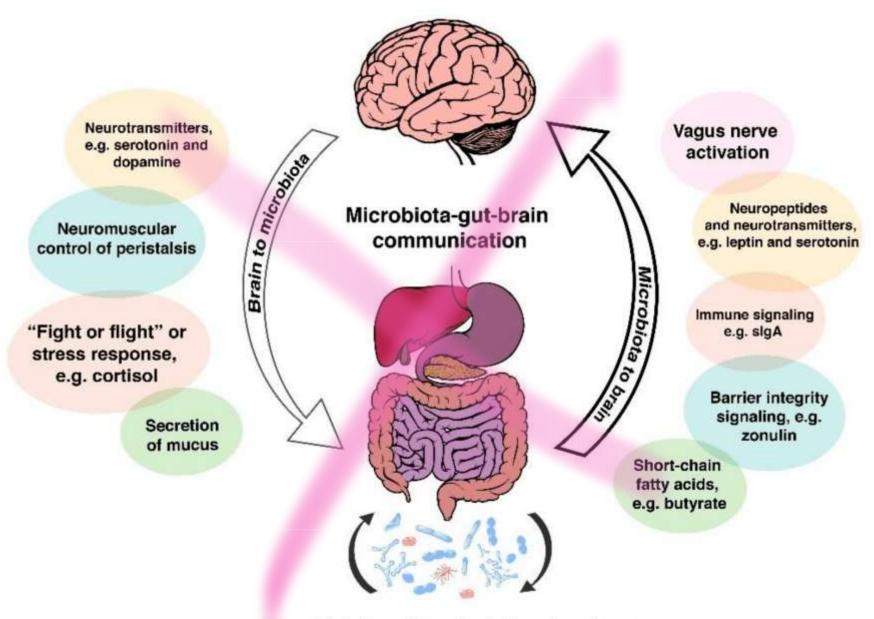
الجاري كانول يحطوهم بمستمرات لحالهم المع المع المع المعامر التاريخ كانول يحطون والناس كن المحكة المام الذي يتعدوا منهم

Leprosy has affected humanity for thousands of years. Leper colonies or houses became widespread in the Middle Ages, particularly in Europe and India, and were often run by monastic orders. Historically, leprosy has been greatly feared because it causes visible disfigurement and disability, was incurable, and was commonly believed to be highly contagious. A leper colony administered by a Roman Catholic order was often called a lazar house, after Lazarus, the patron saint of people affected with leprosy.

The Gut-Brain axis

- The gut-brain axis (GBA) consists of bidirectional communication between the central and the enteric nervous system, linking emotional and cognitive centers of the brain with peripheral intestinal functions. Gut microbiota seem to influence these interactions.
- Symbiotic microbes have been shown to regulate nutrition and metabolism and are critical for the development and function of the immune system. More recently, studies have suggested that gut bacteria can impact neurological outcomes--altering behaviour and potentially affecting the onset and/or severity of nervous system disorders.
- Most of the data have been acquired using technical strategies consisting in germ-free animal models, probiotics, antibiotics, and infection studies.
- In clinical practice, evidence of microbiota-GBA interactions comes from the association of dysbiosis (abnormal microbiota) with central nervous disorders (i.e. autism, anxietydepressive behaviors) and functional gastrointestinal disorders.

The Gut-Brain axis



Microbial diversity and relative abundance

From gut microbiota to brain:

Production, expression and turnover of neurotrasmitters (i.e. serotonin, GABA) and neurotrophic factor (BDNF) Protection of intestinal barrier and tight junction integrity Modulation of enteric sensory afferents Bacterial metabolites Mucosal immune regulation

From brain to gut microbiota: Alteration in mucus and biofilm production Alteration in motility Alteration of intestinal permeability Alteration in immune function

Strong evidence suggests that gut microbiota has an important role in bidirectional interactions between the gut and the nervous system. It interacts with CNS by regulating brain chemistry and influencing neuro-endocrine systems associated with stress response, anxiety and memory function. Many of these effects appear to be strain-specific, suggesting a potential role of certain probiotic strains as novel adjuvant strategy for neurologic disorders. In addition, the effects of CNS on microbiota composition are likely mediated by a perturbation of the normal luminal/mucosal habitat that can also be restored by the use of probiotics and possibly by diet. In clinical practice, an example of this interaction is **constituted by Functional gastrointestinal disorders , in particular IBS, now considered a microbiome-GBA disorder.**

Pathogens With Clinical Implications in the PNS

- Human immunodeficiency virus
- Herpes viruses
- Poliovirus
- Borrelia burgdorferi
- Clostridium tetani
- Clostridium botulinum
- Mycobacterium leprae
- Campylobacter jejuni

Further reading:

- Peripheral Nervous System Manifestations of Infectious Diseases. *Neurohospitalist*. 2014
- The gut-brain axis: interactions between enteric microbiota, central and enteric nervous systems.
 Annals of Gastroenterology . 2015

- Which of the following is true regarding infectious causes of peripheral neuropathy?
- a. Postherpetic neuralgia is neuropathic pain in a dermatomal pattern that commonly follows an episode of herpes simplex virus type 2 (HSV-2) infection.
- b. Symptoms of Botulinum toxin ingestion first appear as a descending flaccid paralysis that|starts with cranial nerves.
- c. More than 70% of infections with poliovirus will result in flaccid paralysis.
- d. Varicella zoster virus primary site of dormancy is in neuromuscular junctions.
- e. Infectious causes of peripheral neuropathy are more common than vascular and inflammatory causes.

Answer: B



- False about polio:

Answer: Non-paralytic form of the disease progress to paralysis within few days.

- Symmetrical ascending motor weakness, areflexia, and mild-to-moderate sensory abnormalities are likely to occur following infection with one of the following pathogens:

- a. Streptococcus pneumoniae.
- b. Escherichia coli.
- c. Clostridium botulinum.
- d. Campylobacter jejuni.
- e. Herpes simplex type-1 virus.

Answer: D

- False about polio:

Answer: Epidemic paralytic polio is common worldwide.

- False about polio:

Answer: Hygiene affects the development of paralysis after infection.

- A 55-year-old patient presented with a burning pain localized in a band across the trunk where a painful rash appeared a few days ago. Reactivation of one of the following pathogens is most likely to cause the symptoms.

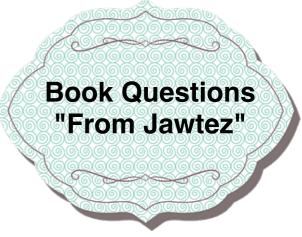
- a. Herpes simplex virus 1.
- b. Herpes simplex virus 2
- C. Varicella zoster virus
- d. Human immunodeficiency virus
- e. Campylobacter jejuni
- True statement:

Answer: Botulinum toxin inhibits Ach release at neuromuscular junctions.

- Tetanus toxin (tetanospasmin) diffuses to terminals of inhibitory cells in the spinal cord and brainstem and blocks which of the following?
- a. Release of acetylcholine.
- b. Cleavage of SNARE proteins.
- C. Release of inhibitory glycine and gamma-aminobutyric acid.
- d. Release of protective antigen.
- e. Activation of acetylcholine esterase

Answer: C

- Which of the following statements about tetanus and tetanus toxoid is correct?
- a. Tetanus toxin kills neurons.
- b. Tetanus toxoid immunization has a 10% failure rate.
- C. The mortality rate of generalized tetanus is less than 1%.
- d. Double vision is commonly the first sign of tetanus.
- e. Tetanus toxin acts on inhibitor interneuron synapses. Answer: E



- A 45-year-old man who immigrated to the United States 5 years ago sustained a puncture injury to the lower part of his right leg when his rotary lawn mower threw a small stick into his leg. Six days later, he noticed spasms in the muscles of his right leg; on day 7, the spasms increased. Today?day 87he had generalized muscle spasms, particularly noticeable in the muscles of his jaw. He was unable to open his jaw and came to the emergency department (ED). In the ED, a you see a man who is alert and lying quietly in bed. A door slams down the hall, and suddenly he has a general muscle spasm with arching of his back. The correct diagnosis is which of the following?

- a. Botulism.
- b. Anthrax.
- C. Gas gangrene.
- d. Tetanus.
- e. Toxic shock syndrome.
- Answer: D

- Which of the following food items is most frequently associated with infant botulism?
- a. Corn syrup.
- b. Canned infant formula.
- C. Liquid multivitamins.
- d. Honey.
- e. Jarred baby food.

Answer: D