

# Behavioral

CNS 

Midterm material

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# Introduction to psychology

Which of the following statements regarding correlational studies is CORRECT?

- a) We can observe and register behavioral changes.
- b) We can measure relationship of variables.
- c) We can explain the effects of therapy on behaviors.
- d) We can interpret causes of certain behaviors.
- e) We can suggest remedies for certain behaviors.

Ans: b

Which of the following research methods is used for determining causation?

- a) Correlational studies.
- b) Experimental studies
- c) Cross-sectional studies
- d) Observational studies
- e) Descriptive studies

Ans: b

All of the following factors play important roles in behaviour, EXCEPT?

- a) Individual's values
- b) Genetic makeup
- c) Individual's skin colour
- d) Individual's culture
- e) Emotional states

Ans: c

Which of the following schools of psychology studied personality through the unconscious\*\*?

- a) Trait school
- b) Biological school
- c) Humanistic school
- d) Psychodynamic school
- e) Social cognitive school

Ans: d

explaining behaviour according to neurotransmitters, belongs to which of the following the schools?

- a) Behavioural school.
- b) Biological school
- c) Psychoanalytic school
- d) Evolutionary school
- e) Developmental school

Ans: b

which of the following is correct definition of psychology?

- a) Psychology studies behaviour and mental processes
- b) Is the science of studying social problems
- c) Is the science of anatomy of a nervous system
- d) Is the science of physiology of the cerebral hemisphere
- e) Is the study of human societies and cultures

Ans: a

# Intelligence

Which of the following statements is true about intelligence?

- a) Environment has no effect on intelligence.
- b) Intelligence changes over time while growing up.
- c) The first to assess intelligence through test is Durkheim in 1890.
- d) People score between 90 – 110 in Wechsler intelligence scale.
- e) The average correlation between parents IQ and their children is 90.

Ans: d

The following are recognized types of intelligence, EXCEPT?

- a) Musical
- b) Linguistic
- c) Intrapersonal
- d) Historical
- e) Mathematical

Ans: d

Which of the followings is true about intelligence?

- a) Good education increases intelligence significantly.
- b) Intelligence is not inherited.
- c) The difference in intelligence is inter-racial.
- d) Intelligence changes significantly over time.
- e) Intelligence difference between sexes is significant

Ans: a

Which of the following statements is true about Wechsler intelligence scale?

- a) Has moderate validity.
- b) Has 6 verbal and 5 performance scales.
- c) It is no more used to assess intelligence.
- d) It is a group test.
- e) Minority of people score between 70 & 110

Ans: b(repeated in 020 mid exam)

Which of the following factors is irrelevant to the individual's IQ?

- a) Genetics
- b) Birth order
- c) Socioeconomic class
- d) Quality of stimulation
- e) Emotional climate

Ans: b

The following are the most agreed upon aspects of intelligence EXCEPT:

- a) Verbal skills
- b) Problem solving
- c) Adaptation
- d) Ability to learn
- e) Getting rich

Ans: e

Which of the following is irrelevant to the individual IQ?

- a) Uncle's IQ.
- b) Emotional climate.
- c) Quality of stimulation.
- d) Socioeconomic class.
- e) Marital status

Ans: e

All the following are false about intelligence except:

- a) Intelligence is the product of stimulation in early childhood only
- b) IQ was calculated according to mental age over chronological age
- c) Intelligence continues growing until age of 25
- d) Successful people are not necessarily highly intelligent
- e) People of are usually low in intelligence

Ans: b



Which of the following is wrong about intelligence:

- a) first assessment of intelligence was done by Binet in 1904
- b) IQ is stable over time
- c) there are no IQ differences btw races
- d) education increase intelligence by 30 points in WISC
- e) there is no correlation btw parents IQ and their children.

Ans: e

Which of the following is not a well-known form of intelligence:

- a) mathematical
- b) recreational
- c) musical
- d) kinaesthetic

Ans: b

Which of the following is wrong about IQ:

- a) average correlation btw parents IQ and their children is 80
- b) average correlation btw adopted children is 25
- c) average correlation btw MZ twins is 90
- d) average correlation btw DZ twins is 55

Ans: a

Which of the following is true about Wechsler intelligence scale:

- a) assess the intelligence of children
- b) contains 9 verbal scales
- c) contains 3 performance scales
- d) high validity and low reliability of the test
- e) most people score btw 90 and 110

Ans: e

All the following are true about intelligence except:

- a) Spearman developed the concept of general (g) factor
- b) most people have average IQ
- c) 68% of people lies within one standard deviation of IQ curve
- d) genes are the only determinant of IQ
- e) no difference in IQ among human race

Ans: d

Regarding intelligence which of the following statements is false?

- a) Intelligence can be increased by 30 points with good teaching .
- b) Intelligence assessment started by Binet in 1904 .
- c) There is no real IQ differences between races .
- d) IQ is fairly stable over time .
- e) There is correlation between parents IQ and there children

Ans: a

which factor is not significant in development of intelligence

- a) genetic factors
- b) environmental factors
- c) early childhood mental stimulation
- d) racial factors
- e) nutritional factors

Ans: d

## Personality

All the following are part of big five traits of personality except:

- a) emotional stability
- b) extroversion
- c) openness
- d) agreeableness
- e) reaction formation

Ans: e

The most important factor when assessing personality is:

- a) family life
- b) relationships
- c) professional affiliations
- d) employment record

Ans: d

The following are true about psychological defense mechanisms EXCEPT:

- a) They are unconscious behaviors
- b) They are protective to personality
- c) They occur in stressful situation
- d) They do not distort reality
- e) may lead to anxiety in excessive use

Ans: d

The following are known as the big five personality traits except one:

- a) Emotional stability
- b) Vulnerability
- c) Extraversion
- d) Openness
- e) Agreeableness

Ans: b

The following are psychological defense mechanisms except;

- a) Repression
- b) Egression
- c) Derealization
- d) Reaction formation
- e) Rationalization

Ans: c

Which of the following statements is true about personality:

- a) Body built is highly correlated with personality type
- b) Projective personality tests tap the unconscious
- c) Thematic apperception test is an objective test
- d) MMPI is a projective personality test
- e) People with external locus of control don't believe in luck

Ans: b

All the following are true about defense mechanisms except:

- a) reaction formation is a defense mechanism
- b) they usually occur when anxiety is intolerable
- c) rationalization is a rare defense mechanism
- d) denial occurs a lot in cancer patients
- e) projection can be a defense mechanism

Ans: c

The big five personality dimensions include the following, except:

- a) Extraversion
- b) Agreeableness
- c) Recklessness
- d) Emotional stability
- e) Openness

Ans: c

Which of the following statements regarding personality is correct:

- a) Objective personality tests assess conscious personality aspects
- b) Roger considered that it is composed of two parts the ego and superego
- c) Trait theory emphasizes the role of neurodevelopment
- d) Freud studied personality through self-actualization
- e) Personality of humans changes over time.

Ans: a



# Stress, Health, & Coping

Which of the following is true of stress?

- a) Stress is a term originally used in psychology
- b) Glutamate is the neurotransmitter involved in stress physiology
- c) The use of the term stress is restricted to the social factors that disrupt homeostasis
- d) Stress contributes to the onset of both physical and psychological disorders
- e) Neuro-hormones prevents Fight or flight stress response.

Ans: d

The following are recognized stress disorders, except ?

- a) Acute stress disorder
- b) Posttraumatic stress disorder
- c) Chronic stress disorder
- d) Psychosomatic disorders
- e) Adjustment disorder

Ans: d

Adaptive strategies to cope with “stress” include all of the following, EXCEPT?

- a) Regular physical exercising
- b) Joining a self-help group
- c) Using Relaxation techniques
- d) Having a time management schedule
- e) Sleeping after meals

Ans: e

The following are common symptoms of stress except?

- a) Insomnia
- b) Increased heart rate
- c) Thyroid dysfunction
- d) Increased appetite
- e) Sexual problems

Ans: c

Regarding the “General Adaptation Syndrome (GAS)”, one of the following is FALSE?

- a) Substance use is a maladaptive mean to cope with stress
- b) Prolonged resistance protects against alarm stage
- c) Exhaustion results from prolonged resistance
- d) Alarm involves fight or flight response
- e) Resistance helps reducing stress impact

Ans: b

Adaptive coping strategy is which of the following ?

- a) Substance abuse
- b) Working through problems
- c) Aggressive behavior
- d) Deliberate self-harm

Ans: b

Phases of the " general Adaptation Syndrome" include all of the following except?

- a) Alarm
- b) Exhaustion
- c) Resistance
- d) Stressor

Ans: d

All of the following are maladaptive coping strategies except?

- a) Deliberate self-harm
- b) Histrionic behaviour
- c) Aggressive behaviour
- d) Alcohol use
- e) Repression

Ans:e

Adaptive coping strategy is which of the following?

- a) Substance abuse
- b) Working through problems
- c) Aggressive behavior
- d) Deliberate self-harm
- e) Avoidance

Ans: b+e

## Learning

The dog salivation in response to the sight of food is referred to as?

- a) Extinction
- b) Unconditioned stimulus
- c) Unconditioned response
- d) Conditioned response
- e) Conditioned stimulus

Ans: c

Laith's mother buys him a sailor's cap before they go to a family fishing trip. On the boat Laith gets nauseated and vomits. The next day he gets nauseated just from looking at the sailor's cap. The sailor's cap has become?

- a) Unconditioned stimulus
- b) Reconditioned stimulus
- c) Unconditioned response
- d) Conditioned response
- e) Conditioned stimulus

Ans: e

(إِنَّ اللَّهَ وَمَلَائِكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ يَا أَيُّهَا الَّذِينَ آمَنُوا صَلُّوا عَلَيْهِ وَسَلِّمُوا تَسْلِيمًا)

V2

Q5 of intelligence lecture is b not a