

Pathology of Lower Female Genital Tract

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Vulvar Diseases- Topics

NON-NEOPLASTIC (MORE COMMON):

LICHEN SCLEROSUS LICHEN SIMPLEX CHRONICUS CONDYLOMA ACCUMINATUM

NEOPLASTIC (LESS COMMON):

DYSPLASIA (VIN) VULVAR CANCER

Pathology of Lower Female Genital Tract

- Vulvar Diseases:
- Include non-neoplastic and neoplastic diseases.
- The neoplastic diseases are much less common.
- Of the neoplastic disorders, <u>squamous</u> <u>cell carcinoma is the most common.</u>

Non-neoplastic Vulvar Diseases

- Lichen sclerosus
- Lichen Simplex Chronicus
- Condyloma accuminatum

Lichen sclerosus

- postmenopausal women.
 white plaques; thinned out skin
- Microscopically: thinning of epidermis, disappearance of rete pegs, hydropic degeneration of basal cells
- pathogenesis: uncertain,
 (?)autoimmune
- is not pre-malignant by itself



Lichen Simplex Chronicus

- end result of many inflammatory conditions
- Clinical term: leukoplakia (whitish plaque)
- epithelial thickening, hyperkeratosis, epithelium shows no atypia.
- **no increased predisposition to cancer**, however, maybe present at margins of adjacent cancer.



Condyloma

- Anogenital warts
- Infection by HPV (HPV type 6 and HPV type11, mainly)
- koilocytosis (perinuclear cytoplasmic vacuolization + nuclear pleomorphism).
- HPV types isolated from cancers differ from those found in condylomas.
- Condyloma is <u>not</u> precancerous by itself.



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Neoplastic Vulvar Diseases

- 1- Vulvar Intraepithelial Neoplasia (VIN)
- 2- Invasive Carcinoma of Vulva:
- Types include:
- Squamous Cell Carcinoma (most common); adenocarcinomas; melanomas; basal cell carcinomas

HPV & Female Genital Diseases

- A common sexually transmitted infection of genital tract.
- Many different types of HPV including low risk and high risk types (risk here is for malignancy).
- Low risk HPV \rightarrow anogenital warts (condylomas)
- High risk types → intraepithelial dysplasia and invasive cancers in all parts of lower female genital tract (vulva; vagina; and cervix) as well as male genital tract.
- Condylomas are similar in all these organs.
- Intraepithelial dysplasia and invasive cancers produced by HPV are similar in pathogenesis and morphology in all of these locations.

HPV & Female Genital Diseases

- high-risk HPV types (16, 18, 45, and 31) account for majority of precancerous lesions and invasive anogenital cancers
- peak age of intraepithelial neoplasia is about 30 years, whereas invasive cancer is about 45 years (progression to invasion needs 10-15 yr).
- HPV can be detected by molecular methods in nearly all precancerous lesions and invasive HPV-related anogenital neoplasms.

- High risk HPV (especially HPV 16 and 18) usually integrate into the host genome and express large amounts of certain viral proteins called E6 and E7 proteins, which block or inactivate tumor suppressor genes *p53* and *RB*, respectively. → accumulation of mutations and DNA damage eventually leads to malignancy
- recently introduced <u>HPV vaccine</u> used in USA and Europe is effective in preventing HPV infections and hence cervical cancers and other anogenital HPV-related cancers.

Intraepithelial Neoplasia (IN)- concepts:

- High risk HPV causes mutations in cells
- Dysplasia is graded depending on extent of epithelial involvement:
- ***IN I**: Mild dysplasia (<third of full epithelial thickness)
- ***IN II**: Moderate dysplasia (up to 2/3 of full epithelial thickness)
- *IN III: Severe dysplasia in full epithelial thickness (is equivalent to carcinoma in situ)

Same concept and similar morphology in all lower genital tract organs.

Dysplasia = increased N/C ratio, nuclear enlargement, hyperchromasia, and abnormal nuclear membranes





High-grade Intraepithelial Neoplasia and Carcinoma of Ano-genital Organs

- high grade IN= IN II or IN III.
- IN III = carcinoma in situ
- may be multiple foci, or it may coexist with an invasive lesion.
- IN may be present for many years before progression to cancer.
- ?genetic, immunologic, environmental influences (e.g., cigarette smoking or superinfection with new strains of HPV) determine the course.

Vulvar Squamous cell carcinoma SCC there are two biologic forms:

1- Basaloid or poorly differentiated SCC

- ✤ most common (90%)
- relatively younger
- ✤ HPV-related
- HPV lesions also in vagina and cervix.
- Poorly differentiated cells

2- Well-differentiated SCC

- Less common
- ✤ older women (60-70s).
- ✤ <u>Not</u> HPV-related
- Maybe found <u>adjacent</u> to lichen simplex or sclerosus
- well to moderately differentiated cells

Cervical Diseases

PAP SMEAR TEST

CERVICAL CANCER

Cervical Carcinoma

- Used to be the most frequent cancer in women
- Papanicolaou (Pap) cervical smear: a screening test for detection of HPV related lesions of the uterine cervix.
- Cervical cancer incidence dropped (early detection of preinvasive and early cancer). It helped reduce cervical ca mortality by 99%.





Cervical Pap smear pictures



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CIN III

Cervical Cancer

- Types: most common are <u>SCC (75%)</u>, followed by adenocarcinomas and adenosquamous carcinomas (20%), and neuroendocrine carcinomas (<5%).
- SCC now has peak incidence at 45 years, almost 10 to 15 years after detection of their precursors: cervical intraepithelial neoplasia (CIN)

Cervical cancer stage is one of the most important prognostic factors



Clinical Aspects of Cervical Cancers

- CIN: treatment by **laser or cone biopsy**
- Invasive cancer: surgical excision
- 5-year survival drops with increased stage:
- Pre-invasive (CIN) \rightarrow 100%;
- stage $1 \rightarrow 90\%$;
- stage $2 \rightarrow 82\%$;
- stage $3 \rightarrow 35\%$;
- and stage $4 \rightarrow 10\%$.
- Radiotherapy and Chemotherapy in advanced cases