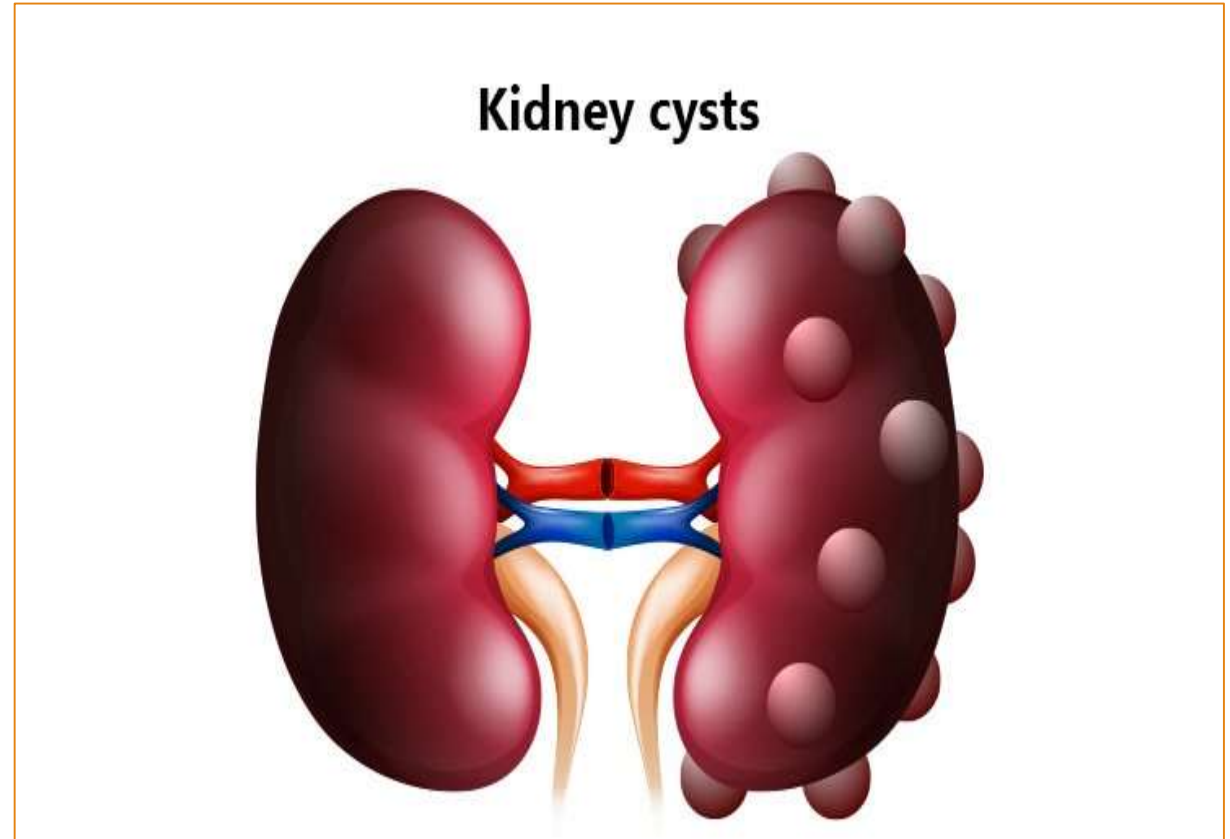




# CYSTIC DISEASES of THE KIDNEY

Dr. Nisreen Abu Shahin



# Types of cysts

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**1-Simple Cysts**

**2-Dialysis-associated acquired cysts**

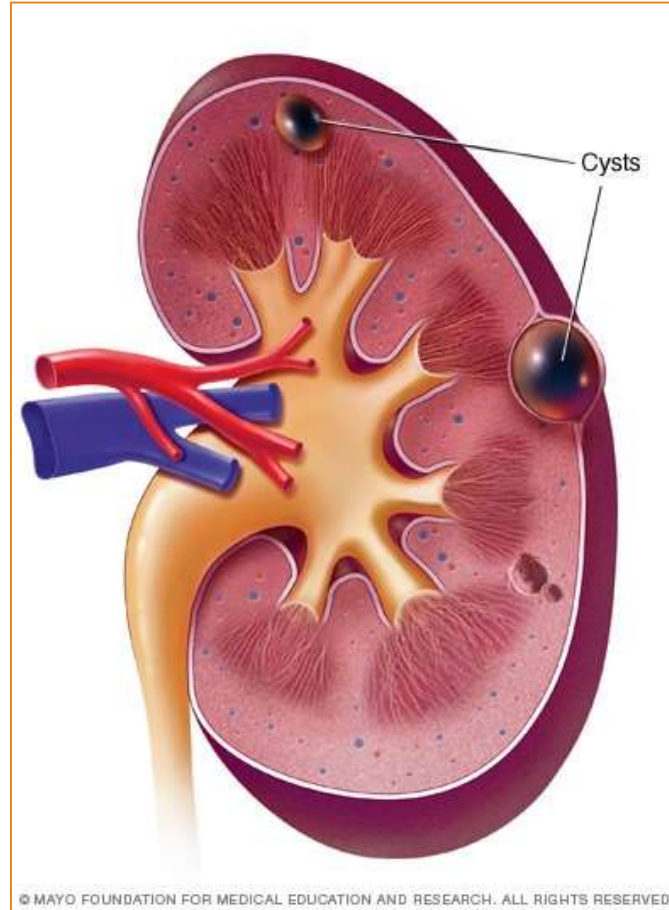
**3-Autosomal Dominant (Adult) Polycystic Kidney Disease**

**4-Autosomal Recessive (Childhood) Polycystic Kidney Disease**

**5-Medullary Cystic Disease**

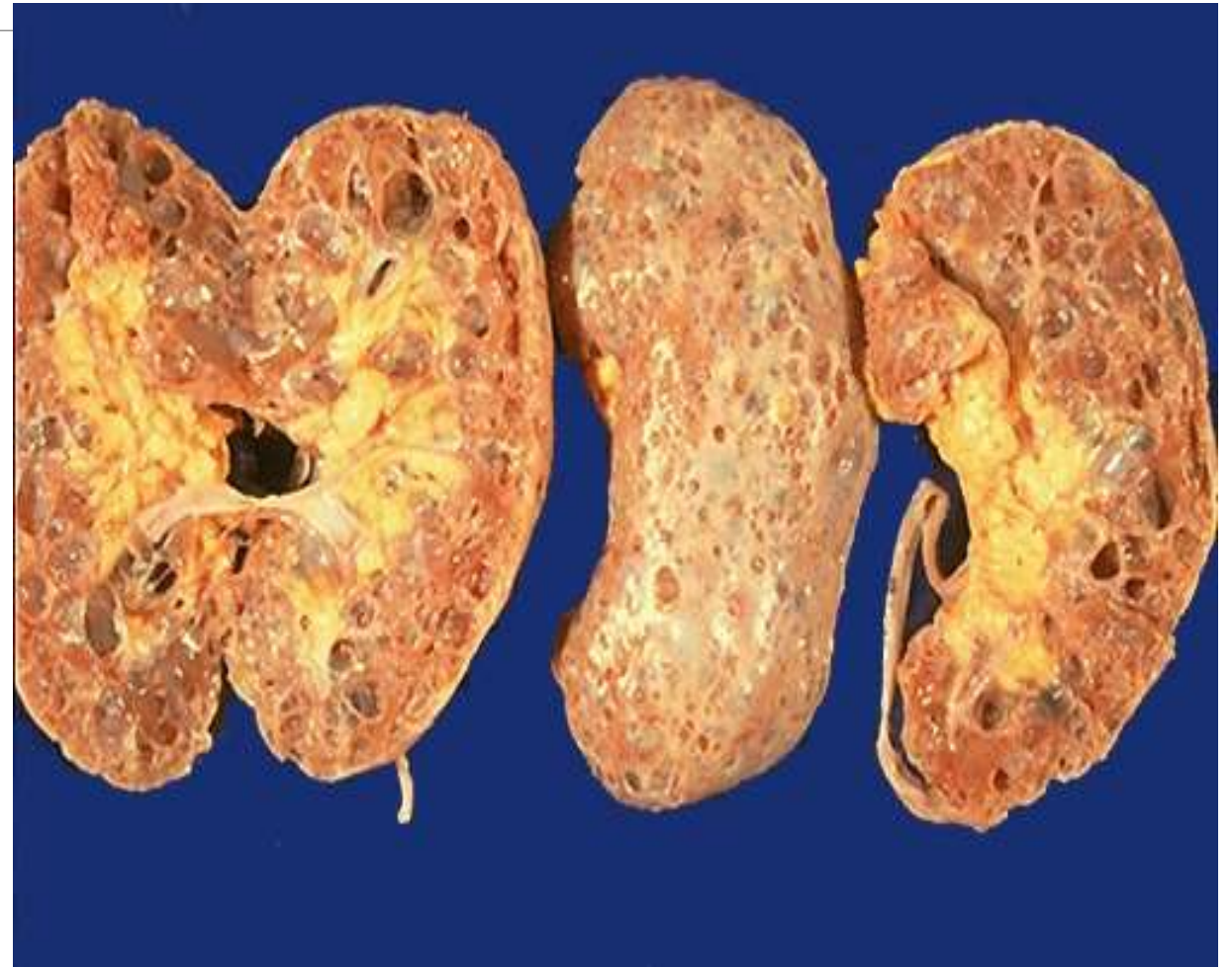
# 1- Simple Renal Cysts

- Multiple or single
- 1-5 cm in diameter
- filled with clear fluid.
- confined to the cortex.
- no clinical significance.
- Usually discovered incidentally or because of hemorrhage and pain
- Importance: to differentiate from kidney tumors



## 2- Cysts Associated With Chronic Dialysis

- patients with renal failure who have **prolonged dialysis\***.
- both cortex and medulla
- **Complications: hematuria; pain**
- **Increased risk of renal carcinomas** (100 times greater than in the general population)\*\*



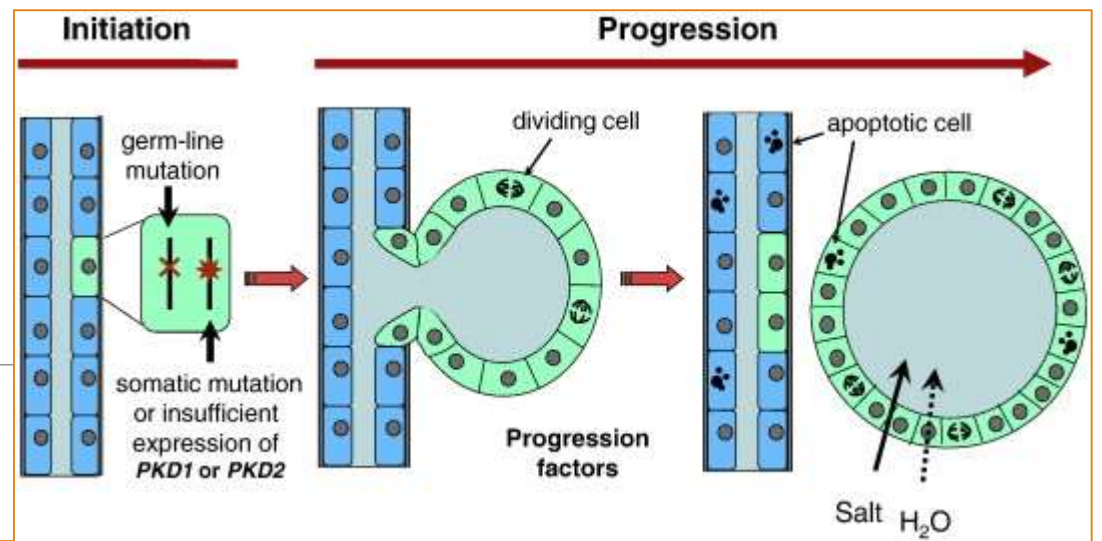
# 3- Autosomal Dominant (Adult) Polycystic Kidney Disease

- ❑ multiple bilateral cysts
- ❑ eventually destroy the renal parenchyma.
- ❑ Incidence (1: 500-2000) persons
- ❑ 10% of chronic renal failure.
- ❑ inheritance of one of 2 autosomal dominant genes:
  - ❑ (1)- ***PKD1***: 85-90% (encodes **polycystin-1**)
  - ❑ (2)- ***PKD2*** :10-15% (encodes **polycystin- 2**).



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# (Adult) Polycystic Kidney Disease

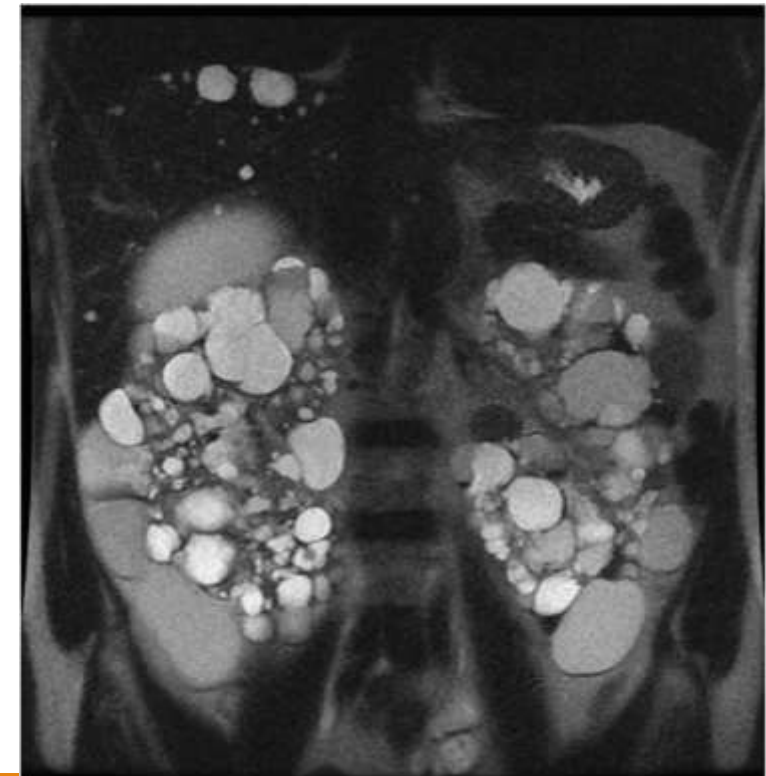


## Clinical presentation :

- ***asymptomatic*** until the 4<sup>th</sup> decade
- Symptoms: ***flank pain*** , heavy dragging sensation, abdominal mass, hemorrhage, obstruction, ***Intermittent gross hematuria***

## Complications

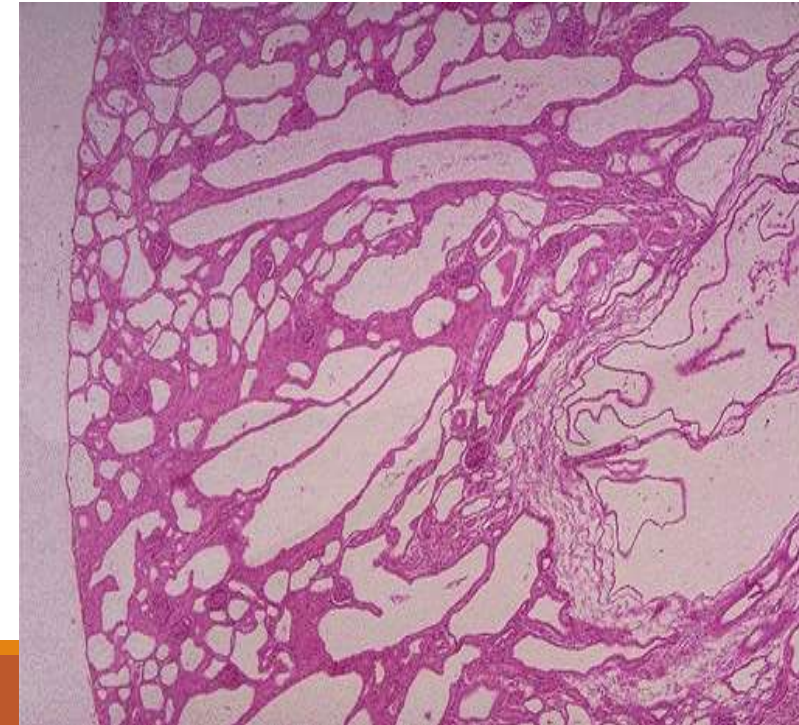
- 1- ***hypertension*** ( 75% )\*
- 2- ***urinary tract infections***
- 3- vascular ***aneurysms*** of circle of Willis\* (10% -30%) → (subarachnoid hemorrhage ).
- 4- ***renal failure*** at age 50 (25%; risk increases with age)



Coronal T2-weighted image shows symmetric enlargement of the kidneys, which contain multiple cysts with variable size

# 4-Autosomal Recessive (Childhood) Polycystic Kidney Disease

- ❖ autosomal recessive
- ❖ 1:20,000 live births.
- ❖ Types: perinatal, neonatal, infantile, and juvenile.
- ❖ Presents early in life
- ❖ Associated with liver cysts + hepatic fibrosis
- ❖ Mutations in *PKHD1* gene coding for *fibrocystin*.
- ❖ Fibrocystin may be involved in the function of cilia in tubular epithelial cells .



# Normal vs childhood polycystic kidneys

**NORMAL TERM INFANT KIDNEYS**

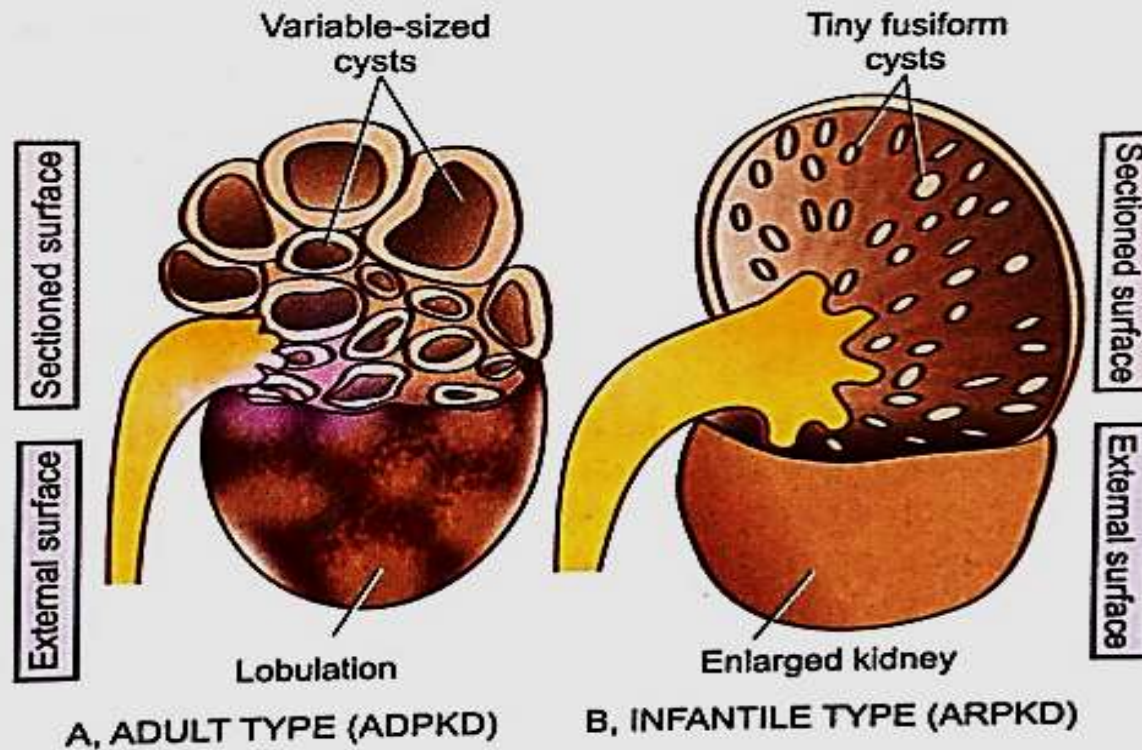


**CHILDHOOD POLYCYSTIC KIDNEYS**





# Adult vs childhood polycystic kidney disease



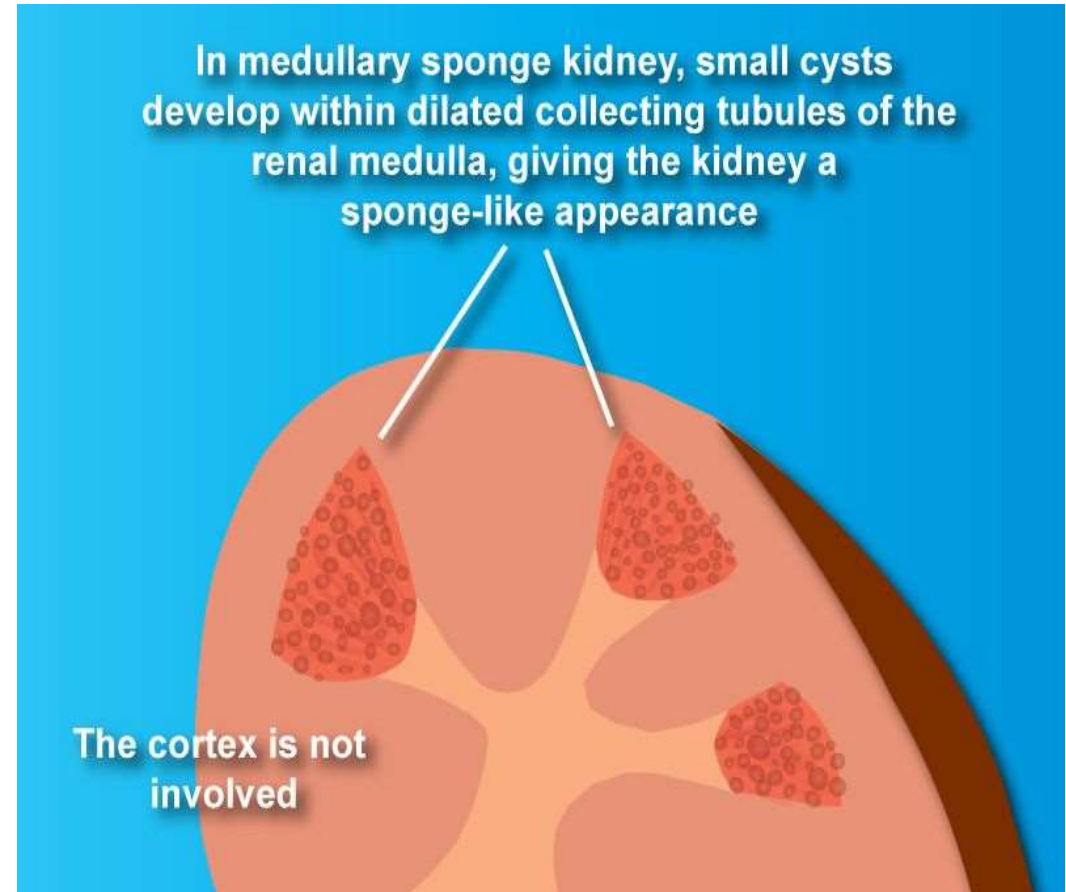
**Figure 22.8** ◀ Polycystic kidney disease. Diagrammatic representation of comparison of gross appearance of the two main forms.

# 5- Medullary Cystic Disease

## ➤ 2 major types:

### 1-Medullary sponge kidney

- A rare nonthreatening condition.
- developmental abnormality characterized by ectatic (dilated) ducts or cystic malformations in the medullary collecting ducts of kidney resulting in medullary cysts.
- Most patients are asymptomatic and the condition may be diagnosed based on incidental findings following radiologic investigation for other reasons.



## *2-Nephronophthisis-medullary cystic disease complex*

- - almost always associated with renal dysfunction.
- - usually begins in childhood.
- - Cysts are at cortico-medullary junction
- More than 9 gene mutations are described
- All share in common renal histologic triad of tubular basement membrane disintegration, tubular atrophy/ cyst formation, and interstitial fibrosis

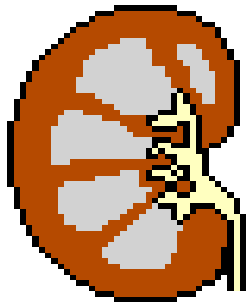


# *Nephronophthisis-medullary cystic disease complex (medullary- uremic type)*

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- Clinical features:
- polyuria and polydipsia (↓tubular function).
- renal failure over 5-10-year
- A positive family history and unexplained chronic renal failure in young patients should lead to suspicion of medullary cystic disease.

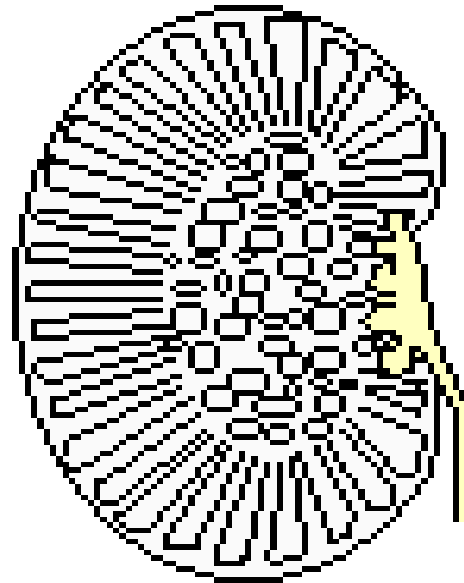
# Kidney Cysts



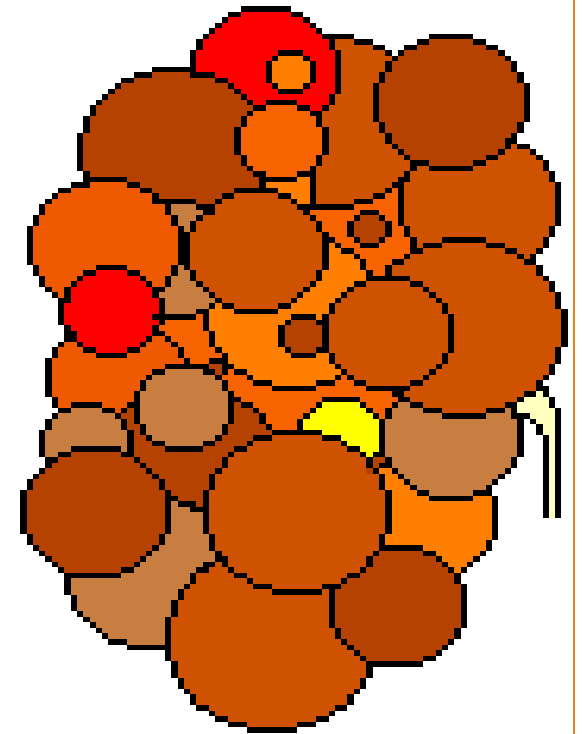
No cysts



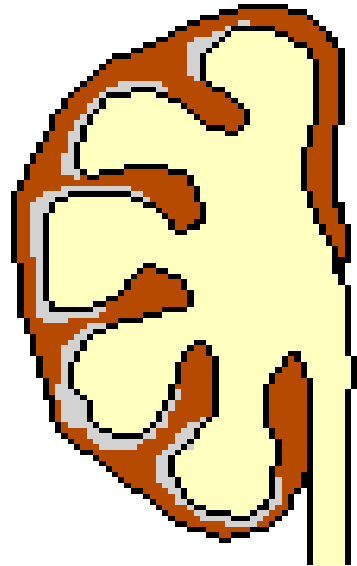
Simple cysts



Recessive polycystic



Dominant polycystic



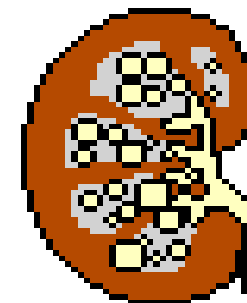
Hydronephrosis  
is not cysts



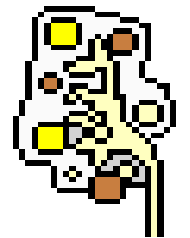
"Dysplasia"



Medullary  
sponge



Medullary  
uremic



Dialysis  
cystic