

## History Taking- PPs

1) A question describing chest pain, which is gradual in the last 4 months, localized to the right upper quadrant, no associated symptoms, happens for 5 minutes at no specific time. There are no relieving factors. Which of the following is missing?

- A. Radiation
- B. Character
- C. Site
- D. Onset
- E. None of the above

Answer: B

2) A gentleman who has been smoking 25 cigarette/day for 40 years, but stopped smoking 1 year ago, what's the pack years?

- A. 30
- B. 40
- C. 50
- D. 60
- E. Zero, because he stopped smoking

Answer: C

3) One of the following isn't considered a chief complaint:

- A. Headache for 4 years
- B. Seizure for 2 minutes

Answer: B

4) All the following are signs of alcohol dependency except:

- A. Drinking alcohol in the morning
- B. Ability to control starting or stopping drinking

Answer: B

5) Mr. Ahmad, a 64-year-old gentleman, he is married and works as a driver. He was admitted through ER on the 3rd of August 2022. The history was taken from the patient himself, by me, Khalid, a 4th year medical student at university of Jordan at 4:00 pm on 4th of August 2022. What's crucially missing in the previous patient's profile?

- A. Spouse name
- B. Residency

Answer: B

6) Which of the following represents a correct chief complaint ?

- a. Fits of 1 month duration
- b. Arthritis of 3 months duration
- c. Dysphagia of 1 week duration
- d. Indigestion of 1 hour duration
- e. Heartburn of 2 months duration

Answer: E

7) All of the following are features of alcohol dependence in history EXCEPT:

- a. A withdrawal state when drinking is stopped or reduced
- b. Inability to control starting or stopping drinking and the amount that is drunk
- c. Drinking alcohol at night
- d. Continuing drinking despite of being aware of the harmful consequences
- e. Drinking alcohol in the morning

Answer: C

8) When recording a family history using a pedigree chart which one of the following best describes how you should illustrate how a female is affected by a specific condition of interest ?

- a. An un-shaded square with details of the condition written at the side
- b. A shaded circle with details of the condition written at the side
- c. A un-shaded circle with details of the condition written at the side
- d. A circle which has been crossed through with details of the condition written at the side
- e. A shaded square with details of the condition written at the side

Answer: B

9) Which of the following is a correct chief complaint :

Palpitations

10) If a patient smoke 30 cigarettes per day for the past 6 years... calculate pack years

9 Pack years

11) Which of the following is true regarding the types of pathology :

progression of infection symptoms is usually rapid over hours or days.

12) Wrong statement about history taking:

Sympathy should be shown to build a good doctor-patient relationship.

13) Wrong statement about chief complaint:

Only one chief complaint should be recorded.

14) Wrong statement about history of presenting illness:

Negative symptoms that are related to C/P should not be included.

15) One of the following is not a complication of smoking:

- a. IHD
- b. HTN
- c. Peripheral vascular diseases
- d. Oral cancer
- e. Large baby size for the pregnant

Answer : E

16) A 60-year-old patient smokes 30 cigarettes per day and has been smoking for 40 years, he smokes:

- a. 45 pack years
- b. 50 pack years
- c. 55 pack years
- d. 60 pack years
- e. 90 pack years

answer: d

17) A patient says he drinks 350ml of whisky on a daily basis, if you know that ethanol concentration is 40%, how many units does the patient take daily?

- a. 3.5 units
- b. 14 units
- c. 16 units
- d. 7 units

answer: b

18) Calculate pack years 1 pack and 10 cigarettes for 20 years:

30 pack years

19) Concordance:

Is that patient and doctor is negotiated and reached an agreement on management.

20) Wrong about consultation with patients:

Ask open questions and never closed ones.

21) It is helping your patients feel that you understand what they are going through:

Empathy

22) Example on chief complaint:

Chest pain of 2 days duration

23) Critical alcohol intake in females:

14g of pure ethanol

24) 10 cigarettes a day for ten years:

5 pack years

25) Which of the following diseases that a father can't transmit to his son

Hemophilia A

26) Tobacco increases the risk of all of the following except :

- a. Intrauterine growth restriction
- b. Erectile dysfunction
- c. Sarcoidosis
- d. Ischemic heart disease
- e. Peptic ulceration

Answer: C

## Physical Examination-PPs

1) A young female whose weight is 35KG, and her height is 150cm, according to her BMI, what's her status?

- A. Morbidly obese
- B. Normal
- C. Overweight
- D. Obese
- E. Underweight

Answer:E

2) A patient complaining of ear pain, you decided to do physical examination, which of the following steps are incorrect during physical examination:

- A. Making sure that the room is private, warm & well-lit
- B. Ensuring private protection measures
- C. Head, chest, and abdomen exposure

Answer:C

3) Incorrect:

- A. 10% weight loss in 6 months is significant
- B. 1% weight loss in 1 months is significant
- C. 5% weight loss in 3 months is significant

Answer:B

4) A patient complaining of flushing in the face, all the following are possible causes except:

- A. Fever
- B. Rosacea
- C. Chronic kidney failure

Answer:C

5) A 15 years old patient, came to your clinic with her parents, she was short, had a flat occiput, small nose with poorly developed bridge and low set ear, on hand examination you noticed that she had a broad hand with single palmar crease, this is mostly associated with one of the following?

- a. Achondroplasia
- b. Klinefelter syndrome XXY
- c. Down syndrome
- d. Turner syndrome XO
- e. Myotonic dystrophy

Answer:C

6) All of the following are clinical features of iron deficiency anemia, EXCEPT:

- a. Koilonychia
- b. Angular stomatitis
- c. Glossitis
- d. Telangectasias
- e. Blue sclera

Answer:D

7)A 65-year-old male patient, presented to your clinic for evaluation of hyper-pigmentation in multiple areas of his skin, on evaluation you found multiple slate-grey colored hyper-pigmentation over the face and exposed arms, the drug that could cause this is :

- a. Phenothiazine
- b. Mepacrine
- c. Methotrexate
- d. Bisoprolol
- e. Naproxen

Answer:A

8)A 5 year old child is brought to the pediatrics clinic by his mother to get vaccinated, while you are evaluating the patient you suspected that this child has Down's syndrome, all of the following signs are supportive of your diagnosis, except:

- a. Small low set ears
- b. Up slanting palpebral fissures
- c. Brushfield spots in iris
- d. Microglossia
- e. Flat facial profile

Answer:D

9)All of the following are known causes of skin hyperpigmentation, EXCEPT :

- a. Chloasma
- b. Haemochromatosis
- c. Wilson disease
- d. Oral contraceptives
- e. Adrenal insufficiency

Answer:C

10)A 50 year old male patient presented to your clinic for evaluation of facial flushing, all the following diseases could be a cause except :

- a. Carcinoid syndrome
- b. Serotonin syndrome
- c. Androgen excess
- d. Rosacea
- e. Medullary thyroid cancer

Answer:C

13)A 22 year old male patient, presented to ER complaining of sudden onset shortness of breath of 2 hours duration, he was diagnosed with spontaneous pneumothorax, on evaluation of the patient to investigate the possible cause, you noted that the patient height is 185 cm, all of the following signs can support a diagnosis of Marfan's syndrome except :

- a. Limbs are long in relation to the length of the trunk
- b. Low arched palate
- c. Upward dislocation of eyes lenses
- d. Early diastolic murmur at Erb's area
- e. Arachnodactyly

Answer:B

14)A 25 year old female patient presented to your clinic due to nails changes for evaluation, on physical examination you noted fine pits on her nails, this sign could be caused by all of the following diseases except :

- a. Alopecia areata
- b. Psoriasis
- c. Lichen planus
- d. Eczema
- e. Infective endocarditis

Answer:E

15)All of the following are seen in iron deficiency anemia, except :

- a. Koilonychia
- b. Angular stomatitis
- c. Smooth red tongue
- d. Blue sclera
- e. Hepatosplenomegaly

Answer:E

16)Wrong statement about odors

- a. ketones due to diabetic ketoacidosis or starvation
- b. lung abscess and bronchiectasis can cause halitosis
- c. uremic fishy fetor in uremia
- d. ammonia smelling belching in gastric outlet obstruction
- e. mousy fetor hepatics in liver diseases

answer: d

17)Wrong statement:

- a. white + brown half nails differential diagnose is chronic kidney disease
- b. onycholysis is pathognomonic to psoriasis
- c. systemic sclerosis can cause telangiectasia
- d. nail fold angle less than 190 indicate clubbing

answer: d

18)Which of the following cause depigmentation

- a. Addison disease
- b. hypopituitarism
- c. adrenal insufficiency
- d. pregnancy + contraceptives
- e. hemochromatosis

answer: b

19)All cause finger clubbing except

- a. pulmonary fibrosis
- b. bronchiectasis
- c. COPD
- d. tetralogy of fallot

Answer:C

20)Marfan's syndrome cause all of the following except

- a. aortic regurg
- b. mitral valve prolapse
- c. downward dislocation of the lenses
- d. long fingers
- e. high arched palate

answer: c

23)All cause bilateral clubbing except :

Dialysis AV shunt

24)Wrong about finger clubbing :

It takes few days to develop

25)Causes red and soft tongue except

Amyloidosis

26)Patient with hyperthyroidism, you will find all of the following except

Dry skin

27) Causes macroglossia (large tongue)  
amyloidosis

28) Wrong Match  
poverty of expression/hypothyroidism

30) Symmetrical bilateral patches of depigmentation of skin  
Vitiligo

31) Finger changes with loss of skin wrinkles and peaking of the nose  
Systemic sclerosis

32) Non-Asian female, 67.5 Kg, 150 cm:  
obese "BMI = 30 "

33) Wrong about Clubbing:  
90% congenital

34) normal finding regarding clubbing  
Presence of schamroth's angle

35) 175cm, 65kg then BMI?  
21

36) The anatomical site that differentiates between hypercarotenemia and bilirubin  
Sclera

37) Wrong about odors  
Feshy smell>>>ketones

38) Not a cause for macrocytic anemia  
Iron deficiency anemia

39) Mismatching  
Thyrotoxicosis>>> brittle nails

41) Vitiligo  
Autoimmune destruction of melanocytes

42) All of the following true about clubbing except  
Most of the cases are familial

43) Depending on the calculation of BMI, person with 80 kg with 160 m, is considered to be:  
Obese



44)all of the following cause hyperpigmentation with a mechanism of increase melanin production except :

- a. Addison's disease
- b. Cushing's syndrome
- c. nelson's syndrome
- d. pregnancy
- e. erythema ab ign

answer: E

45)Which of the following is true about lymph nodes :  
examination of the liver and spleen is essential if lymphadenopathy was discovered .

46)The most common cause of deformity in the hand is :  
trauma

47)All of the following is seen in a patient of turner's syndrome except :  
single palmar crease

48)Koilonychia can be seen with which of the following :  
a. coeliac disease  
b. bronzed diabetes

answer: b

49)All of the following are associated with chronic iron deficiency anemia except :  
a. pallor  
b. tachycardia  
c. stomatitis  
d. glossitis  
e. none of the above

answer: e

50)which of the following is true about hand washing:  
a. transmission of microorganisms from the hands of healthcare workers is not the main source of cross-infection.  
b. healthcare-acquired infection don't cause serious illnesses.  
c. hand washing is the single most effective way to prevent the spread of infections.  
d. alcohol-based rub gel is better than water to clean the hands.

Answer:C

51)Wrong statement about hand washing in hospitals:  
a. Hand washing is the single most effective way of preventing cross-infection.  
b. A lot of patients are admitted due to healthcare infections.  
c. MRSA can be effectively removed by soap and water.  
d. Clostridium defficile can be effectively removed by alcohol-based gel.

answer: d

52)Which of the following is NOT characteristic of Marfan's syndrome?  
a. Tall stature  
b. Arm span is larger than standing length.  
c. Aortic regurgitation.

- d. Mitral prolapse.
- e. Down dislocation of the eye lens.

answer: e

53)Wrong about cyanosis:

- a. Anemic people can develop central cyanosis at normal levels of Hb saturation.
- b. Best place to assess central cyanosis is under the tongue.
- c. Peripheral cyanosis can occur alone or with central cyanosis.
- d. Bluish discoloration of skin and mucus membranes.
- e. Can be caused by teratology of Fallot.

answer: a

54)Wrong about high carotene:

- a. Can be caused by eating too much carrots and tomatoes.
- b. Can cause yellowish discoloration of the hand.
- c. Can cause yellowish discoloration of the sclerae.

answer: c

55)Not a cause of nail clubbing:

- a. COPD
- b. Transposition of great vessels
- c. Crohn's disease
- d. Lung fibrosis
- e. Empyema

answer: a

56)One of the following may not cause generalized lymphadenopathy:

- a. SLE
- b. Lymphoma
- c. Celiac disease
- d. Mumps

answer: d

57)Wrong about nails abnormalities:

- a. Beau's lines can be caused by SLE.
- b. Koilonychia can be associated with malnutrition.
- c. Slit hemorrhages can be seen in manual workers.
- d. Brown discoloration in candidiasis.
- e. Onycholysis can be associated with psoriasis.

answer: a

58)True statement about lymph node examination:

- a. Non-Hodgkin lymphoma is characteristically rubbery on examination.
- b. In metastatic diseases the lymph nodes are stony hard.
- c. Immobile lymph nodes always indicate malignancies.
- d. Lymph nodes can never be palpated in normal individuals.

answer: b

59) A patient is 110 Kg and 170 cm long, the best description to him is:

- a. Underweight
- b. Normal weight
- c. Overweight
- d. Obese
- e. Morbidity obese

answer: d

Done By  
Majdoleen Hamed 🥰