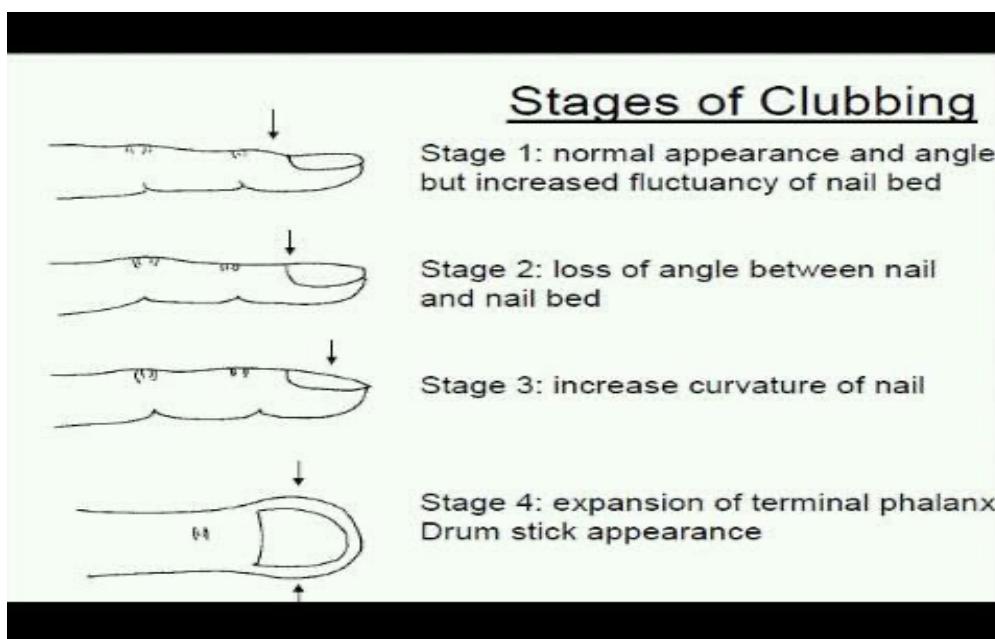


- **Radiation: local extension (to same anatomical distribution)**

**Radiating pain spreads away from the source of the pain. Referred pain is felt in a different body area than the source of the pain.**

- **Referred pain: pain perceived at a location other than the site of the painful stimulus. It is a result of interconnecting sensory nerves that supplies many different tissues.**

Features	Diagnosis
Cold, sweaty hands	Anxiety
Cold, dry hands	Raynaud's phenomenon
Hot, sweaty hands	Hyperthyroidism
Large, fleshy, sweaty hands	Acromegaly
Dry, coarse skin	Regular water exposure Manual occupation Hypothyroidism
Delayed relaxation of grip	Myotonic dystrophy
Deformed hands/fingers	Trauma Rheumatoid arthritis Dupuytren's contracture



- **Weight loss considered significant if:**

- ✓ **10% over 6 months**

- ✓ **5% over 3 months**

- ✓ **2% over 1 month**

Pay attention to central and peripheral cyanosis:

Central cyanosis: **Lips, tongue and buccal or sublingual mucosa**

Peripheral cyanosis: **Distal extremities** (fingers, toes) and can sometimes involve lips and circumoral areas but does not involve sublingual mucosa (under the tongue) or the tongue.

Cyanosis under the tongue or in buccal and sublingual mucosa is exclusive for central cyanosis.