

# 009 1st Quiz

1-all of the following cause hyperpigmentation with a mechanism of increase melanin production except:

- a. Addison's disease
- b. Cushing's syndrome
- c. nelson's syndrome
- d. pregnancy
- e. erythema ab igne

answer: E

2-A patient ... kg weight and ... cm long, calculate his BMI:

27.7kg/m2 overweight

3-Which of the following is true about lymph nodes:

examination of the liver and spleen is essential if lymphadenopathy was discovered.

4-The most common cause of deformity in the hand is:

trauma

5-All of the following is seen in a patient of turner's syndrome except:

single palmar crease

- 6-Koilonychia can be seen with which of the following:
  - a. coeliac disease
  - b. bronzed diabetes

answer: b

7-All of the following are associated with chronic iron deficiency anemia except:

- a. pallor
- b. tachycardia

- c. stomatitis
- d. glossitis
- e. none of the above

answer: e [not sure of the options]

8-Which of the following is a correct chief complain:

**Palpitations** 

9-If a patient smoke 30 cigarettes per day for the past 6 years... calculate pack years

9 Pack years

10-Which of the following occupations can cause mesothelioma:

boilermen

11-Which of the following is not an autosomal dominant inherited disorder:

cystic fibrosis

12-Which of the following is true regarding the types of pathology:

progression of infection symptoms is usually rapid over hours or days.

# 13- which of the following is true about hand washing:

- a. transmission of microorganisms from the hands of healthcare workers is not the main source of cross-infection.
- b. healthcare-acquired infection don't cause serious illnesses.
- c. hand washing is the single most effective way to prevent the spread of infections.
- d. alcohol-based rub gel is better than water to clean the hands.

answer: c

# 011 1st Quiz

# 1-Wrong statement about history taking:

Sympathy should be shown to build a good doctor-patient relationship.

# 2-Wrong statement about chief complaint:

Only one chief complaint should be recorded.

# 3-Wrong statement about history of presenting illness:

Negative symptoms that are related to C/P should not be included.

# 4-Wrong statement about hand washing in hospitals:

- a. Hand washing is the single most effective way of preventing cross-infection.
- b. A lot of patients are admitted due to healthcare infections.
- c. MRSA can be effectively removed by soap and water.
- d. Clostridium defficile can be effectively removed by alcohol-based gel.

### answer: d

# 5-Which of the following is not autosomal dominant?

- a. Polycystic kidney of the adult
- b. Cystic fibrosis
- c. Huntington's disease
- d. Neurofibromatosis

### answer: b

# 6-Which of the following is NOT characteristic of Marfan's syndrome?

- a. Tall stature
- b. Arm span is larger than standing length.
- c. Aortic regurgitation.
- d. Mitral prolapse.
- e. Down dislocation of the eye lens.

### answer: e

# 7-Wrong about cyanosis:

- a. Anemic people can develop central cyanosis at normal levels of Hb saturation.
- b. Best place to assess central cyanosis is under the tongue.

- c. Peripheral cyanosis can occur alone or with central cyanosis.
- d. Bluish discoloration of skin and mucus membranes.
- e. Can be caused by teratology of Fallot.

### answer: a

# 8-Wrong about high carotene:

- a. Can be caused by eating too much carrots and tomatoes.
- b. Can cause yellowish discoloration of the hand.
- c. Can cause yellowish discoloration of the sclerae.

### answer: c

# 9-One of the following is not a complication of smoking:

- a. IHD
- b. HTN
- c. Peripheral vascular diseases
- d. Oral cancer
- e. Large baby size for the pregnant

#### answer: e

# 11-Not a cause of nail clubbing:

- a. COPD
- b. Transposition of great vessels
- c. Crohn's disease
- d. Lung fibrosis
- e. Empyema

### answer: a

# 12-One of the following may not cause generalized lymphadenopathy:

- a. SLE
- b. Lymphoma
- c. Celiac disease

d. Mumps

### answer: d

# 13-Wrong about nails abnormalities:

- a. Beau's lines can be caused by SLE.
- b. Koilonychia can be associated with malnutrition.
- c. Slit hemorrhages can be seen in manual workers.
- d. Brown discoloration in candidiasis.
- e. Onycholysis can be associated with psoriasis.

### answer: a

# 14-True statement about lymph node examination:

- a. Non-Hodgkin lymphoma is characteristically rubbry on examination.
- b. In metastatic diseases the lymph nodes are stony hard.
- c. Immobile lymph nodes always indicate malignancies.
- d. Lymph nodes can never be palpated in normal individuals.

### answer: b

15-A 66-year-old patient with 10 years history of smoking comes to your clinic complaining of continuous cough, he has lost 10 Kg of his weight, he works as a shopkeeper and has a history of working in building ships 20 years before, x-ray showed plaques and fluids in one side of the thorax, the condition which should be on top of your differential diagnosis is:

- a. Asthma
- b. Silicosis
- c. Mesothelioma
- d. COPD

### answer: c

# 16-About edema and dehydration, one statement is wrong:

- a. Unilateral leg edema can be caused by deep vein thrombosis.
- b. Edema can be caused by lymphatic obstruction.

c. Dry mouth is reliable sign of dehydration.
answer: c
17-A 60-year-old patient smokes 30 cigarette per day and has been smoking for 40 years, he
smokes:
a. 45 pack years
b. 50 pack years
c. 55 pack years
d. 60 pack years

e. 90 pack years

answer: d

18-A patient says he drinks 350ml of whisky on daily basis, if you know that ethanol concentration is 40%, how many units does the patient take daily?

a. 3.5 units

b. 14 units

c. 16 units

d. 7 units

answer: b

19-A patient is 110 Kg and 170 cm long, the best description to him is:

a. Underweight

b. Normal weight

c. Overweight

d. Obese

e. Morbidity obese

answer: d

014 1st Quiz

1-Calculate pack years; 1pack and 10cigarettes for 20years:

30 pack years 2-Not a cause for macrocytic anemia Iron deficiency anemia 3-Vitiligo Autoimmune destruction of melanocytes 4-All of the following true about clubbing except Most of the cases are familial. 5-Depending on the calculation of BMI, person with 80 kg with 160 m, is considered to be: Obese 6-Concordance Is that patient and doctor is negotiated and reached an agreement on management. 7-Wrong about consultation with patients Ask open questions and never closed ones. 8-Wrong about taking a history It is possible that computer screen got the way of the patient. 9-All of the following are symptoms of Marafan syndrome except Downward dislocation of eye lens. 10-It is helping your patients feel that you understand what they are going through Empathy 12-Which of the following diseases that a father can't transmit to his son Hemophilia A 12-Mismatching

Thyrotoxicosis>>> brittle nails

13-Mismatching
Deficiency of vit.B1>>>scurvy
14-Example on chief complaint
Chest pain of 2 days duration
16-The anatomical site that differentiate between hypercarotenemia and bilirubin
Sclera
17-Wrong about odors
Feshy smell>>>ketones
18-All decrease pain thresholds except
Exercise
19-Affected female with inherited disease can be represented by
Shaded circle and the name of the disease is written at its side.
20-175cm, 65kg then BMI?
21
21-Antihypertensive drug causes cough
Lisinopril
22-Does not cause diffuse lung disease
Augmentin
23-Mismatching
Rusty red sputum>>>staph aureus
24-Not from OSAHS symptoms
Chest pain
25-Wrong statement

Benign snoring is less common than OSAHS
26-Does not cause late crackles
Bronchiolitis
27-Clinical case in which Copious amount of sputum worse at morning, Change with posture. So, the diagnosis:
<ul><li>a. chronic bronchitis.</li><li>b. Bronchiactasis</li></ul>
Answer: B
28- normal finding regarding clubbing
Presence of schamroth's angle
29-Clinical case in which Abnormal sound in the right lung, Tracheal deviation to the left, The diagnosis:
Right pleural effusion
30-Clinical case in which a person complains SOB while walking
Grade 2
31-Does not cause bradyapnea
Diabetic ketoacidosis
32-Not a physical sign in hyperinflation of COPD
[REFER TO THE PICTURE IN THE SLIDE]
33-Clinical case in which Stony dull lung, The injury occurred after an accident, The diagnosis:
Hemothorax
34-C3 injury to spinal cord leads to
[ANSWER NOT PROVIDED]

# 35-Not a physical sign for pneumonia

Decreased TVF

## 36-Severe asthmatic attack

During inspiration, BP=85mmHg. And during expiration =100 mmHg

# 37-Biphasic stridor:

Tracheal tumor

# 017 1st Quiz

# 1-Wrong about Clubbing:

90% congenital

# 2-Wrong about clinical case w/Decreased corticosternal length:

ant-posterior length decreased.

# 3-Non-Asian female, 67.5 Kg, 150 cm:

obese "BMI = 30"

# 1-A case of acute panic attack

high pO2

# 2-Wrong about one with a rusty sputum

decreased tvf

# 3-Wrong about a case of pneumonia

decreased tvf

# 4-Not in a case of pulmonary embolism

wheeze

# 5-A guy travelled to Asia

TB
6-Dry cough with normal x-ray
GERD
7-Least common cause hemoptysis in one who takes ACEI
ACEI
8-One with anti-hypertensive drugs suffers from a dry cough
captopril
9-Mechanism of hypoxia in PE
V/Q mismatch
10-Wrong about lung CA
mydriasis
11-Cough improves on weekends
occupational asthma
12-What doesn't cause "stridor"
COPD
13-Wrong definition
Kussmaul's pattern
14-Hyperresonance on lt. Side and rt. tracheal deviation
LT. Tension pneumothorax
15-Dullness on rt. Side and left deviation of trachea
RT. Pleural effusion
16-Wrong statement
yellow sputum is associated with upper respiratory tract infections [[it should be lower]]

## 17-Heroine overdose causes

hypoventilation

# 18. Wrong statement

RT. Pneumothorax is associated with RT. Bronchial sounds

## 19-A case with bilateral bronchial sounds and fever is?

Lung consolidation

# **FINALS**

# 1-Wrong statement:

- a. white + brown half nails differential diagnose is chronic kidney disease
- b. onycholysis is pathognomonic to psoriasis
- c. systemic sclerosis can cause telangiectasia
- d. nail fold angle less than 190 indicate clubbing

### answer: d

# 2-Which of the following cause depigmentation

- a. Addison disease
- b. hypopituitarism
- c. adrenal insufficiency
- d. pregnancy + contraceptives
- e. hemochromatosis

# answer: b

# 3-All cause finger clubbing except

- a. pulmonary fibrosis
- b. bronchiectasis
- c. COPD
- d. tetralogy of fallot

### answer: c

# 4-Wrong statement about odors

- a. ketones due to diabetic ketoacidosis or starvation
- b. lung abscess and bronchiectasis can cause .... Odor
- c. uremic fishy fetor in uremia
- d. ammonia smelling belching in gastric outlet obstruction
- e. mousy fetor hepatics in liver diseases

### answer: d

# 5-Marfan's syndrome cause all of the following except

- a. aortic regurg
- b. mitral valve prolapse
- c. downward dislocation of the lenses
- d. long fingers
- e. high arched palate

### answer: c

# 6-Case of sudden severe pleuritic chest pain with hemoptysis and SOB , normal symmetrical

# bilateral air entry + normal heart sounds, what is the cause

- a. pulmonary effusion
- b. pulmonary embolism
- c. Myocardial infarction
- d. lung cancer

### answer: b

# 7-Retrosternal pain sharp+ pleuritic+ acute+ sever, choose the right statement

- a. exacerbated by sitting forward.
- b. preceded by upper respiratory tract infection.
- c. cause by plaque rupture.

### answer: b

# 8-True about respiration

- a. normally, expiration phase is longer than inspiration
- b. in early COPD, the patient has pursed lip breathing
- c. large goiter can cause stridor
- d. cheyn-stokes is deep breathing related to COPD
- e. sth about kussmaul deep breathing in ketoacidosis

### answer: c

# 9- long case with night sweats, fever, matted lymph nodes

- a. Lung cancer
- b. TB
- c. lymphadenopathy
- d. pneumonia
- e. erythema nodosum

### answer: b

# 10-Bronchial breathing + coarse crackles

- a. pulmonary fibrosis
- b. bronchiectasis
- c. pulmonary edema

#### answer: a

# 11-Symmetric bilateral sounds, sneezing +nasal discharge+chronic cough

- a. acute upper respiratory tract infection
- b. rhinitis+ sinusitis
- c. pulmonary effusion

### answer: b

# 12-True about respiration

a. respiratory rate is normally 12-25 per minute

- b. main accessory muscles are sternocleidomastoid+ trapezius+ scalene muscles
- c. few Campbell de morgan spots in elderly are abnormal

answer: b

13-Both in emphysema and chronic bronchitis

polycythemia (mostly)

14-Causes erythema nodosum

acute sarcoidosis

15-Smelly cough, least likely cause

chronic bronchitis

16-Worsening shortness of breath, depressed diaphragm, prolonged expiration

acute asthma

17-COPD, pain on right side increased with respiration, hyper resonance on right, trachea to left

right pneumothorax

18-Stroke paient, left sided decreased TVF, decreased breathing sounds and dullness, trachea to left

left atelectasis

19-Lung cancer, left sided decreased TVF, decreased breathing sounds and dullness, trachea to left

left collapse

20-Treated for right lobar pneumonia, has right sided decreased TVF, stony dull and descent soundson the right, trachea to the left

right pleural effusion

21-Patient on antibiotics with decreased TVF, dull and decreased sounds bilaterally, drug to stop

nitrofurantoine
22-Dull, aching retrosternal pain, not related to respiration
cancer invading mediastinal lymph nodes
23- All cause bilateral clubbing except
Dialysis AV shunt
24-Wrong about finger clubbing
It takes few days to develop
25-Causes red and soft tongue except
Amyloidosis
26-Patient with hyperthyroidism, you will find all of the following except
Dry skin
27-Causes Malt Worker's lung
Aspergellus clavatus
28-Doesn't cause occupational asthma
cotton
29-Doesn't affect recurrent laryngeal nerve
stomach cancer
30-Wrong on vitiligo
causes bilateral asymmetrical skin depigmentation
31-Causes macroglossia
amyloidosis
33-Critical alcohol intake in females
14g of pure ethanol

# 34-10 cigarettes a day for ten years

5 pack years

# 35-Wrong Match

poverty of expression/hypothyroidism

# 36-The most common cause of bronchial breathing sound

Lung consolidation

# 37-Left tracheal deviation and left decrease breathing sound

Left upper lobe collapse

# 38-Pulsus paradoxus

- a. COPD
- b. Bronchitis
- c. effusion
- d. pneumothorax

### answer: a

### 39-Diabetic ketoacidosis

Kussmual breathing

# 40-Does not cause pleurtic chest pain

Cystic fibrosis

# 41-Wrong about obstructive sleep apnea

Upper airway obstruction is due to accumulation of secretions

# 42-Mismatching

- a. diffuse lung disease>>>hydralazine
- b. bronchiolitis>>>pencillamine
- c. pleural effusion>>>amoxicillin
- d. pulmonary hypertension>>>>fenfluramine

### answer: c

# 43-Asthmatic patient, what is wrong

- a. normal chest expansion between attacks
- b. do CT scan to evaluate the condition

answer: maybe b

44-Not late crackles

**Bronchiolitis** 

45-Stony dull

Pleural effusion

47-Symmetrical bilateral patches of depigmentation of skin

Vitiligo

48-Finger changes with loss of skin wrinkles and peakering of the nose

Systemic sclerosis

الله أكبر، الله أكبر، الله أكبر لله أكبر لا إله إلّا الله الله أكبر، الله أكبر، الله أكبر ولله الحمد ولله الحمد اذكونا بدعوة.