

A patient presented to the clinic complaining from a neck mass, take history to differentiate if it's hyperthyroidism or hypothyroidism.

Thyroid history Check list		
Introduced themselves & take permission	0	1
Ask about patient profile	0	1
Ask about chief complain	0	1
Duration of mass appearing	0	1
Site of the mass	0	1
Sudden/gradual onset	0	1
Progressive or not	0	1
Painful or painless	0	1
Any other masses	0	1
Is there previous history of neck masses	0	1
Ask about dysphagia	0	1
Ask about odynophagia	0	1
Is there palpitation / S.O.B	0	1
How is the patients mood ? irritable , depressed ? sleepy or restlessness	0	1
Is there constipation / diarrhea	0	1
Ask about appetite	0	1
Ask about menses abnormality	0	1
Ask about tremor	0	0.5
Ask about cold/hot intolerance	0	1
Ask about hands , dry / sweaty	0	1
Ask about alopecia	0	1
Ask about carpel tunnel syndrome symptoms parasthesia , night pain , muscle weakness	0	1
Ask about weight , gain or loss	0	1
Husky voice ?	0	1
Ask about any eye problems	0	1
Ask about any nail problems	0	1
Ask about autoimmune diseases ; vitiligo ,DM 1 ,celiac	0	1
Ask about postpartum thyroiditis	0	1
Ask about thyroid surgery (thyroidectomy)	0	1
Ask about radioactive iodine therapy	0	1
Ask about drug use ; amiodarone , lithium	0	1
Ask about iodine intake within food (to rule out iodine deficiency or excess)	0	1
Ask about any preceding illness i.e. URTI	0	1
Ask about radiation exposure	0	1
Ask about symptoms of malignancy	0	1
Ask about R.O.S	0	1
Ask about past medical history	0	0.5
Ask about past surgical history	0	0.5
Ask about family history of autoimmune diseases and malignances	0	1
Ask about social history (smoking)	0	1
Thank the patient	0	0.5
Signature	Total mark	/39