Acute leukemia

ALL (Acute Lymphoblastic Leukemia)

- Disease of children .
- Symptoms:
 - Fever
 - Bone pain
 - Splenomegaly, hepatomegaly, lymphadenopathy (infiltration by malignant cells)
 - Headache, vomiting (meningial spread)
 - May cause bone marrow depression (anemia, thrombocytopenia, neutropenia)
- Let Γ In **Down syndrome** → Risk of ALL ↑ 10-20x
- Bone marrow biopsy: hypercellular with lymphoblast.
- Lymphocytes antigens:
 - T-cell CD1,CD2,CD3,CD4,CD5,CD7,CD8
 - B-cell CD10,CD19,CD20,CD21,CD22,CD23

Pre-B cell ALL:

- Markers: CD10 "CALLA", CD19, CD20
- +ve to TdT

B-Cell ALL

- Translocations:
 - Philadelphia chromosome t(9;22) ... Adults ... poor prognosis
 - o t(12;21) ... children ... good prognosis

○ T-Cell ALL:

- Common in adolescent males (teens to 20s)
- Makers: CD2,CD3,CD4,CD5,CD7,CD8
- Presents as a mass:
 - Lymphadenopathy
 - Mediastinal mass
 - Anterior with pleural effusions
- Tumor compression may occur:
 - SVC syndrome
 - Tracheal obstruction
- **Treated** with chemotherapy
- In "Sanctuary sites": Testes and CNS
 - Poor penetration by chemotherapy drugs and relapse may occur in these locations
 - Special treatments (radiation/chemo) used

AML (Acute Myelogenous Leukemia)

- Common in adults males (M>F)
- **Symptoms** (symptoms from bone marrow suppression):
 - Anemia: Fatigue, weakness, pallor
 - Thrombocytopenia: Bleeding (especially gums)
 - Neutropenia: infections
 - Splenomegaly, hepatomegaly, lymphadenopathy (less common than ALL)
- Peripheral blood smear: Anemia, thrombocytopenia, Myeloblast, Auer rods... Hallmark.
- Auer rods (Pathognomonic AML , due to accumulation of MPO , can caus DIC).
- So, AML is +ve to MPO.
- FAB classification system classify AML based on morphological features: M0-M7
- A key subtype of AML is APML (M3).
- Prognostic Factors:
 - Older age ... poor prognosis
 - Poor performance status
 - o Cytogenetics (Chr 7 deletion, Chr 5 deletion, trisomy 8) ... poor prognosis
 - Molecular mutation
 - 2ary AML ... poor prognosis
 - Leukocytes count at presentation > 100000 ... poor prognosis

APML (Acute Promyelocytic Leukemia) (M3)

- Defined by translocation **t(15;17)**
- Creates a fusion gene: PML-RARA
 - Promyelocytic leukemia gene (PML) (Chr 15)
 - Retinoic acid receptor alpha (RARA) (Chr 17)
 - This abnormal RAR prevents normal maturation of promyelocytes, resulting in the accumulation of a immature cells.
- APML is frequently associated with **DIC**, which can be a **common initial presentation**. The high levels of myeloperoxidase (MPO) in promyelocytes and the release of procoagulant factors contribute to this condition.

- Treatment

- \circ Tretinoin (all trans retinoic acid) \rightarrow (form of vitamin A)
 - may lead to ATRA syndrome (Retinoic acid syndrome)
 - Occurring within the first three weeks of treatment
 - Characterized by fever, dyspnea, chest pain, pulmonary infiltrates, plural and pericardial effusion and hypoxia .

AMML (Acute Myelomonocytic Leukemia) (M4)

- With inverted 16 and associated eosinophilia
- this is a **good prognostic** category
- Associated with leukemia cutis
- CNS disease may occur

Chronic leukemia

CML (Chronic Myelogenous Leukemia)

- Malignant disorder of myeloid progenitor cells
- Classified as a myeloproliferative disorder
- Dysregulated production of granulocytes (Neutrophils, basophils, eosinophils)
- Pathogenesis:

The Philadelphia chromosome is formed by a translocation between chromosomes 9 and 22 [t(9,22)], leading to the creation of the BCR-ABL fusion gene. This gene encodes tyrosine kinases, which promote increased cell proliferation and reduce apoptosis, resulting in the accumulation of myeloid cells.

- Lab tests:
- Peripheral blood (chronic phase):
 - Leukocytosis
 - $_{\circ}$ \uparrow neutrophils
 - ↑ myeloblasts, promyelocytes, myeolcytes, bands
 - $_{\circ}$ \uparrow **basophils** (rare finding!) \rightarrow More prominent as the disease progress.
 - ↑ eosinophils
- Mild anemia; normal or increased platelets
- All patients should have evidence of the translocation either by **cytogenetics**, **FISH** or **molecularly to make a diagnosis** of CML.

- CML Phases:

- Chronic phase (usually years)
 - Can be asymptomatic (↑ WBC on blood testing)
 - Fatigue, malaise, weight loss, splenomegaly (90% LUQ pain & mass)
 - Few blasts (usually <5%)
 - More responsive to treatment, especially TKI

Accelerated phase (usually months)

- Basophilia, anemia
- We start seeing immature cells (blasts between 10-20% in blood or BM)
- Treatment failure (rising WBC)

o Blast crisis

- Clinically, it behaves like an **acute leukemia** (>20% blasts in periphery or marrow)
- Hyposegmented neutrophils may appear (Pelger-Huet anomaly).
- Transform to AML (more common) or ALL
- Refractory to treatment

- Treatment

- Imatinib (Tyrosine Kinase Inhibitors) TKI
 - Side effects: myelosuppression, Resistance
- Stem cell transplant (SCT)
- Bone marrow transplant (BMT) for crisis

CLL (Chronic Lymphocytic Leukemia)

- Disorder of naïve lymphocytes (lymphocytosis)
- Characteristic immunophenotype:
 - CD5+ B cells
 - "Co-express CD20 and CD5"
- Median age 60
- Patients often asymptomatic
- Clinical Presentation:
 - o Lymphadenopathy, splenomegaly, hepatomegaly
 - $_{\circ}$ Hypogammaglobulinemia (\downarrow IgG, IgA, IgM) \rightarrow Increased susceptibility to bacterial infections
 - Anemia (Anemia of chronic disease, **autoimmune hemolytic anemia** (treated with steroids)).
 - Thrombocytopenia
- Many patients observed without treatment
- On blood smear : Smudge cells ... Hallmark
- Patients with CD38 +ve , ZAP +ve have poor prognosis



- CLL treatment criteria:

- Patient <u>has symptoms</u>
- o <u>Decline in Hb or Plt.</u> (anemia & thrombocytopenia)
- Lymphadenopathy
- Hepatosplenomegaly
- Recurrent infections
- **Treatment**: chemoimmunotherapy

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