

* blood supply → From renal artery → Fx → Clean the body and get waste

Labs: blood, urin, imaging, Biopsies

blood → CBC: RBC, WBC, Pt

Chemistry: Complete metabolic Panel

① blood sugars → Fasting blood glucose < 100 mg/dL

② electrolytes → Na = 135-145 (الكتروليتات)

Ka → 3.5-5.3 CL → 90-110 Ca 8.4-10.2

mg % 2, Pou < 3

③ KFT → A → creatinin: .6-1.2

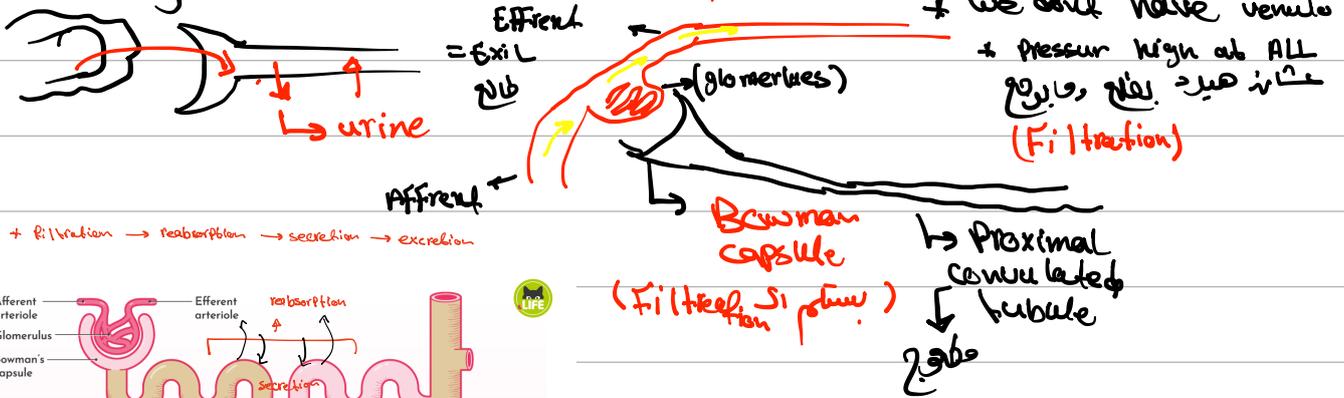
blood urea nitrogen < 20

* CK → creatin kinase → enzyme
 → creatine → creatinin → blood → kidney → excreted into urine
 waste product muscle in body
 فx: creatine phosphate
 ATP شبه
 energy molecule in muscle
 يعبر عنه في
 عندنا أقل

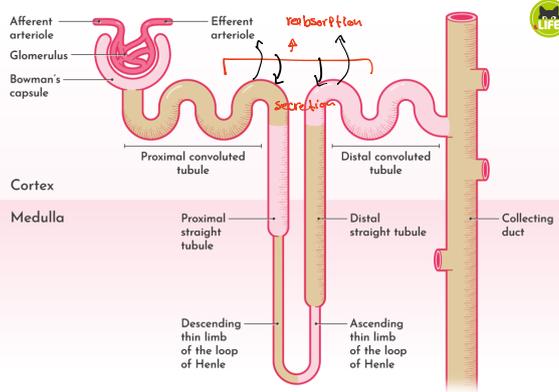
Urea & urea Produced by Liver from (Protein degradation) → excreted by urin
 From gi through Portal circulation

* every kidney has 1/2 million nephron

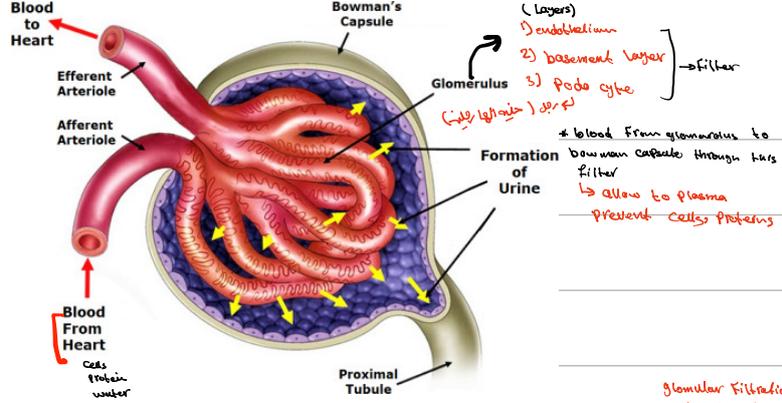
= capillary, tubes → Filtration of plasma.



+ Filtration → reabsorption → secretion → excretion



(AKF)



* CO: 5L/min → 1/4 to kidneys (renal blood flow) 1/2 → Filter (90-120 ml/min). Cells protein water

GFR = 90-120 mL/min / 1.73 m² BSA * GFR $\frac{1}{1.73}$ $\frac{1}{1.73}$

glomerular filtration rate (GFR)

* body surface area
 * give the pt a substance (Inulin) → into the blood

the filtrate to urin * without absorption or secretion (الشيء)

* in hospital → rely on (creatinine) * (Produced from muscle)

if kidney disease → ↓ GFR ↑ creatinine → GFR ينقص، بزيادة الكرياتينين

* equation → to (estimate) GFR

Cockcroft-Gault Formula for Estimating Creatinine Clearance

$$CrCl (mL/min) = \frac{(140 - \text{age}) \times \text{Lean Body Weight (kg)}}{\text{Serum Creatinine (mg/dL)} \times 72} \quad (\times 0.85 \text{ if female})$$

$(140 - 40) \times 70$
 1×72
 $\rightarrow \frac{7000}{72}$
 تقريباً 97 ml/min
 less normal

* MDRD if GFR ↓ → Cr ↑, BUN ↑

CKD-Epi (0.5 mL/hr/kg) ← ↓ urin out put

60 kg → 30 mL/hr → 24 x 30 mL = 720 mL (نظراً للوقت)

AKI ⇒ ↓ GFR acutely within days (1-7)

Diagnosed if creatine ↑ in 48 hours

urin output ↓ in 6 hours

* 40 Female → for elective cholecystectomy → Cr: 0.8 mL/dL
 1 week later → cr = 1.7
 if ↑ 1.5 times or ↑ 7:3 → (AKI) حالة تدهور لوظيفة الكلى

baseline → 0.5 → 0.8 / 0.75 AKI

Causes of AKI

pre renal → ↓ renal blood flow (1.2 L/min)

renal → kidney disease

Post renal → obstruction of urin out flow

Pre renal → ↓ RBF

* 1) ↓ CO (HF) → cardio renal syndrome

2) ↓ effective volume of blood
 ↳ liver cirrhosis ↳ nephrotic syndrome

3) renal vascular disease

- * obstruct renal vessel:
- Drugs → constrict ↓
- 1) NSAIDs; constrict → afferent arterioles
- 2) ACEI/ARB → ↑ K + AKI → constrict efferent
- 3) Tacrolimus / cyclosporin: immunosuppressant in Transplant pt

4) shock: ↓ BP → ↓ RBF

- ↳ hypovolemic: hemorrhage
- ↳ septic: infection
- ↳ cardiogenic: from severe HF
- ↳ neurogenic

Hx: cardiac disease: edema / dyspnea (HF)

* يلاحظ تورم الكلى؟ تورم الرئة؟

Liver Dx P

↳ ↓ BP → shock

PE → vitals → volume status

hypo → dry mucos membran conjunctiva / lips	normo	hyper edema LL Ascites Periorbital
↓ BP ↑ HR Prolonged capillary refill		Triad of edema
↓ LOC		1) HF 2) cirrhosis 3) nephrotic

From PE

* How to assess volume status better?

1) U/O best way

* hyper volemia

2) body weight * 65 → 75 → water retention week
 ↳ (objective way) ↳ dehydration

Labs:

1) Cr ↑ BUN ↑

when ↓ RBF → the kidney try to compensate through 2 hormone: Aldosterone / ADH → increase blood volume

* Aldosteron → ↑ Na reabsorption
 ADH → ↑ water, urea ↓

* Pre renal

↑ Bun > ↑ cr → لارتفاع ADH ارتفاع urea

Bun / cr → 20 / 40 في نسبة الارتفاعات

urine, Na ↓ < 10 / Fractional Excretion Na ^{NL 2%}
 (FENA) النسبة التي تخرجها بعض قليل
 في AKI لأنه وقت يتغير المتغيرات ما يتغير

* Urin concentration
 ↓ Na ↓ urea ↓ H₂O
 أكبر كمية بغير ارتفاعات

PRE Renal

Bun / cr ↑ > 20 ADA

U Na ↓ < 10 Aldo

FE Na ↓ < 1% Aldo

osmolality ↑ > 350 both mainly ADH

RENAL

كل الطرق في الدم

↓ ↑ ↑ ↓
 >20 >21
 bc the kidney don't respond
 to ADH / Aldosteron

* Causes :

- 1) glomerula
- 2) tubular
- 3) interstitial between tubules.

1) glomerular :

↳ Fx : Filter like blood : remove cells and proteins

Dys fx : * Proteinuria (Protein) → مفرط glomerular
 * hematuria (cells) معقدة منه

AKI → glomerulonephritis : acute infection
 (G.U) (nephritic syndrome) (NS)
 Proteinuria

* Syndrome → HELD (dysmorphic RBC)

* Hematuria : appear like RBC cast
 دم و بولها لا يتغير لوني في NS يعني و بولها يتغير

* Edema → hyper volemia → LL / Periorbital
 ↳ ↓ GFR ↓ U/O ↑ Na → water retention

* HTN → hyper volemia

* Oliguria → ↓ U/O (AKI)

* Proteinuria → Causes :

Pharyngitis / skin infection
 group (A) → strep pyogenes
 the 2-4 weeks later can cause (PS G.U) 5-15 (female)

mcc in children : Post streptococcal G.U (female)

Adults : IGA nephropathy

Case: 12 y girl, eye swelling * Cola urin

* Periorbital edema

Labs → Durin analysis → ABC cast

U/O → Adult → 0.5 - 1 mL/h/kg

Children → 1 - 1.5 mL/h/kg

* Proteinuria → Dipstick

more accurate : 24 urin collection (دقيق)

NL : < 150 mg / day / > 150 → Proteinuria

* Faster way → Urin Protein creatinine ratio

↓
 24 urin protine. ↓
 ينقسم لـ 3 في spot
 وينقسم على بعض (المختبر في الدم)

• 5 → 600 mg / day NL < 0.15

• 1 → 100 mg / day

estimate protine in just one sample.

PSGU Diagnosis :

confirm GAS infection : by history if has pharyngitis or skin infection (2-4) weeks

Labs → ① anti streptolysin O (Antibody)

② biopsy of the kidney (if we not sure)

Tx → fluids to ↑ U/O

Anti hypertensive blood if anemia (due to hematuria)

Nephritic criteria:

1) Urin analysis → 1) cast / dysmorphic (hematuria)

2) Edema / HTN / oliguria / Proteinuria
best test: uric ↓

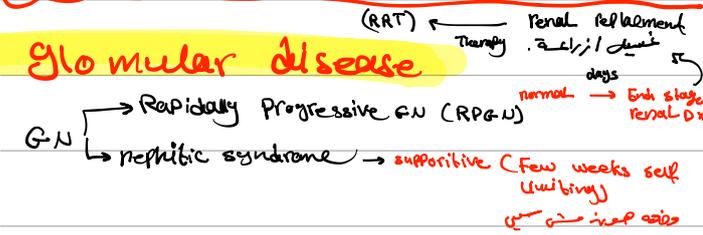
Adult → IGA nephropathy → occur

After URTI → gastro enteritis within (2-4)

Days, They already have pharyngitis.

* Bx → IGA deposition

Glomerular disease



* RPPGN → to 3 types depend on (Biopsy)

Biopsy: (crescentic GN)

* Immune fluorescence → Ab → (Linear) BM → (GBM)

1) Antibodies against (glomerular basement membrane)

2) immune complex deposition

3) Pauci immune: nothing (NO 1/2)

→ (Ab + Ag) in blood → trigger to inflammation

trigger to inflammation → (inflammation)

Immune complexes:

→ immune complex disease.

PSGN: bacteria GAs → pharyngitis / skin infection

↓ when wbc fight GAs → release antigen catch by immunity → causes immune complex then filtered by kidney.

↓ nephrotoxic strain GAs

by kidney.

* IGA nephropathy (rapidly)

URTI / gastro enteritis → Protein Ag + IGA (Viral)

PSGN

AGN

bacteria

viral

2-4 weeks Post pharyngitis

2-4 days sym pharyngitis

IgG - Ag

IgA - Ag

children

Adult

1) Anti GBM

→ GN alone → Hematuria / AKI

→ Lung involvement → Effect Alveolar membrane
Hematuria / Hemoptysis (Goodpasture syndrome)

2) ICD

→ PSGN
→ SLE

3 Pauci → vasculitis (ANCA)

* affect lung * Hemoptysis * hematuria

tubular → renal AKI

* acute tubular necrosis (ATN)

2 Causes

1) ischemia → MCC
2) toxic material

* tubule The first part necrosis → the highest demand →

→ RBF → Pre renal → 1-2 days → renal → waiting for healing

ATN:

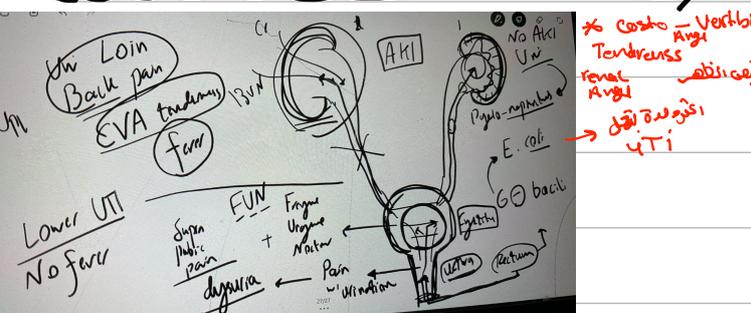
↓ (proximal) ↓

doing epithelial cast → muddy brown cast (ATN)

2) Toxic materials: Drugs / toxins
 Abx: Aminoglycoside → gentamicin / Neomycin / Tobramycin * heavy metals
 Loop diuretics: Lasix: Furosemide * Proteins: multiple myeloma
 Chemo: cis platin / Carboplatin * Hg
 Anti fungal: aztreonam B myoglobin: rhabdomyolysis
 PPI → omeprazole
 Contrast material / US/MS

* interstitial nephritis: التهاب الكلى البؤري

- 1) bacterial → pyelonephritis
 → Penis → urine → ascending inf → penis
- 2) allergic interstitial nephritis (AIN)
 both affected → ↑ of AKI
 Fever / loin pain / CVA tenderness
 ⊕ Articular Rash. ⊕ itchy



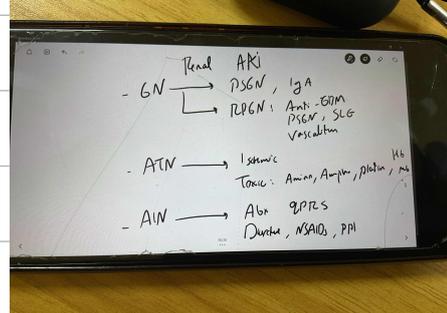
Labs (kidney)
 Pyelo AIN
 ↓ AKI ↑ AKI

wBC neutrophils Eosinophils > 4%
 ESR, CRP ↑ ↑

UA → detect gram [-ve] [+ve] bacteria
 (color) → yellow (UTI)
 1) gross
 2) dipstick
 3) microscopy
 cells: RBC, wbc, epithelial
 casts: RBC, muddy
 crystals: FN, ATN

[1-5 day]
 urin culture → what the type of bacteria

Abx mcc of UTI → quinolone, Rifampin, sulfonamide, Penicillin + cephalosporine



Post renal AKI

* urinary tract diseases

obstruction & reflux → when blood goes back → increases the pressure inside the kidney causes destruction (scarring)
 Benign Prostate Hyperplasia
 * anuria + AKI → Acute urin retention.
 * Lower Abd Pain due to distention bladder
 Ex: (cath)

Chronic kidney disease 7 months

Definition:
 1) impaired kidney structure
 2) " " function
 3 ↓ GFR (most common)

* structure: Poly cystic kidney disease with NL GFR & function
 * Function: Proteinuria + NL GFR + NL structure → nephrotic

* GFR: 90-120 ml/min/1.73

stages:
 1 → GFR > 90 with none structural or functional impair
 2 → 60-90
 3 → 30-60 * creatinin, 40
 ↳ AKI
 4 → 15-30 CKD → GFR
 5 → < 15 ESRD.

* what the causes.
 most common cause → 1) DM 2) HTN

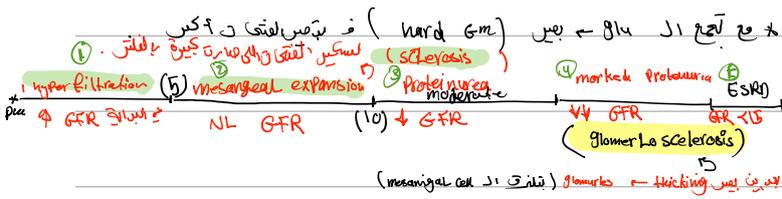
Other causes → 1) glomerulopathy 2) amyloidosis.
 3) Hereditary 4) Anesthetic nephropathy 5) Congenital
 6- (sick cell)

Diabetic nephropathy

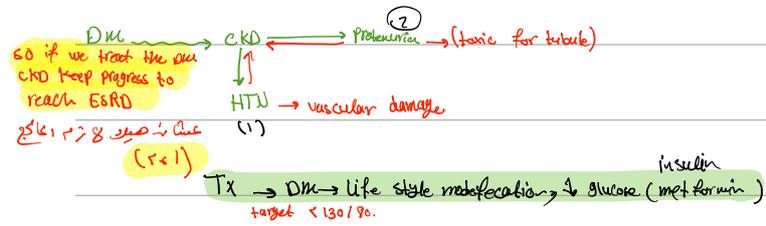
due to micro vascular complication of DM
 affect small vessel → diabetic retinopathy, neuropathy, nephropathy
 * nephropathy → in glomeruli

NAVE ↑ blood glucose → react with GEM → glomerular damage due to hyperglycemia
 زجاج على الفلتر

* stages → defined how much duration → nephropathy



From 3 cause HTN / Proteinuric CKD.



(Proteinuric / HTN → ACEI / ARBS) ↓ Protein intake (< 2g/day)

Diagnosis of DM nephropathy → (through stakes)

1) hyperfiltration → 0-5 years

2) mesangial expansion (NL < 30) (30-300 mg/dL) micro albuminuria -ve in dipstick / +ve Albumin creatinine ratio

3) moderate Proteinuria → From here we diagnose (not before)

4) severe proteinuria

5) ESRD (> 300 mg/dL)

6) ESRD

Screening → 1) Albumin creatinine Ratio > 30 micro albuminuria when ? After (5) years of developing (not diagnosis)

in type 1) pt complains (DKA) → After 5y. (تأكد من السكر)

Tx → we don't know → so immediately doing screening

Complication of CKD

1) HTN → ACEI / ARBS HTN → CKD → HTN → CKD (20% from kidney)

2) Anemia of kidney disease → ↓ EPO (20% from kidney) normocytic Anemia Tx → replace EPO → (EPO Alfa) (once reach we stop EPO → bcz EPO cause HTN and bleeding)

3) IDA → due to blood loss / ↓ intake Tx: Iron

4) renal bone disease

5) uremia

nephrotic syndrome → glomerulopathy → damage to filtration membrane.
 GFR can be normal

* NO inflammation → NO hematuria → NO HTN → NO oliguria

main problem is proteinuria → dipstick → part of urin analysis. Useless
 → 24 hour urin collection / UPCR → NL < 150 mg/day

nephrotic range 11 = 7.3.5 g/day = 3500 mg/day

2) Edema → ↓ Albumine → ↑ oncotic Pressure

3) Hypo Albuminemia < 3.5 g/dL

4) ↓ immunoglobulins (Anti body) → immuno deficiency → infection

5) ↓ anti coagulation → like anti thrombin III → thrombosis (from liver) BUT APTT, AT

6) Lipiduria → Hyperlipidemia (VLDL → Double)

Lipids → Cholesterol → Triglyceride → not water soluble

Can't move in blood alone → to transfer the Proteins we

should use Protein around it (APO LIPO protein) + Lipids = LIPOPROTEIN (from liver)

like LDL / HDL → so Loss of LIPO protein → Cause ① Lipiduria

Lipoproteinemia → so liver compensate and ↑ Production of LIPOPROTEIN → so increase more than normal

Causes →

Children → minimal change disease

Adult → membranous Glomerulopathy (caution)

African Adult → focal segmental glomerulosclerosis

minimal change disease.

Called this due to Bx on light microscope there is minimal change.

Light → NL

IF → normal

EM → damage (Loss of Podocyte Pro Cess)

1 old boy → Puffy eyes.

Hx = infection / edema /

blood test → Lipid ↑, ↓ Albumin (3.5-5) / Cr ↑ Ben (normal 4.1)

↓ Ig, Coagulation

urine test → UPCR > 35 / Lipid

Tx → steroids → due to autoimmun

Causes ① Primary

② secondary → 1) infection, 2) Drugs (NSAIDs) 3) Cancer Hodgkin Lymphoma

membranous →

Bx → LM → thick basement

membrane

* EM → spike → dome → due to Antibody - Antigen immune complex

IF → granular appearance

Causes → 1) Primary 2) secondary → * infections → Hepatitis, * splitis

* drug → Penicillamine, gold → * Auto immune → SLE (Immune complex)

* cancers solid (Lungs, kidney, breast)

Tx → depend on cause:

diffuse cause → affect part of glomerules → thick basement membrane
Focal segmental glomerulosclerosis

→ affect some glomeruli not all (global) cause

LM → thick BM / IF -ve / EM loss of foot process.

Primary / secondary → D infection → HTV → collapsing glomerulopathy (bad)

2) obesity, pregnancy 3) drugs → interferone

Tx → ① steroids → poor response ② other immunosuppressant

	LM	IF	EM	Causes	Tx
MCD	NL	+	Loss of podocyte	Light microscopy	+
Child	+	+	"	NSAID	+
FSGS	+	+	"	HL	+
Adult African	+	+	"	HIV → collapsing	+
Membranous	+	+	"	Infection	+
Adult Caucas	+	+	"	Drug, Sepsis	+
	+	+	"	Hepatitis	+
	+	+	"	SLE	+
	+	+	"	Solid tumor	+
	+	+	"	Drugs	+
	+	+	"	Auto immune	+
	+	+	"	Other	+
	+	+	"	Support	+

* membranous proliferative glomerulopathy mp sv combination between (nephritic + nephrotic)

membranous → proliferative
 thick BM
 ↓
 nephrotic
 ↓
 P&N → nephritic

(→ proteinuria / AKI) 2000 mg/dl 1000 mg/dl

causes → infection → hepatitis C

* auto immune → cryoglobulinemia

* polycystic kidney disease (structural impaired) ADPKC

inherited. - multiple cyst in both kidney - appear like abdominal masses

2 types.

infant: Autosomal recessive at birth + congenital abnormal

→ HTV at early age

Adult: Autosomal dominant → 20-30 → fx history, malformation → kidney masses (cyst) → rupture (hemorrhage) → cause pain / infection → abscess (ct scan) → UTI + stones.

1) Liver cyst - Pancreatic cyst - Berry aneurysm → subarachnoid hemorrhage → cause Death

2) diverticulosis 3) mitral valve Prolapse → murmur

* Alport syndrome

defect in Collagen Type IV which in GBM →

glomerulopathy → leads to hematuria, proteinuria (nephritic) ESRD (↑FFR) → RRT.

② Ear → sensorial hearing loss (later to life)

③ Eye: lens → visual problems (cataract) (hematuria later to life)

mc → X linked (male) through mother → so we ask about maternal family hx like uncle (carrier)

Em: basket weave (مَشَقَقَة تِلْ سَلْمَانِيَّة)

CKD manifestation

① Na + water retention → hypervolemia → edema due ↓ GFR
 ↳ give diuretics.

② electrolyte disturbances → ↑ hyperkalemia

③ Acid base disorders → metabolic Acidosis (subacute) Acid
 ↳ ESRD

④ uremia → BUN from liver through protein use

* the waste product from protein / kidney cant get from body

urea it self not very toxin / but urea toxin very worse

(Uremia → signs and symptoms not Labs)

↑ BUN → Anemia this is Anemia
 ↓ Nitrogen

uremic syndrome → * accumulation of urea toxin leads to ESRD

GI → ↓ appetite, nausea, vomiting (تقيؤ، غثاس، قيء) → ↑ urea toxin
 skin → hyperpigmentation (تصبغ) → ↑ urea toxin

Hematological: Platelet dys function PLT count is Nk → but bleeding time Prolonged

* bruising and GI bleeding → IDK

④ CNS → ↓ concentration, lethargy, uremic encephalopathy = ↓ LOC, Pericardial nephropathy
 ⑤ CNS → uremic Pericarditis

met. Acidosis

UAGMA

↳ Renal → RTA

↳ GIT → diarrhea

HAGMA

MUD PILES

met Alkalosis

↳ saline responsive

↳ ↓ volume

* sweating

vomiting

Hemorrhage

↑ diuresis

↳ saline unresponsive

↑ Aldo

RAAs

Con syndrome.

اللهم ارحم الدكتور جهاد الجبور واغفر له واعفُ وتجاوز
عنه واجعله من أهل الفردوس الأعلى يا رب العالمين