

Patients at highest risk for complications

- Prosthetic cardiac valves
- Transcatheter valves
- Prosthetic material used for valve repair
- Previous infective endocarditis
- Transplant recipients with valvulopathy
- Congenital heart disease AND:
- Unrepaired cyanotic lesions
- Cyanotic lesions with palliative shunts or conduits
- Repair ≤ 6 months ago with prosthetic material
- Repaired lesions with residual defects

Who does NOT require prophylaxis?

- Mitral valve prolapse with:
- Regurgitation
- Thickened leaflets
- Acquired valvular heart disease
- Prior rheumatic fever
- Hypertrophic cardiomyopathy
- Uncorrected, non-high risk congenital defects
- Bicuspid aortic valve
- Patent ductus arteriosus
- VSD
- Primum ASD
- Aortic coarctation

Which procedures require prophylaxis?

- Dental procedures
- Manipulation of gingival tissue or root of teeth
- Perforation of oral mucosa
- Cleaning, extraction, root canal
- Incision into active skin/soft tissue infection
- Incision or biopsy in respiratory tract
- Tonsillectomy/adenoidectomy
- Bronchoscopy with biopsy

Prophylactic drugs :

Clindamycin or ampicillin or amoxicillin

Before 30 min of the procedure



Prophylaxis



Modified Duke Criteria

Used to categorize infective endocarditis into:

◆ Definite IE:

- By pathology:
 - Microorganisms found on excised valve, vegetation, or abscess
 - Histology showing active endocarditis
- By clinical criteria:
 - 2 major
 - 1 major + 3 minor
 - 5 minor

◆ Possible IE:

- 1 major + 1 minor, or
- 3 minor criteria

◆ Rejected IE:

- Alternative diagnosis fully explains the symptoms
- No pathological evidence of IE and <4 days of antibiotics
- Resolution of symptoms with <4 days of antibiotics



Major Clinical Criteria

1. Positive blood cultures:
 - Typical organisms (e.g., Strep viridans, Staph aureus)
 - Multiple positive cultures OR
 - Single positive culture for Coxiella burnetii
2. Evidence of endocardial involvement:
 - Echocardiogram findings:
 - Vegetation
 - Abscess
 - Prosthetic valve dehiscence
 - New valvular regurgitation

Treatment



Minor Clinical Criteria

1. Predisposing condition: e.g., IV drug use, structural heart disease
2. Fever $\geq 38^{\circ}\text{C}$
3. Vascular phenomena:
 - Janeway lesions
 - Embolic infarcts
 - Splinter hemorrhages
 - Conjunctival hemorrhage
 - Mycotic aneurysm
4. Immunological phenomena:
 - Osler's nodes
 - Roth spots
 - Glomerulonephritis
 - Rheumatoid factor
5. Microbiological evidence that does not meet major criteria



Quick Mnemonic for Minor Criteria: "FIVE PM"

- Fever
- Immunologic signs
- Vascular signs
- Evidence of risk (IV drug use, heart disease)
- Positive cultures (not enough for major)
- Minor!

1 if the Pt. has Pacemaker and there's suspicion of IE → Remove the Pacemaker

2 If Pt. has IE that lead to Stroke and the Pt. is on warfarin → Stop warfarin to avoid bleeding.

Device infections: management

1. Suspect device infection

- Fever, WBCs up, ESR up
- Erythema, swelling and erosion at generator site

2. Hx, physical exam, device interrogation

3. Blood cultures followed by antibiotics

Complete removal of the device

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Device infections: management

When might the device remain?

1. Superficial infection at incision site

2. No pocket involvement

3. Bacteremia alone with ALL of the following:

- Clinical stability, established alternative source
- TEE negative for lead involvement
- No involvement of pocket or recent manipulation
- No valvular involvement or endocarditis
- Resolution of bacteremia with antibiotics

Device infections: management

When can the device be re-implanted?

1. Does the patient need a new device

2. Select new site, preferably contralateral

3. Wait for negative blood cultures

- 72 hours after device removal
- 14 days if valves involved

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