GENERAL APPROACH TO HISTORY AND EXAMINATION IN NEUROLOGY

1. HISTORY:

- IMPORTANT AID IN DIAGNOSIS.
- TAKEN IN CONJUNCTION WITH INFORMATION FROM OTHER SYSTEMS, PREVIOUS MEDICAL HISTORY, FAMILY AND SOCIAL HISTORY AND CURRENT MEDICATION.
- A) HEADACHE: ONSET, TIMING, FREQUENCY,
 PRECIPITATING AND RELIEVING FACTORS, DURATION,
 SEVERITY, CHARACTER, ASSOCIATED FEATURES
 (VISUAL, VOMITING...).

- B) <u>VISUAL DISORDER</u>: ONSET, FREQUENCY, DURATION, PRECIPITATING FACTORS, IMPAIRMENT OF ONE OR BOTH EYES, TOTAL OR PARTIAL, DIPLOPIA (GAZE DIRECTION), HALLUCINATIONS.
- C) LOSS OF CONSCIOUSNESS: ONSET, FREQUENCY,
 DURATION, TONGUE
 BITING/INCONTINENCE/TWITCHING,
 PRECIPITATING FACTORS, CARDIOVASCULAR OR
 RESP. SYMPTOMS, HEAD INJURY, ALCOHOL/DRUG
 ABUSE.

- D) SPEECH DISORDER: ONSET, FREQUENCY, DURATION,
 DIFFICULTY IN ARTICULATION/ EXPRESSION/
 COMPREHENSION.
- E) MOTOR DISORDER: ONSET, FREQUENCY, DURATION,
 PRECIPITATING AND RELIEVING FACTOR (WALKING,
 REST), LACK OF COORDINATION, WEAKNESS,
 INVOLUNTARY MOVEMENT.
- F) <u>SENSORY DISORDER</u>: ONSET, FREQUENCY, DURATION, PRECIPITATING FACTORS (WALKING, NECK MOVEMENT), RELIEVING FACTORS (REST), PAIN, NUMBNESS, SITE.

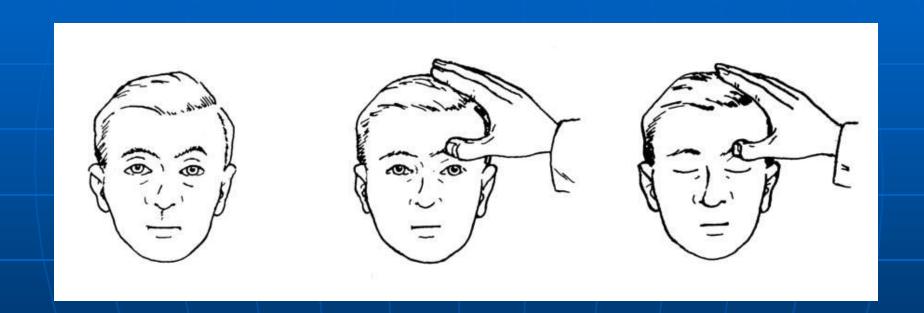
- G) SPHINCTER DISORDER: ONSET, FREQUENCY, DURATION, DIFFICULTY IN CONTROL (INCONTINENCE, RETENTION), BLADDER, ANAL.
- H) LOWER C.N. DISORDER: ONSET, FREQUENCY, DURATION, DEAFNESS/ TINNITUS, VERTIGO, BALANCE OR SWALLOWING DISORDER, VOICE CHANGE.
- I) MENTAL DISORDER: ONSET, FREQUENCY, DURATION, MEMORY, INTELLIGENCE, PERSONALITY, BEHAVIOR.

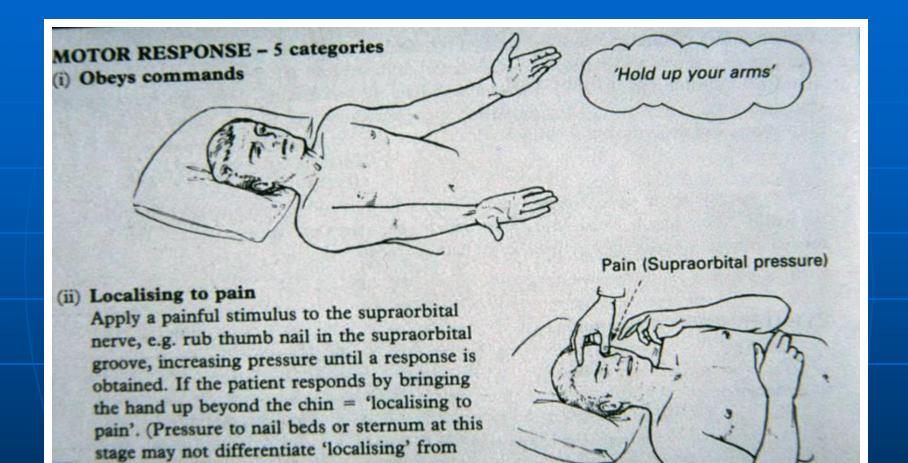
2. EXAMINATION:

- TEMP., BP, PULSE, NECK STIFFNESS, CAROTID BRUIT, CARDIAC MURMURS, WEIGHT LOSS, HEPATOSPLENOMEGALY, SEPTIC SOURCE, SKIN MARKS (ANGIOMATA), HC/AF IN BABY.
- CNS EXAM: CONSCIOUS LEVEL AND HIGHER
 CEREBRAL FUNCTION, CRANIAL NERVES (1-12),
 UPPER LIMBS (MOTOR, SENSORY, DTR), TRUNK,
 SPHINCTERS, LOWER LIMBS (MOTOR, SENSORY, DTR).

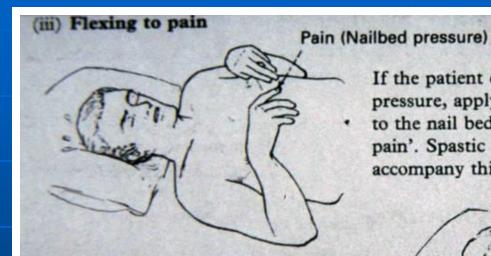
A. CONSCIOUS LEVEL ASSESSMENT: GLASGOW COMA SCALE:

- EYE OPENING: SPONTANEOUS; TO SPEECH TO PAIN; NONE.
- VERBAL RESPONSE: ORIENTATED,
 CONFUSED, UTTERING WORDS, SOUNDS,
 NONE.
- MOTOR RESPONSE: OBEYS COMMANDS,
 LOCALIZING TO PAIN, FLEXING TO PAIN,
 EXTENDING TO PAIN, NONE.





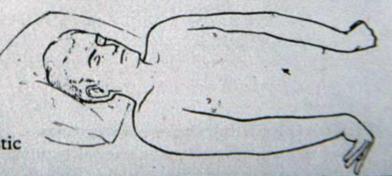
'flexing'.)



If the patient does not localise to supraorbital pressure, apply pressure with a pen or hard object to the nail bed. Record elbow flexion as 'flexing to pain'. Spastic wrist flexion may or may not accompany this response.

(iv) Extending to pain

If in response to the same stimulus elbow extension occurs, record as 'extending to pain'. This is always accompanied by spastic flexion of the wrist.



B. HIGHER CEREBRAL FUNCTION:

- COGNITIVE SKILL:
 - 1) <u>DOMINANT HEMISPHERE</u>:

 APHASIA (EXPRESSIVE/RECEPTIVE), ALEXIA,
 AGRAPHIA, A CALCULIA, AGNOSIA.
 - 2) NON-DOMINANT HEMISPHERE:
 NEGLECT SYNDROME, DRESSING AND
 CONSTRUCTIONAL APRAXIA.

– MEMORY TEST:

- IMMEDIATE, RECENT, REMOTE, VERBAL AND VISUAL MEMORY.
- RETROGRADE AMNESIA.
- POSTTRAUMATIC AMNESIA.
- REASONING AND PROBLEM SOLVING (CALCULATION, PROVERBS).
- EMOTIONAL STATE: DEPRESSION,
 EXCITEMENT, SLOWNESS..

C. CRÁNIAL NERVE EXAMINATION:

- OLFACTORY NERVE (I):

TESTING EACH NOSTRIL USING AROMATIC NON-IRRITANT MATERIALS THAT AVOID STIMULATION OF TRIGEMINAL NERVE FIBRES IN THE NASAL MUCOSA (SOAP, TOBACCO).

- OPTIC NERVE (II):
 - VISUAL ACUITY:
 - 1) SEVERE DEFICIT:

CAN PATIENT SEE LIGHT OR MOVEMENT?
CAN PATIENT COUNT FINGERS?



2) MILD DEFICIT:

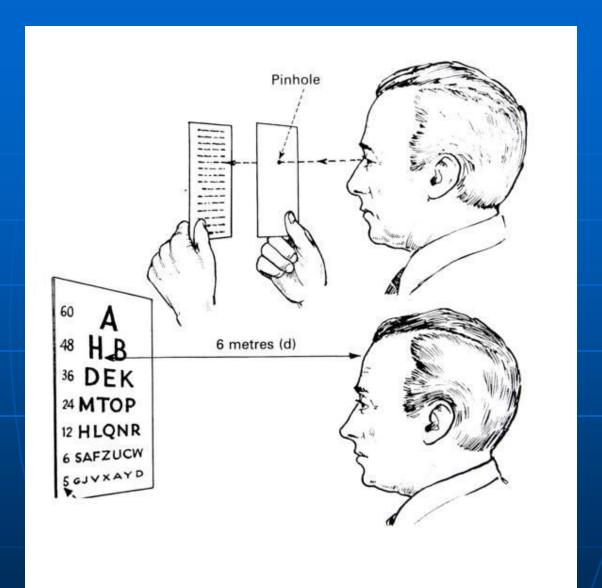
RECORD READING ACUITY WITH WALL OR
HAND CHART (SNELLEN).

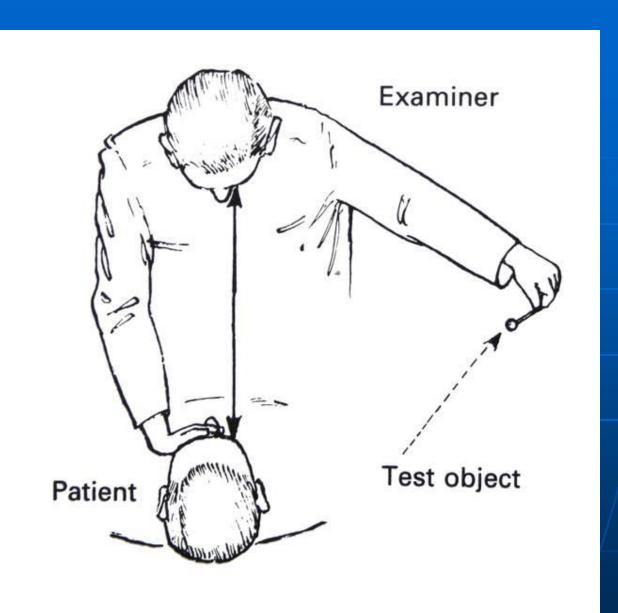
VISUAL FIELDS:

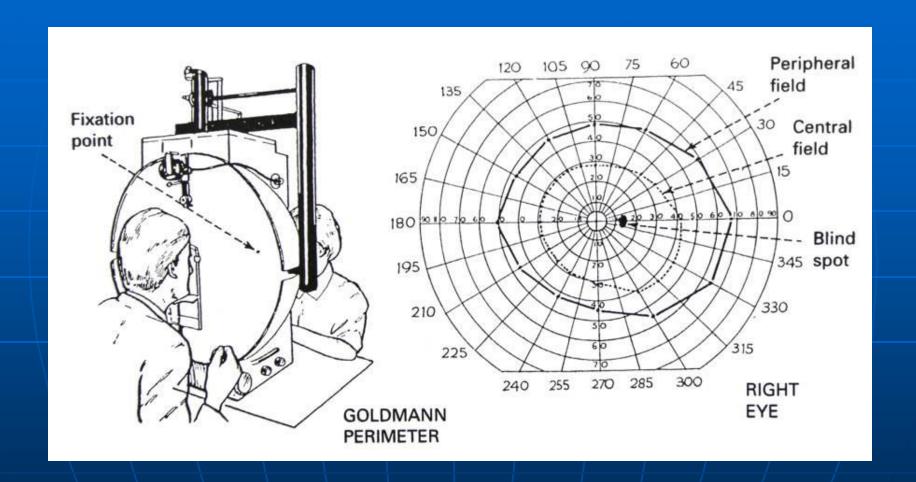
- GROSS TESTING BY CONFRONTATION (MOVING FINGER OR RED 5mm PIN).
- GOLDMAN PERIMETER.
- OPTIC FUNDUS (OPHTHALMOSCOPY):
 TO CHECK THE OPTIC DISC.

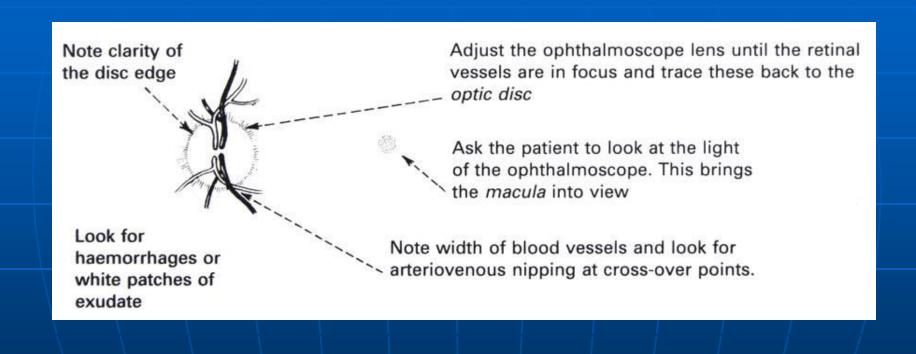
(R/O PAPILLEDEMA).

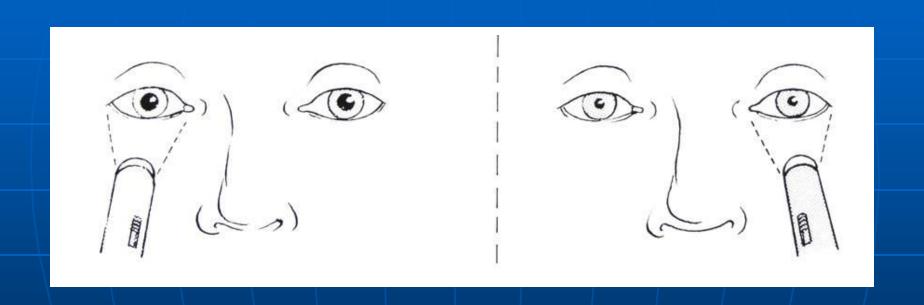
 PUPILS SIZE, SHAPE, EQUALITY, REACTION TO LIGHT AND ACCOMMODATION.



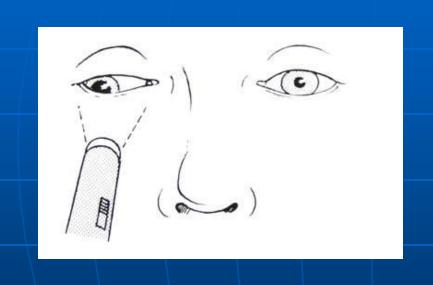


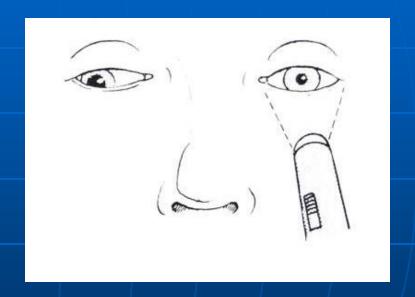




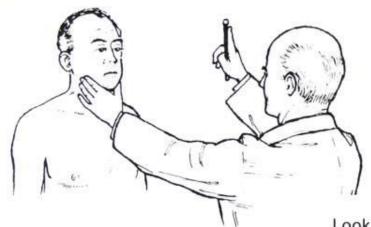


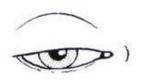
- OCULOMOTOR (III), TROCHLEAR (IV) AND ABDUCENS (VI) NERVES:
 - III. MEDIAL RECTUS (EYE ADDUCTION);
 INFERIOR OBLIQUE (LOOKING UP AND
 IN). SUPERIOR RECTUS (LOOKING UP AND
 OUT); INFERIOR RECTUS (LOOKING
 DOWN AND OUT).
 - VI LATERAL MOVEMENT (ABDUCTION).
 - IV SUPERIOR OBLIQUE (LOOKING DOWN AND IN).

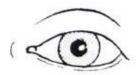




Ocular movement



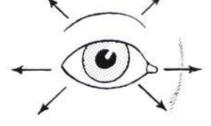




Looking up and out superior rectus Looking up and in inferior oblique

Lateral movement (abduction)

lateral rectus



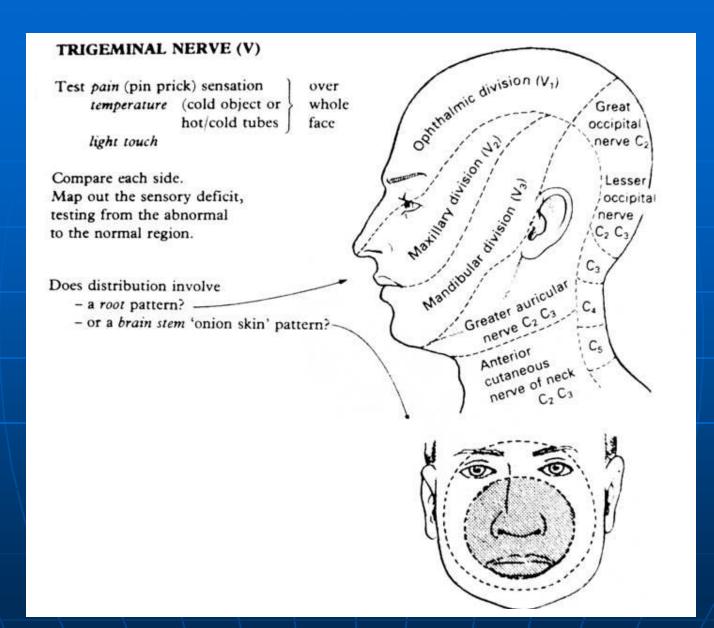
medial rectus Medial movement (adduction)

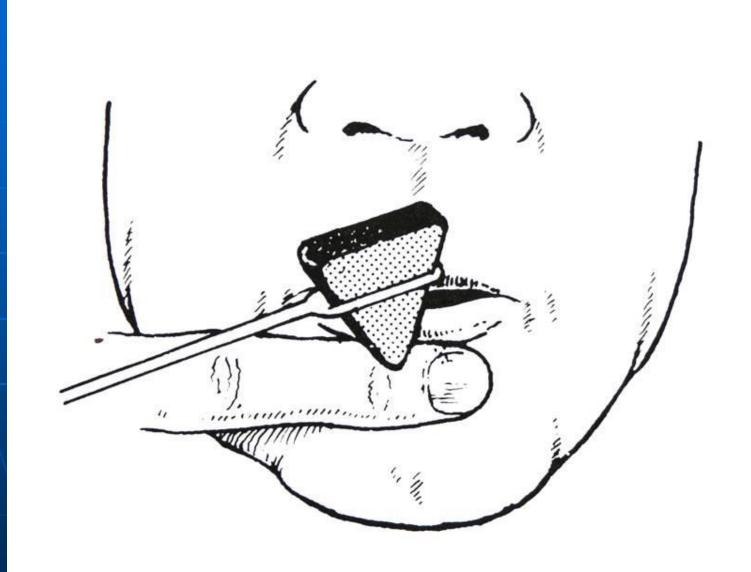
Looking down and out inferior rectus

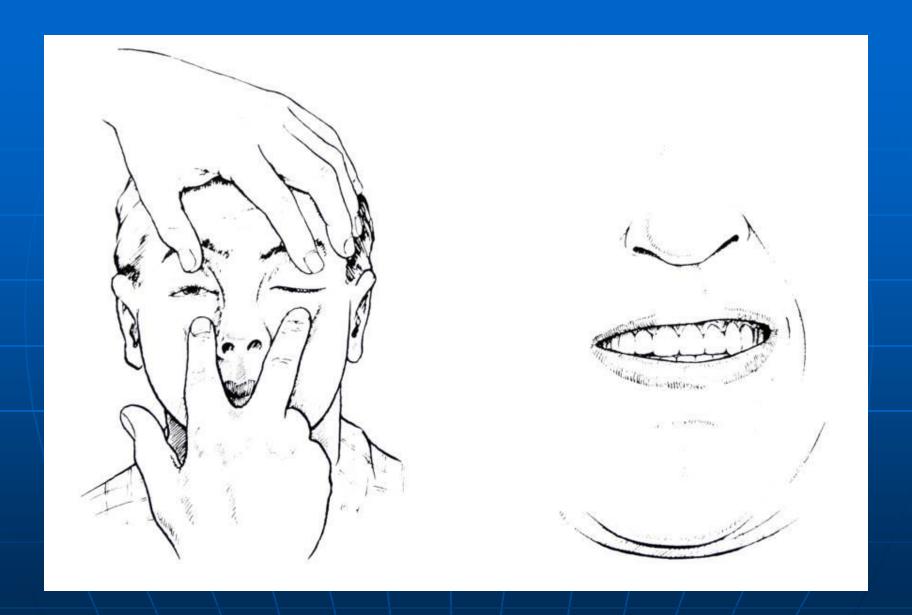
Looking down and in superior oblique

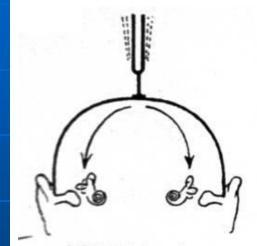
- TRIGEMINAL NERVE:
 - FACIAL SENSATION (OPHTHALMIC, MAXILLARY AND MANDIBULAR BRANCHES).
 - JAW JERK.
- <u>FACIAL NERVE</u>: FACIAL MOVEMENTS AND EYE CLOSURE.
- AUDITORY NERVE:

RINNE AND WEBER TESTS TO DIFFERENTIATE
BETWEEN A CONDUCTIVE (MIDDLE EAR)
DEAFNESS FROM PERCEPTIVE (NERVE)
DEAFNESS.

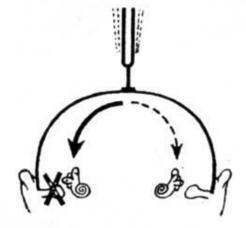




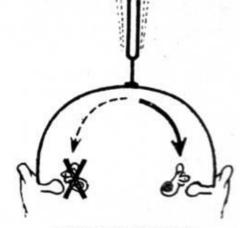




NORMAL hearing



CONDUCTIVE DEAFNESS Sound is louder in affected ear since distraction from external sounds is reduced in that ear

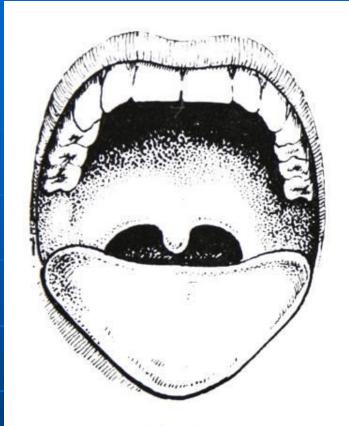


NERVE DEAFNESS Sound is louder in the normal ear



- GLOSSOPHARYNGEAL NERVE (IX) AND VAGUS NERVE (X):
 - VOCAL CORD PARALYSIS: HOARSENESS.
 - DYSPHAGIA; REGURGITATION OF FLUIDS.
 - GAG REFLEX.

- ACCESSORY NERVE (XI):
 STERNOMASTOID AND TRAPEZIUS MUSCLES.
- HYPOGLOSSAL NERVE (XII):
 TONGUE MOVEMENT AND BULK.



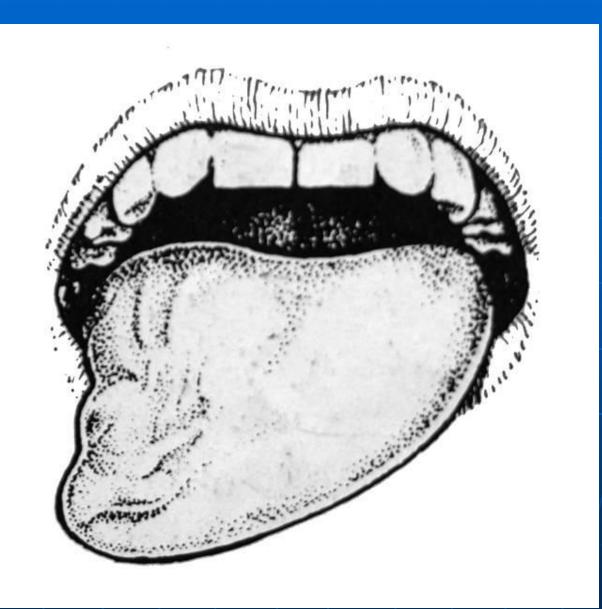
'Ah'

Palatal weakness



Uvula swings due to unopposed muscle action on one side



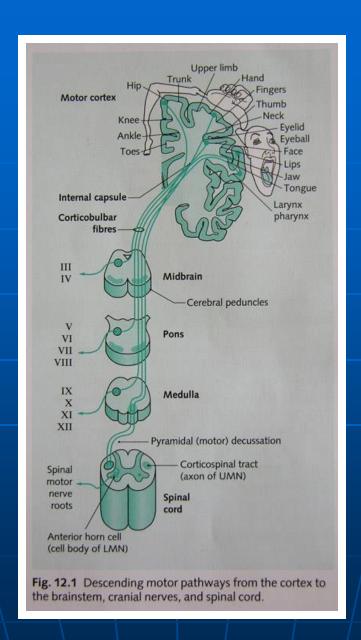


D. UPPER LIMBS:

- 1) MOTOR SYSTEM:
 - <u>APPEARANCE</u>: DEFORMITY OR ASYMMETRY, MUSCLE WASTING, HYPERTROPHY, MUSCLE FASCICULATION.
 - <u>TONE</u>:

IN A RELAXED PATIENT, ALTERNATELY FLEX AND EXTEND THE ELBOW OR WRIST.

- DECREASED = HYPOTONIA.
- INCREASED = HYPERTONIA.
 CLASP-KNIFE, LEAD-PIPE, COGWHEEL.
- POWER:
 - UMN WEAKNESS: PRONATOR DRIFT.
 - SPINAL ROOT OR NERVE LESION: TEST INDIVIDUAL MUSCLE GROUPS.



Anatomical sites of weakness

	Site of pathology	Clinical syndrome
UMN pathway	Motor cortex, corona radiata, internal capsule, brainstem Spinal cord (corticospinal tract)	Hemisphere or brainstem (pyramidal weakness) Myelopathy (pyramidal weakness)
LMN pathway	Anterior horn or motor neuron cell body Spinal nerve root Brachial or lumbosacral plexus Peripheral nerve	Motor neuronopathy or 'anterior horn cell disease' Radiculopathy Plexopathy Neuropathy
Neuromuscular junction	Synapse	Neuromuscular junction disorder
Muscle	Muscle	Myopathy



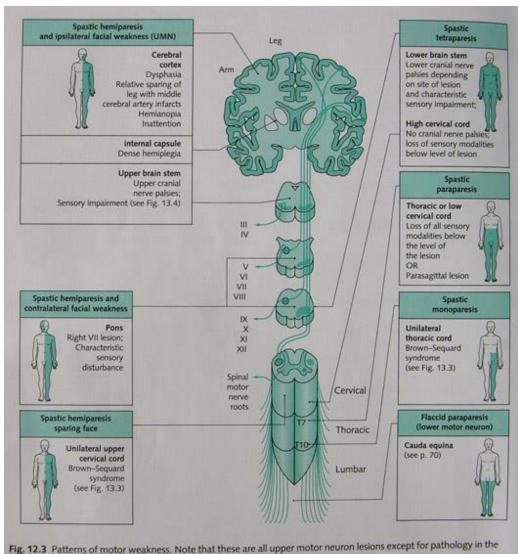
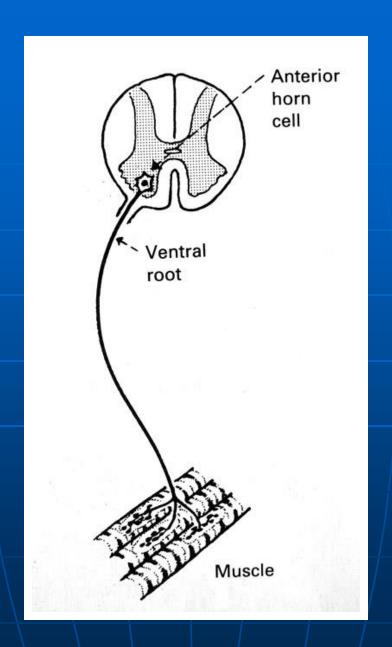
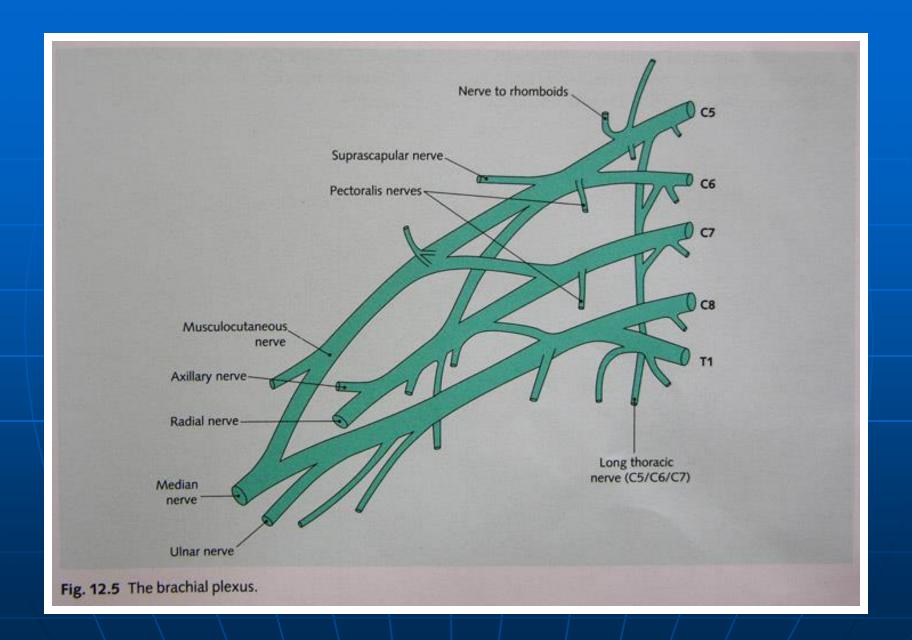


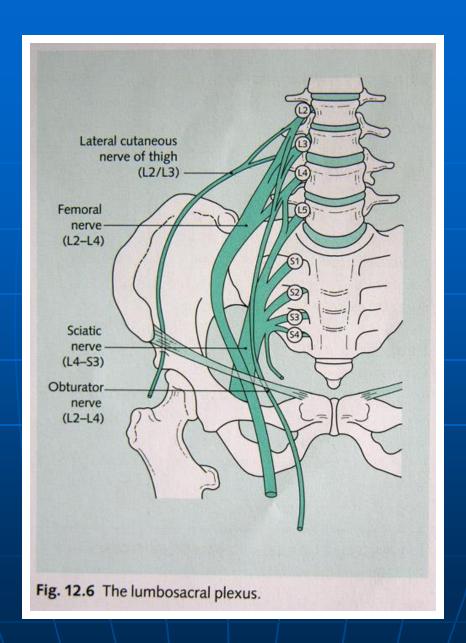
Fig. 12.3 Patterns of motor weakness. Note that these are all upper motor neuron lesions except for pathology in the cauda equina, which damages multiple lumbar and sacral nerve roots.

Spinal cord compression	Cervical spondylosis Cervical or thoracic disc herniation Metastatic tumour Primary tumour (meningioma, neurofibroma) Infective (epidural abscess, spinal TB) Epidural haematoma
Inflammatory disorders	Multiple sclerosis Idiopathic transverse myelitis Sarcoidosis Infections (Lyme, zoster, TB, AIDS)
Degnerative disorders	Motor neuron disease Syringomyelia
Vascular	Spinal cord infarction Vasculitis, systemic lupus erythematosus (SLE) Spinal AVM
Trauma	Cord contusion, laceration or transection Displaced vertebral fracture or disc Traumatic epidural haematoma
Metabolic/nutritional	B ₁₂ deficiency (subacute combined degeneration)
Rare hereditary conditions	Friedreich's ataxia Hereditary spastic paraparesis
Parasagittal brain lesions	Meningioma Cerebral venous sinus thrombosis Congenital spastic diplegia (cerebral palsy).

Fig. 12.4 Causes of spastic paraparesis.

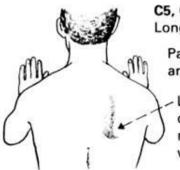






- SERRATUS ANTERIOR, C5C6 C7 ROOTS, LONG THORACIC NERVE.
- ELBOW FLEXION, C5C6, MUSCULOCUTANEOUS NERVE.
- ARM FLEXION IN MIDPOSITION, C5C6, RADIAL NERVE.
- SHOULDER ABDUCTION, C5C6, DELTOID, AXILLARY NERVE.
- ELBOW EXTENSION, C6 C7 C8, RADIAL NERVE.
- FINGER AND THUMB EXTENSION, C7C8, POSTERIOR INTEROSSEOUS NERVE.
- FINGER FLEXORS, C7C8, (FINGERS I AND II: MEDIAN NERVE, FINGERS III AND IV: ULNAR).
- FINGERS ABDUCTION AND ADDUCTION, C8T₁, ULNAR NERVE.

Test for Serratus anterior:

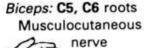


C5, C6, C7 roots Long thoracic nerve

Patient presses arms against wall

Look for winging of scapula i.e. rises from chest wall

Elbow flexion





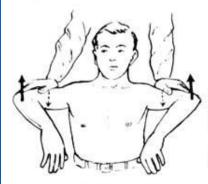
Arm flexed against resistance with the hand fully supinated

Brachioradialis: C5, C6 roots. Radial nerve



Arm flexed against resistance with hand in mid-position between pronation and supination

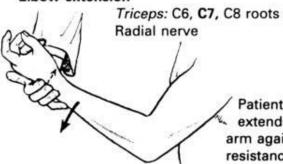
Shoulder abduction



Deltoid: C5, C6 roots Axillary nerve

Arm (at more than 15° from the vertical) abducts against resistance

Elbow extension



Patient extends arm against resistance

Finger extension



Extensor digitorum: C7, C8 roots Posterior interosseous nerve

> Patient extends fingers against resistance

Thumb extension - terminal phalanx

Extensor pollicis longus and brevis: C7, C8 roots

Posterior interosseous nerve

Thumb is extended against resistance

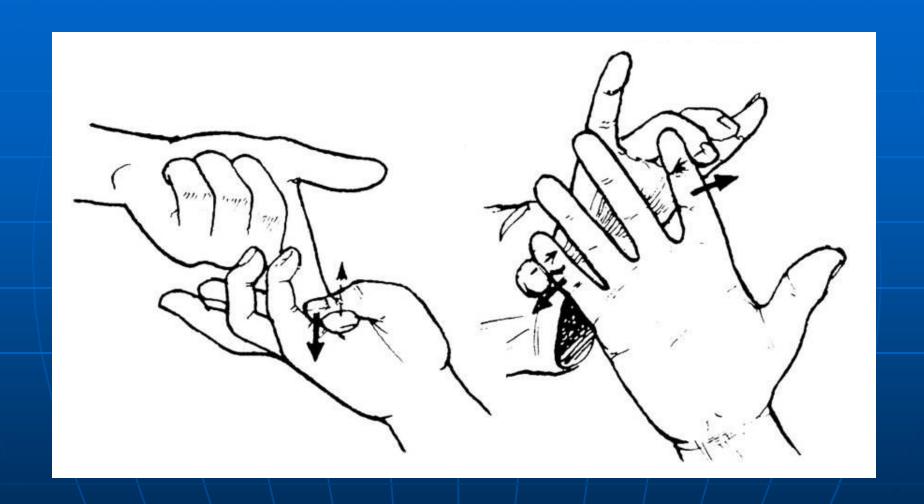


Finger flexion – terminal phalanx

> Flexor digitorum profundus I and II: C7, C8 roots Median nerve Flexor digitorum profundus III and IV: C7, C8 roots

Ulnar nerve

Examiner tries to extend patient's flexed terminal phalanges



2) <u>SENSATION: - TO PAIN, LIGHT TOUCH AND TEMPERATURE</u>:

ACCORDING TO DERMATOMAL DISTRIBUTION (FIG).

 JOINT POSITION SENSE, VIBRATION, TWO POINT DISCRIMINATION, SENSORY INATTENTION, STEREOGNOSIS, GRAPHESTHESIA.

3) REFLEXES:

- BICEPS JERK, C5 C6, MUSCULOCUTANEOUS NERVE.
- SUPINATOR JERK, C6 C7, RADIAL NERVE.
- TRICEPS JERK, C6 C7 C8, RADIAL NERVE.
- HOFFMAN REFLEX, C7 C8.

REFLEX ENHANCEMENT BY CLENCHING THE TEETH.

SENSATION

Pain

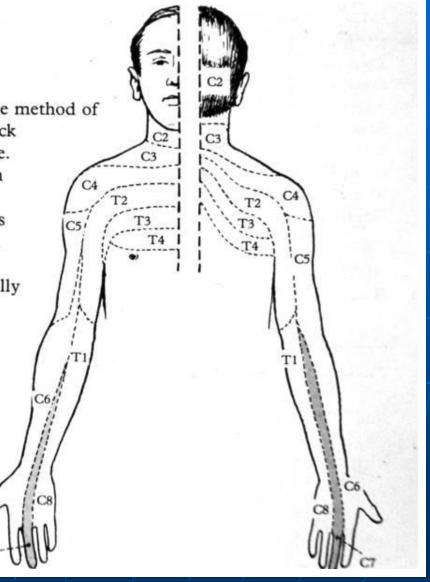
Pin prick with a sterile pin provides a simple method of testing this important modality. Firstly, check that the patient detects the pin as 'sharp', i.e. painful, then rapidly test each dermatome in turn.

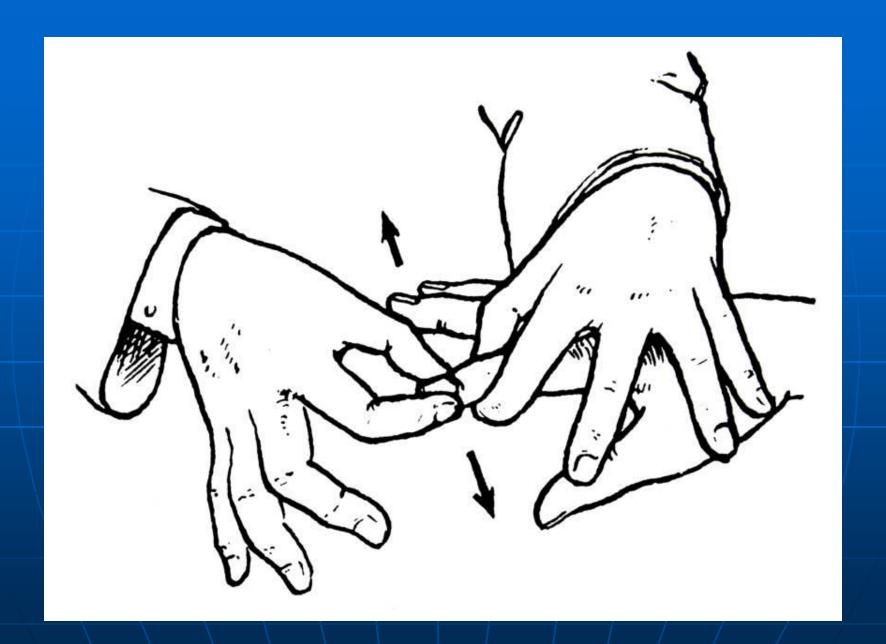
Memorising the dermatome distribution is simplified by noting that 'C7' extends down the middle finger.

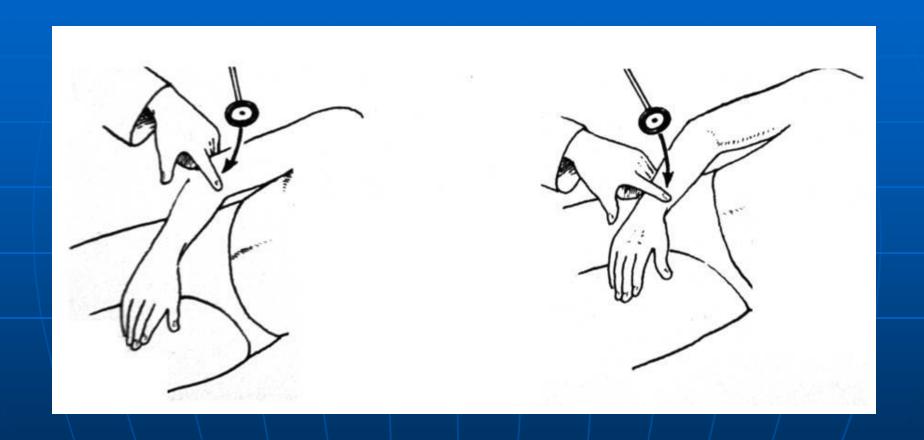
If pin prick is impaired, then more carefully map out the extent of the abnormality, moving from the abnormal to the normal area.

Light touch

This is tested in a similar manner, using a wisp of cotton wool.







Triceps jerk

C6, C

C6, C7, C8 roots.

Radial nerve.

Strike the patient's elbow a few inches above the olecranon process. Look for elbow extension and triceps contraction.

Hoffman reflex C7, C8



Flick the patient's terminal phalanx, suddenly stretching the flexor tendon on release. Thumb flexion indicates

hyperreflexia. (May be present in normal subjects with brisk tendon reflexes.)

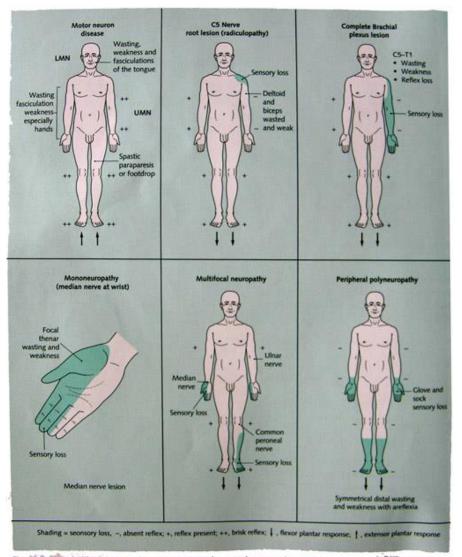


Fig. 12.7 Patterns of weakness and sensory loss due to lower motor neuron lesions. The shaded areas indicate sensory loss.

4) **COORDINATION**:

- INCOORDINATION (ATAXIA) IS A FEATURE OF CEREBELLAR DISEASE.
- ENSURE THAT PROPRIOCEPTION IS NORMAL.
 - FINGER-TO-NOSE TESTING: DYSMETRIA OR INTENTION TREMOR.
 - DYSDIADOCHOKINESIA: RAPID ALTERNATING MOVEMENTS.
 - REBOUND PHENOMENON: HYPOTONIA.

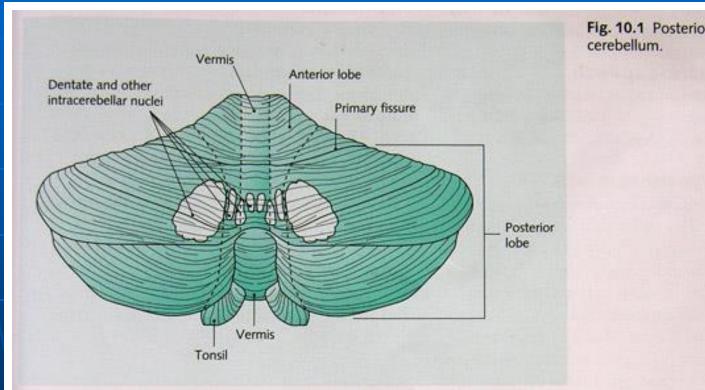
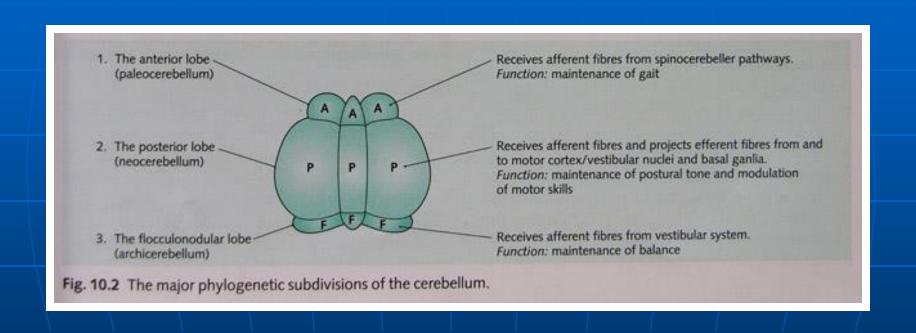
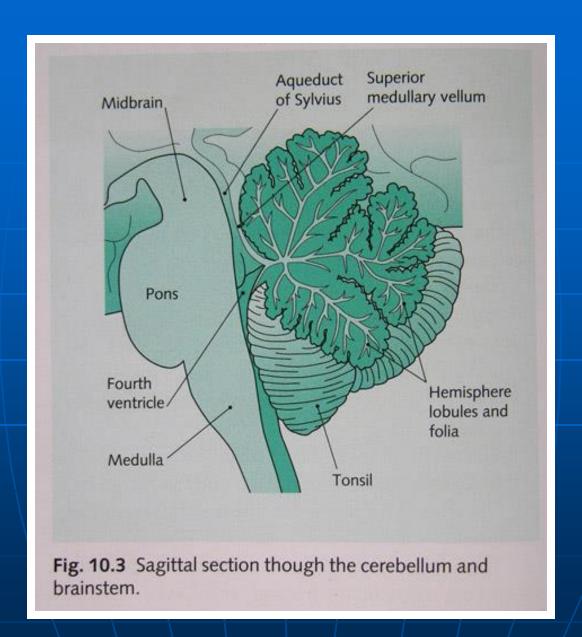
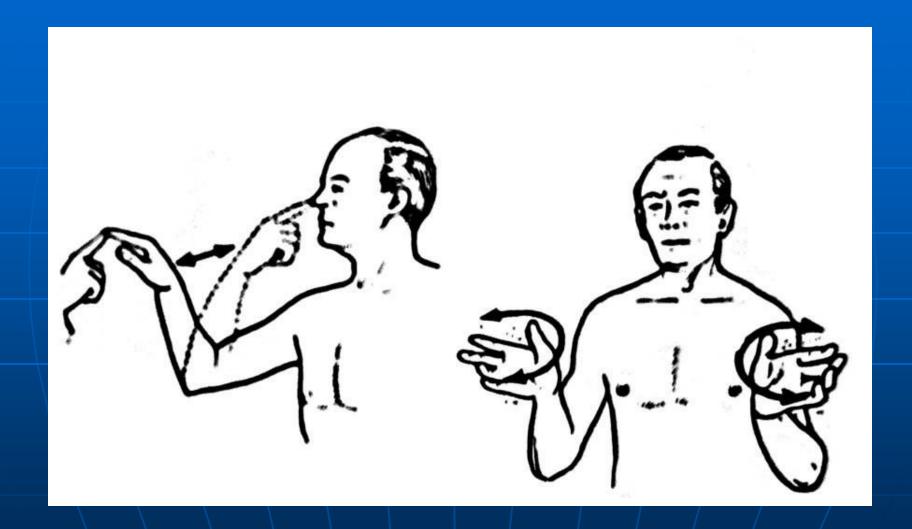


Fig. 10.1 Posterior aspect of the cerebellum.







Arm bounce

Rebound phenomenon

E. TRUNK:

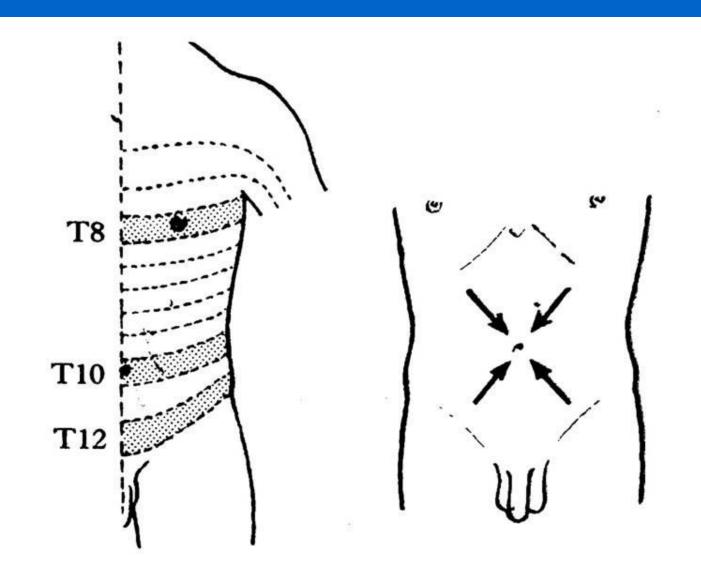
– SENSORY LEVELS:

T5 AT NIPPLE.

T10 AT UMBILICUS.

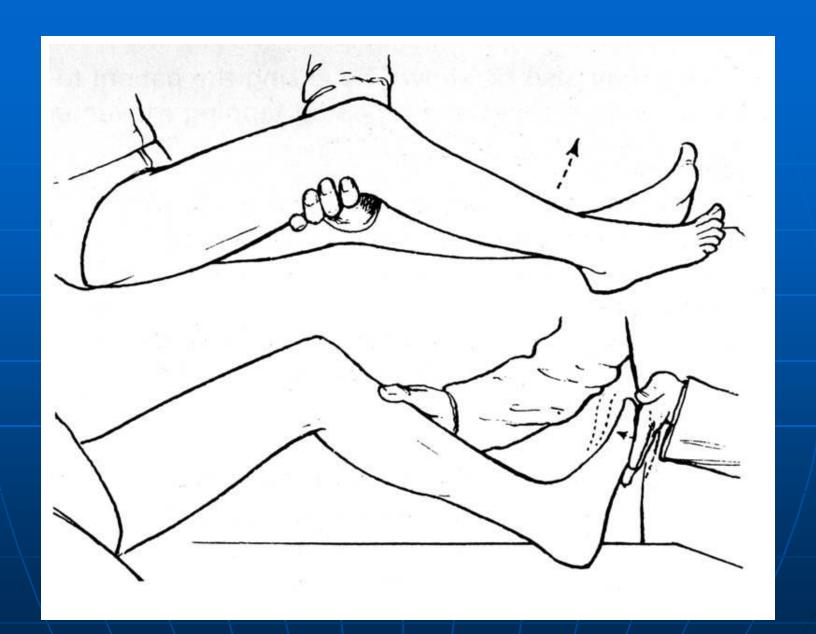
T12 AT INGUINAL LIGAMENT.

- ABDOMINAL REFLEXES: T7 T12 ROOTS.
- CREMASTERIC AND ANAL REFLEXES.



F. LOWER LIMBS:

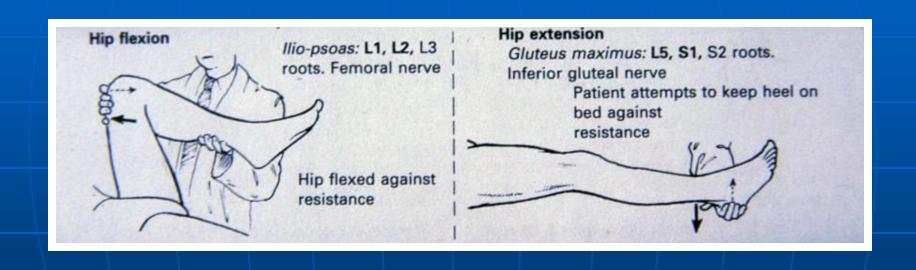
- 1) MOTOR SYSTEM:
 - APPEARANCE AS IN UL.
 - TONE:
 - ALTERNATELY FLEX AND EXTEND THE KNEE JOINT.
 - ROLL PATIENT'S LEGS.
 - THIGH LIFTING AND LOWER LEG RESPONSE.
 - CLONUS.

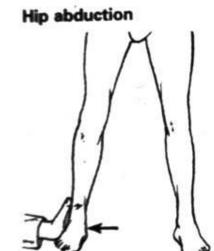


• POWER:

- HIP FLEXION, ILIOPSOAS, L1 L2 L3, FEMORAL NERVE.
- HIP EXTENSION, GLUTEUS MAXIMUS, L5 S1
 S2, INFERIOR GLUTEAL NERVE.
- HIP ABDUCTION, GLUTEUS MEDIUS AND MINIMUS, L4 L5, SUPERIOR GLUTEAL NERVE.
- HIP ADDUCTION, L2 L3 L4, OBTURATOR NERVE.
- KNEE FLEXION, L5 S1 S2, SCIATIC NERVE.

- KNEE EXTENSION, QUADRICEPS, L2 L3 L4, FEMORAL NERVE.
- PLANTAR FLEXION, GASTROCNEMIUS,
 S1 S2, TIBIAL NERVE.
- FOOT INVERSION, TIBIALIS
 POSTERIOR, L4 L5, TIBIAL NERVE.
- FOOT EVERSION, PERONEUS LONGUS AND BREVIS, L5 S1, SUPERFICIAL PERONEAL NERVE.





Gluteus medius and minimus and tensor fasciae latae: L4, L5, S1 roots. Superior gluteal nerve

Patient lying on back tries to abduct the leg against resistance



Adductors: L2, L3, L4 roots. Obturator nerve

Patient lying on back tries to pull knees together against resistance



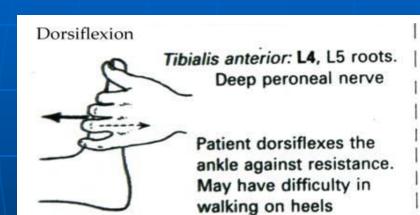
Patient pulls heel towards the buttock and tries to maintain this position against resistance.

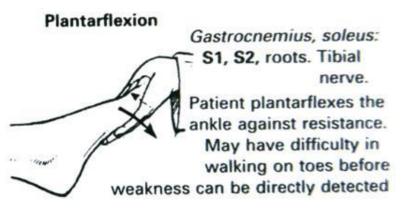


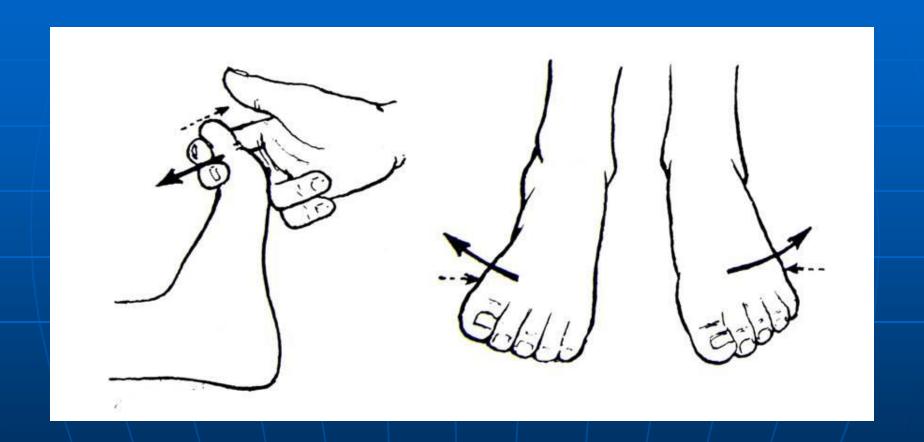


Quadriceps: L2, L3, L4 roots. Femoral nerve

Patient tries to extend knee against resistance





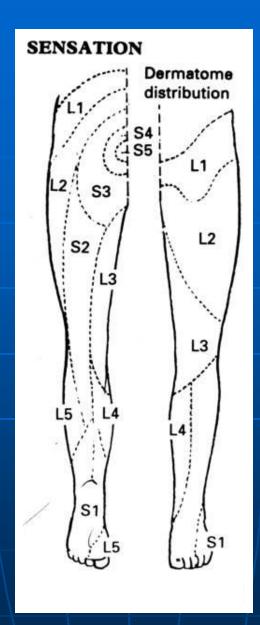


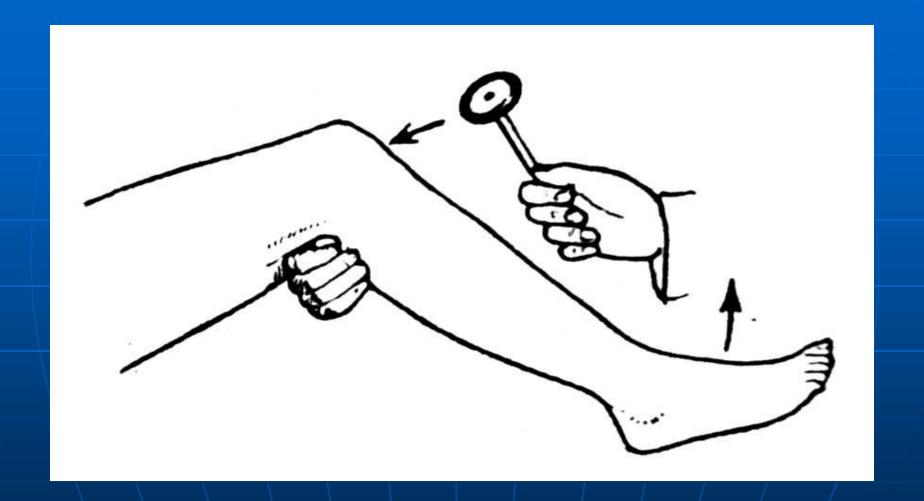
• <u>SENSATION</u>:

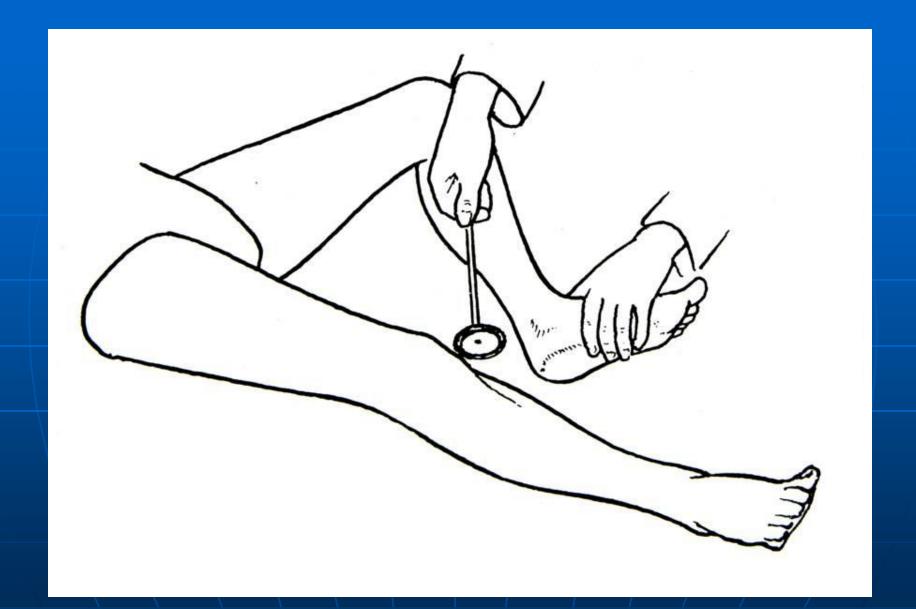
- TO PAIN, LIGHT TOUCH AND TEMPERATURE:
 ACCORDING TO DERMATOMAL
 DISTRIBUTION (FIG).
- JOINT POSITION AND VIBRATION SENSE.

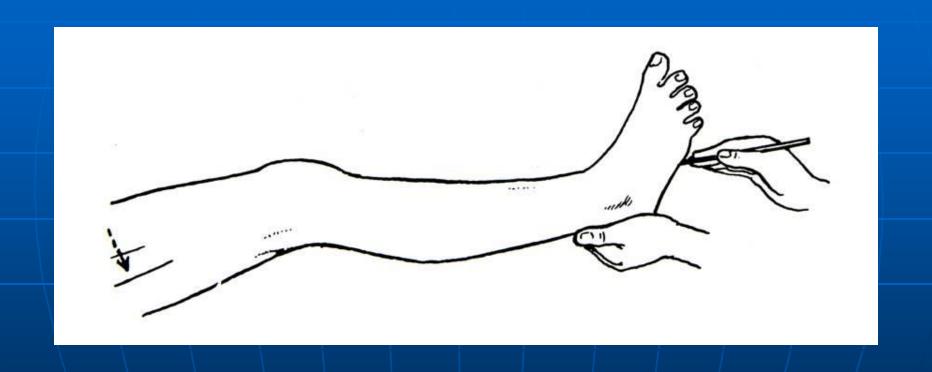
• REFLEXES:

- KNEE JERK, L2 L3 L4 ROOTS (MAINLY L4).
- ANKLE JERK, S1 S2 ROOTS
 REFLEX ENHANCEMENT BY JENDRESSIK'S
 MANEUVER.
- PLANTAR RESPONSE: NORMALLY FLEXION; IF EXTENSION DUE TO CONTRACTION OF EXTENSOR HALLUCIS
 LONGUS = BABINSKI REFLEX = UMN LESION.

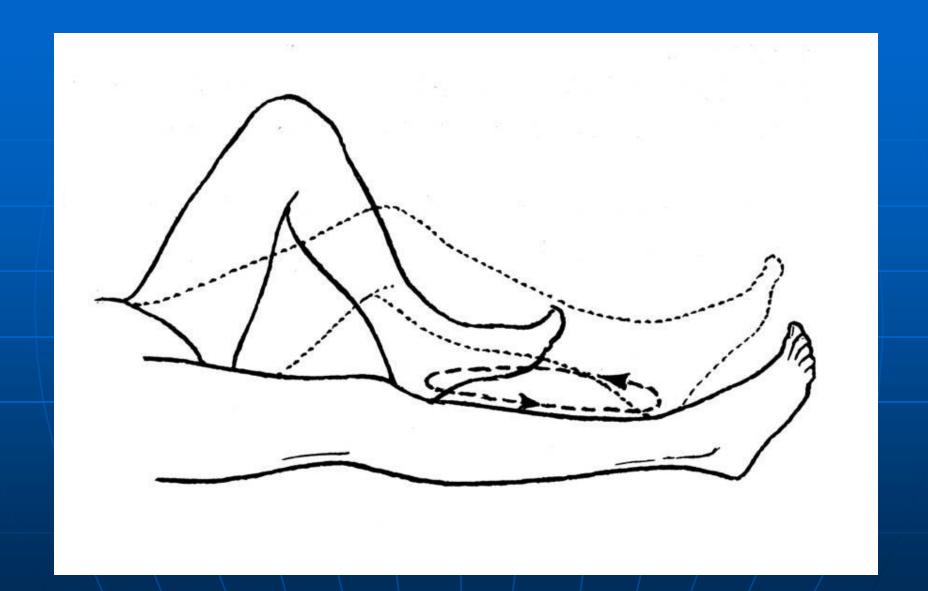


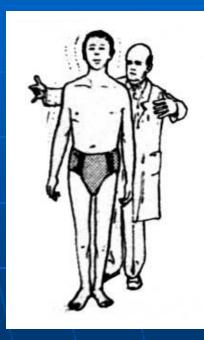






- COORDINATION HEEL- KNEE SHIN TEST.
- POSTURE AND GAIT:
 - ROMBERG'S TEST:
 - » STAND WITH THE HEELS TOGETHER FIRST WITH THE EYES OPEN, THEN WITH THE EYES CLOSED.
 - » NOTE ANY POSTURAL SWAYING OR LOSS OF BALANCE.
 - 1) IF PRESENT WHEN EYES OPEN OR CLOSED = CEREBELLAR ATAXIA.
 - 2) IF PRESENT ONLY WHEN EYES ARE
 CLOSED = POSITIVE ROMBERG =
 PROPRIOCEPTIVE DEFICIT = SENSORY
 ATAXIA.





Ask patient to stand with the heels together, first with the eyes open, then with the eyes closed.

Note any excessive postural swaying or loss of balance

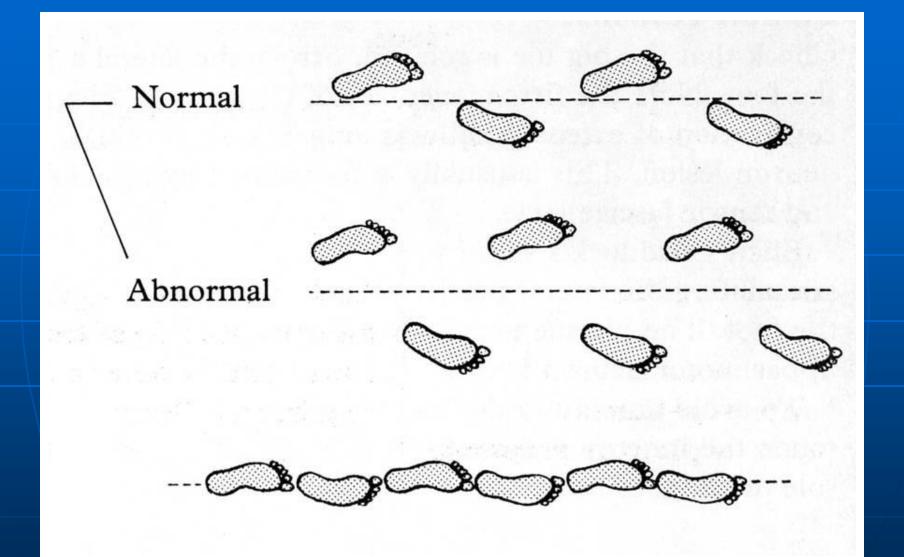
Present when eyes open or closed

Present only when eyes are closed ('positive' Romberg's) = cerebellar deficit (cerebellar ataxia)

= proprioceptive deficit (sensory ataxia)

- **GAIT**:
 - 1) LENGTH OF STEP AND WIDTH OF BASE:
 - EXCESSIVELY HIGH STEP = STEPPAGE GAIT.
 - INSTABILITY = GAIT ATAXIA.
 - PELVIC SWINGING = WADDLING GAIT.

2) IF NORMAL = DO TANDEM GAIT. (SHUFFLING GAIT, SPASTIC GAIT...).



G. EXAMINATION OF THE UNCONSCIOUS PATIENT:

1) HISTORY:

HEAD INJURY; SUDDEN CLLAPSE; LIMB TWITCHING; PREVIOUS SYMPTOMS OR ILLNESS; MEDICATIONS.

2) GENERAL EXAMINATION:
SIGNS OF HEAD INJURY, NEEDLE MARKS ON THE
ARM, TONGUE BITING, SMELL OF ALCOHOL.

3) **NEUROLOGICAL EXAMINATION**:

- CONSCIOUS LEVEL: GLASGOW COMA SCALE:
 - EYE OPENING
 - VERBAL RESPONSE.
 - MOTOR RESPONSE.

PUPIL RESPONSE, FUNDI, CORNEAL REFLEX,
 LIMB TONE, REFLEXES, PLANTAR RESPONSE.

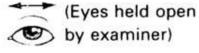
- EYE MOVEMENTS
 - SPONTANEOUS.
 - OCULOCEPHALIC (DOLL'S EYE) REFLEX.
 - OCULOVESTIBULAR REFLEX.
- VISUAL FIELDS = BLINKING TO MENACE.
- FACIAL WEAKNESS = GRIMACE DUE TO SUPRAORBITAL PAINFUL STIMULUS.
- LIMB WEAKNESS:
 LOOK FOR ASYMMETRY IN RESPONSE TO
 PAINFUL STIMULI.

Eye movements

Observe any **spontaneous** eye movements.

Elicit the oculocephalic (doll's eye) reflex.

Rotation or flexion/extension of the head in a comatose patient produces transient eye movements in a direction opposite to that of the movement.

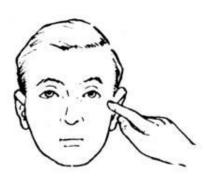




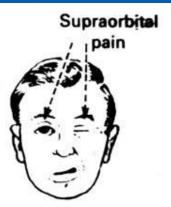
Note whether the movements, if present, are conjugate (i.e. the eyes move in parallel) or dysconjugate (i.e. the eyes do not move in parallel. These ocular movements assess midbrain and pontine function.

Visual fields

In the unco-operative patient, the examiner may detect a hemianopic field defect when 'menacing' from one side fails to produce a 'blink'.



Facial weakness
Failure to 'grimace'
on one side in
response to bilateral
supraorbital pain
indicates a facial
weakness.



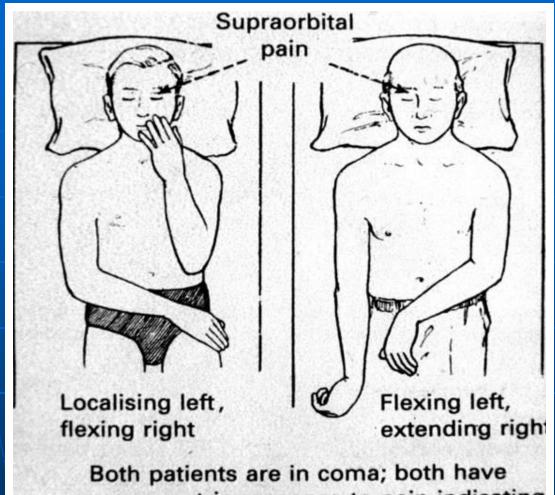
EXAMPLE:

A) RESPONSE OF UPPER LIMBS TO SUPRAORBITAL PAIN.

IF PATIENT LOCALISES ON THE LEFT AND FLEXES ON THE RIGHT OR IF PATIENT FLEXES ON THE LEFT AND EXTENDS ON THE RIGHT: BOTH INDICATE A RIGHT ARM WEAKNESS AND FOCAL BRAIN DAMAGE.

B) RESPONSE OF LL TO PAINFUL

STIMULI APPLIED TO THE TOE NAILS OR ACHILLES
TENDON (ALSO PRESENCE OF UNILATERAL
BABINSKI REFLEX).



Both patients are in coma; both have an asymmetric response to pain indicating a right arm weakness and focal brain damage.

