

**Exercise 1: Costing of health services***Estimated time to work (10 min)*

You have the following information from a trial for settings up an outpatient service for administration a chemotherapy drug for **patient** with colon cancer **per year**

<b>Resource use per year</b>	<b>Frequency per year</b>	<b>Unit cost for one unit (Chemotherapy A)</b>	<b>Unit cost for one unit (Chemotherapy B)</b>
Drug regimen per patient	12	12	25
Disposable equipment ( infusion) (JDs)per patient	36	10	10
side effect treatment	25% for A, 30%, for B	40	30
<b>Other resource uses</b>			
Monthly salary (capacity 200 patients per year)	12	300	300
Time of nurse needed to administrate chemotherapy (min) min		25	15
Overtime salary (JDs/hr)	12 → only for marginal	20	20
Laptop	1	300	300
Chemotherapy unit overheads (lighting, heating) (JDs/ month)	12	30	30

**Calculate the following cost for setting up the service for chemotherapy A and B during the first year**

**A. Which costs are variable cost?**

drug regimen / disposables / side effect of treatment

**B. Which costs are overhead fixed?**

lighting, heating

**C. Which costs are fixed capital/overhead costs?**

Laptop

**D. Which costs are semi fixed?**

Staff salaries (fixed salary 300 JDs)  
(variable salary = overtime)

**E. Variable costs associated with treating 200 patients per year ?**

(A) Frequency \* unit cost \* pt. number

$$[(12 \times 12) + (36 \times 10) + (40 \times \frac{1}{4})] \times 200 = (144 + 360 + 10) \times 200 = 514 \times 200 = \boxed{102800 \text{ JDs per year}}$$

(B)  $[(12 \times 25) + (36 \times 10) + (30\% \times 30)] \times 200$

$$= (300 + 360 + 9) \times 200$$

$$= 669 \times 200 = \boxed{133800 \text{ JDs per year}}$$

**F. Fixed cost associated for setting up the service (assuming the capacity) per year?**

Monthly Salary + laptop + overheads

(A) $(300 \times 12) + (1 \times 300) + (12 \times 30)$	(B) $(12 \times 300) + (1 \times 300) + (12 \times 30)$
$= 3600 + 300 + 360 = \boxed{4260 \text{ JDs}}$	$3600 + 300 + 360 = \boxed{4260 \text{ JDs}}$

**G. Total costs associated with setting up the service (assuming the capacity) per year ?**

(A) variable + fixed	(B) variable + fixed
$102800 + 4260 = \boxed{107060 \text{ JDs}}$	$133800 + 4260 = \boxed{138060 \text{ JDs}}$

**H. Average costs per patient for setting up the service over the first year?**

Average cost per Patient =  $\frac{\text{total}}{\# \text{ of pts}}$

(A) $\frac{107060}{200} = \boxed{535.3 \text{ JDs}}$	(B) $\frac{138060}{200} = \boxed{690.3 \text{ JDs}}$
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2021

variable + extras

$$\textcircled{B} (25 \times 12) + (36 \times 10) + (30\% \times 30) \\ 300 + 360 + 9 = 669 \text{ JDs} \times 30 = 20070 \text{ JDs}$$

$$\textcircled{+} 15 \text{ min} \times 30 = 450 \text{ min} \\ 7.5 \text{ hr} \times 12 \text{ month} \\ = 90 \text{ hr/year} \\ 1 \text{ hr} = 20 \rightarrow 90 \text{ hr} = 1800$$

$$20070 + 1800 = 21870 \text{ JDs} \\ \div 30 = \boxed{729 \text{ JDs}}$$

## I. The average marginal cost for treating new 30 patients?

$$\textcircled{A} (12 \times 12) + (36 \times 10) + \left(\frac{1}{4} \times 40\right) \\ = 144 + 360 + 10 = 514 \text{ JDs} \times 30 = 15420 \text{ JDs}$$

variable

$$\textcircled{+} 25 \text{ min} \times 30 = 750 \text{ min} \\ 12.5 \text{ hr} \times 12 \text{ months} \\ = 150 \text{ hr per year}$$

$$1 \text{ hr} \rightarrow 20 \text{ JD} \\ 150 \text{ hr} \rightarrow ? \\ = 3000 \text{ JD per year}$$

$$15420 + 3000 \\ = 18420 \\ \div 30 = \boxed{614 \text{ JDs}}$$

Exercise 2 what type of cost?

- If a new clinic required a part-time pharmacist and a currently employed pharmacist was asked to fill in at the clinic as **part of his or her duties** (instead of hiring a new part-time pharmacist for the clinic). The hourly rate of the pharmacist multiplied by the number of hours spent at the clinic would be ----- fixed -----
- For chemotherapy treatment, costs of the chemotherapy products themselves, other medications given to reduce side effects of the chemotherapy, intravenous supplies, laboratory tests, clinic costs, and physician visits are variable → direct medical
- Benefits or costs result from a reduction in pain and suffering related to a product or intervention is intangible
- The costs that is related to patient, care govern loss of productivity or because of premature mortality is indirect

## Exercise 3

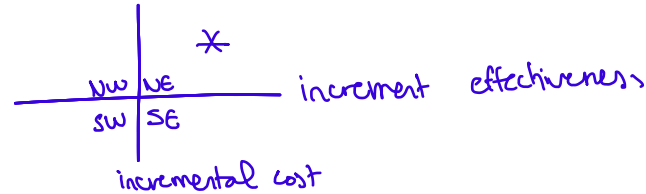
Assuming the percentages of patients who remained alive LYG following the administration of chemotherapy A and B were 60%, 70% year, respectively over the first year. Please calculate the followings for the capacity (200 patients)

$$\text{Avg LYG} \quad A \rightarrow 0.6 \quad | \quad \text{Avg cost from Qs above:} \quad \textcircled{A} \quad 535.3 \text{ JDs} \\ B \rightarrow 0.7 \quad | \quad \textcircled{B} \quad 690.3 \text{ JDs}$$

Is Chemotherapy B cost-effective compared with A?

$$\text{incremental: } \frac{B-A \text{ cost}}{B-A \text{ LYG}} = \frac{690.3 - 535.3}{0.7 - 0.6} = \frac{155}{0.1} = \boxed{1550 \text{ JDs / Aug LYG}} \\ \text{Per Patient Per 1 LYG}$$

Draw the cost-effectiveness plan



Decide which quadrant the incremental CE point is in?

NE

Do we need a cost-effectiveness threshold?

Yes

Exercise 5 CUA analysis

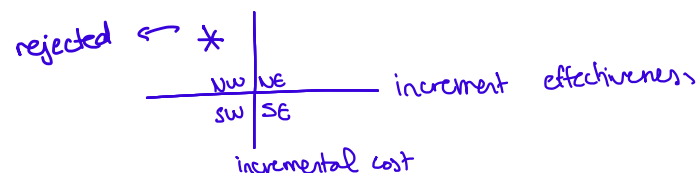
Quality + quantity

If the average utility associated with administering chemotherapy A and B were 0.8, 0.5 respectively? Using CUA analysis?

Calculate the average QALY for each intervention?  $\rightarrow \text{QALY} = \text{LYG} \times \text{utility}$

(A)  $0.6 \times 0.8 = 0.48$   
 (B)  $0.7 \times 0.5 = 0.35 \rightarrow \text{less effective}$

Draw the cost-effectiveness plan



$$\text{incremental} = \frac{B-A \text{ cost}}{B-A \text{ QALY}} = \frac{690.3 - 535.3}{0.35 - 0.48} \\ = \frac{155}{-0.13} = -1192.3$$

*Decide which quadrant the incremental CE point is in?*

NW

*Do we need a cost-effectiveness threshold?*

No , already rejected

## Perspective workshop:

### Case 1:

Patient A (have an insurance in the MOH and he cover 20% of his insurance) has been transferred from MOH to JUH to get a medical treatment. The actual costs of the medical service provided by the JUH were 100 JD.

- 1 What the cost considered from the payer perspective?
- 2 What the cost considered from the provider perspective?

Ans. 1. Payer → MOH → 80% → 80 JDs      Patient → 20% → 20 JDs  
2. Provider → JUH → 100 JDs

### Case 2:

Which of these costs will be considered from payer and provider perspective (e.g. MOH)?

- ✓ •Prescriber time → semi-fixed
- ✗ •Time in hospital → indirect cost
- ✓ •Drug costs → direct medical (variable)
- ✗ •Time off work (For patients) → indirect
- ✓ •Time off work (For MOH's employee) → indirect
- ✗ •Out of pocket transport expenses → direct non medical
- ✓ •Time to dispense the medicines → semi-fixed

### Case 3:

The costs of Drug A, on average

- Drug costs = 10,000 JDs over 10 years
- Prevent 5 doctor visits / over 10 years = 500 JDs
- Prevent 1 hospitalisation/ over 10 years = 2000 JDs
- Saves 10 working days for patients/ over 10 years = 2000 JDs

What would be the cost from:

- Payer perspective (e.g. health insurance company)?  $10000 - (500 + 2000) = 7500$
- Societal perspective ?

## Economic evaluation workshop

### Case1:

Let us once again consider which medicines should be used to treat hypertension.

Drug A causes a 10mmHg drop in blood pressure and costs 120 JDs per year  
OR

Drug B causes a 15mmHg drop in blood pressure but costs 180 JDs per year.  
Can we use cost minimisation?

*No, different clinical outcome*

### Case 2:

*LYG*

*¢If a treatment increases one's life expectancy by 2 years, but causes adverse effects or inconvenience, such that one's utility are decreased by 25%, the net gain or QALY gained will be*

*was 1 → now 0.75*

$$\text{QALY} = \text{LYG} \times \text{utility} = 2 \times 0.75 = \boxed{1.5}$$

### Case3:

Suppose decision maker had to choose between two proposals for implementation. Also assume that the projects are for 1 year

¢Proposal A: Cost=\$1000; Benefit=\$2000

¢Proposal B: Cost=\$5000; Benefit=\$7500

Calculate Net benefit for A and B?

Calculate Net cost for A and B?

Differences in net benefit of B as compared to A?